

# COMING HOME

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## DIRECTORY

2025



*Sponsored by the Gardiner Howland Shaw Foundation  
Published by the **Crime and Justice Institute**, a division  
of Community Resources for Justice*



March 2025

Dear Reader:

With generous support from the Gardiner Howland Shaw Foundation ([www.shawfoundation.org](http://www.shawfoundation.org)), Community Resources for Justice (CRJ) ([www.crj.org](http://www.crj.org)) is proud to distribute this annual, comprehensive directory of reentry services in Greater Boston. The Coming Home Directory is intended to assist individuals transitioning from incarceration to the community and their families in accessing available support services. Local service providers, community leaders, and government officials can also use this directory to assist in establishing stability for returning citizens.

This directory is presented by the Crime and Justice Institute (CJI) ([www.cj institute.org](http://www.cj institute.org)), a division of Community Resources for Justice (CRJ). For more than 145 years, CRJ has been driving transformation in justice systems, supporting people as they reenter their communities, and empowering those with intellectual or developmental disabilities. In support of CRJ's mission, CJI bridges the gap between research and practice, using data-driven solutions to drive improvements in adult and youth justice systems across the country. Our organization is committed to improving public safety and human service delivery in Massachusetts and nationwide with our creative, collaborative approaches to today's most pressing and complex challenges.

At CRJ, we know all too well that the transition from incarceration to the community is a difficult time for returning citizens and their families. While significant barriers to reentry exist, there are many services and agencies throughout the commonwealth that can provide assistance and support individuals in successful reintegration.

CJI began collating the directory in 2009 and continues to maintain and expand this resource, based on the foundation created by the Prisoner Reentry Working Group, the original authors of the directory.

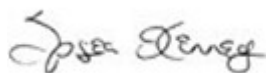
Futhermore, with additional support from the Gardiner Howland Shaw Foundation, CJI has convened a working group to develop a statewide reentry resource website called the **Massachusetts Reentry Resource Directory**. This resource is accessible at [MAreentryresources.org](http://MAreentryresources.org) and includes information on support services throughout the state of Massachusetts.

The **Coming Home Directory** can be found at [www.cominghomedirectory.org](http://www.cominghomedirectory.org). The directory is searchable online in a number of ways and allows users to obtain contact information and download or print a PDF version. The Coming Home Directory website is updated on a rolling basis. Therefore, please visit the website for the most up-to-date information.

Sincerely,



Deborah M. O'Brien  
President and Chief Executive Officer  
Community Resources for Justice



Spurgeon Kennedy  
Vice President of the Crime and Justice Institute,  
at Community Resources for Justice



## Acknowledgements

This initiative and the information included in the Directory and on the website would not have been possible without the dedication and vision of the Prisoner Reentry Working Group (PRWG), and the financial support and insight of the Gardiner Howland Shaw Foundation.

The PRWG was established in 2000 out of concern for those leaving prison and facing the formidable challenge of trying to create new lives for themselves in Greater Boston. PRWG developed the project that became the Coming Home Reentry Resource Directory. Over the next several years this group continued to collect, edit, and manage the information in the Directory to ensure that it was accurate and accessible to those in need. These efforts have assisted countless returning citizens, their families, and those working with them in the corrections system and in the community to improve reentry success for previously incarcerated individuals.

The Gardiner Howland Shaw Foundation continues to be a strong supporter of this project and maintains its commitment to vital services and policy development to assist marginalized populations and their advocates despite adverse environments.

## The CJJ Team

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# Introduction

## ***Welcome to the Coming Home Directory.***

This Directory is a compilation of the services available to individuals transitioning from incarceration to the Greater Boston community. The Directory presents important information for returning citizens and their families, corrections practitioners, service providers, and policymakers. This Directory is presented by the Crime and Justice Institute (CJI), a division of Community Resources for Justice.

The purpose of the Directory is to assist people transitioning to their communities – as well as their families, service providers, and local agencies – improve their chances of success in the community by connecting them to services necessary for stability. The transition from incarceration back into the community can be extremely challenging for returning citizens. However, there are many organizations in the Greater Boston community that provide the assistance necessary for long-term success.

## **HOW CAN I ACCESS THE DIRECTORY?**

In addition to the printed version, the Directory can be found online at [www.cominghomedirectory.org](http://www.cominghomedirectory.org). The site is maintained by CJI and is updated on a rolling basis. Due to resource limitations, physical copies of the Directory are printed annually and available in limited numbers by request.

The agencies listed in the Directory and on the website are not exhaustive. The CJI team has tried to include all appropriate agencies and organizations, however some information may be missing. It is our intent to expand this list as more information is made available. To do this, we rely on the community of providers and users to assist us in maintaining accurate and relevant information. If you recognize inaccuracies about a service or agency in this Directory or on the website, or if you know of or are part of an agency you think should be included, please notify CJI.

Update requests can be submitted via email at [cominghomedirectory@cjinstitute.org](mailto:cominghomedirectory@cjinstitute.org) or by filling out the “CHD Annual Updates & Opt-in” form [linked here](#). The website is updated as quickly as possible and includes the most recent information available. The printed version of the Directory is updated annually. The Directory is designed to connect people to services. The information for each organization in the printed version and on the website has been provided by the service provider or obtained from the organization’s website. The editors cannot and do not assess the accuracy or quality of the services available.



*Scan QR code to visit  
Coming Home Directory website*





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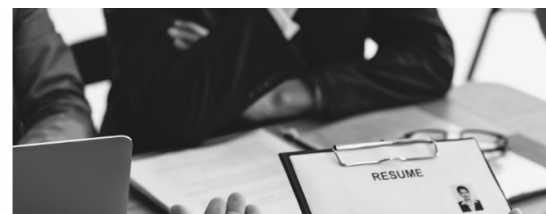
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# ADMINISTRATIVE ISSUES

## Massachusetts Registry of Vital Records and Statistics (RVRS)

**Address:** 150 Mt. Vernon Street, 1st Floor, Dorchester, MA 02125

**Phone:** 617-740-2600

**Email:** [vital.recordsrequest@state.ma.us](mailto:vital.recordsrequest@state.ma.us)

**Website:** [www.mass.gov/orgs/registry-of-vital-records-and-statistics](http://www.mass.gov/orgs/registry-of-vital-records-and-statistics)

**Service Hours:** Monday through Friday: 8:45 am – 4:45 pm

**Description:** RVRS administers and issues copies of vital records that occurred in Massachusetts from 1926 to the present. RVRS also provides statistics on births, deaths, fetal deaths, divorces, and marriages. These data are used by local and state public health programs and medical researchers to help understand our population, promote wellness, and ensure health equity within the Commonwealth.

**Services:** Order a Birth, Marriage, or Death Certificate –

- Before making request for a vital record, you will need: (1) subject's name, (2) date of the event, (3) place of the event, (4) proof of your identification (ID), and (5) acceptable forms of ID: preferably a driver's license (even if expired) or Government-issued photo ID). You may also be required to provide documentation showing your relation to the subject of the record if you're a legal guardian or representative.
- How to order – (1) online: request an online order from VitalChek, (2) by phone: call VitalChek at 617-740-2606, (3) by mail: Send your completed vital records mail order form and a check or money order payable to Commonwealth of Massachusetts to: Registry of Vital Records and Statistics, 150 Mt. Vernon St. 1st Floor, Dorchester MA 02125, or (4) in person: you can order certified records at the Registry counter Monday – Friday 8:45am – 4:45pm.

Most orders are filled within 2-3 weeks (expedited options are available). Cash not accepted.

## Registry Division, City of Boston

**Address:** 1 City Hall Square, Room 213, Boston, MA 02201

**Phone:** 617-635-4175; **Fax:** 617-635-3775

**Email:** [registry@boston.gov](mailto:registry@boston.gov)

**Website:** [www.boston.gov/registry](http://www.boston.gov/registry)

**Service Hours:** Monday through Friday: 9AM – 4PM

**Description:** The Registry Division maintains records for all births, marriages, and deaths for the City of Boston. If you were born in Boston, you can obtain a birth certificate (or replacement certificate) by visiting the office in person or by mailing in a request.

**Services:** Contact the Boston Registrar for information on how to get a birth certificate, how to get a death certificate, how to get a marriage certificate, and how to get married.



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## The Mayor's Office of Returning Citizens

**Address:** 22 Drydock Avenue Suite 301 Boston, MA 02210

**Phone:** 617-635-5333

**Email:** [ORC@boston.gov](mailto:ORC@boston.gov)

**Website:** [Boston.gov/returningcitizens](https://boston.gov/returningcitizens)

**Service Hours:** The Mayor's Office of Returning Citizens can be reached at any time via email.

**Requirements & Restrictions:** Must be releasing from incarceration and returning to Boston.

**Description:** The Office of Returning Citizens offers support to those who return to Boston after being released from state, federal, and county facilities each year. They provide assistance with Transitional Housing (Sober Living), Workforce Development & Employment, Education, and Healthcare, and can connect returning citizens to the following resources and services:

- Birth certificates
- ID cards
- Employment
- Health services
- Legal services
- Recovery services
- Senior resources
- Voter registration

## Upsolve

**Email:** [rohan@upsolve.org](mailto:rohan@upsolve.org) | Contact: Rohan Pavuluri

**Website:** [upsolve.org](https://upsolve.org)

**Requirements & Restrictions:** Upsolve users must have more than \$10,000 in debt.

**Description:** Upsolve is a nonprofit tool that helps individuals file for bankruptcy protection for free. Think TurboTax for bankruptcy protection. Use Upsolve to wipe away crushing debts from credit cards, job loss, and medical bills.

# CLOTHING

## Boomerangs

**Address:** JP Location: 716 Centre Street Jamaica Plain | Central Square Location: 563 Massachusetts Ave Cambridge  
South End Location: 1407 Washington St. Boston

**Phone:** 617-524-5120

**Website:** [www.shopboomerangs.org/](http://www.shopboomerangs.org/)

**Service Hours:**

- Jamaica Plain: Monday through Friday: 10AM - 6PM, Saturday: 10AM - 6PM
- Central Square: Monday through Friday: 10AM – 6PM, Saturday: 10AM - 6PM
- South End: Tuesday through Sunday: 11AM - 6PM

**Description:** New, vintage, and gently used clothing, books, housewares, electronics, and furniture are for sale.

Boomerangs is owned and operated by AIDS Action Committee of MA, Inc., and all proceeds from Boomerangs support AIDS Action's work.

## Brighton Allston Congregational Church: Thrift Shop

**Address:** 404 Washington Street Brighton, MA 02135

**Phone:** 617-254-4046

**Email:** [info.abfoodpantry@gmail.com](mailto:info.abfoodpantry@gmail.com)

**Website:** [abfoodpantry.com](http://abfoodpantry.com)

**Service Hours:** Saturdays, 10:00 a.m. to 1:00 p.m.

**Description:** Includes children's clothes, books, kitchen items, and more. There's a "free store" downstairs in the church's dining hall with out-of-season clothing and excess books and toys. (See also: Brighton Allston Congregational Church, Food Pantry)

## Dress for Success Boston

**Address:** 989 Commonwealth Avenue Boston, MA 02215

**Phone:** 617-779-2177

**Email:** [empower@dfsoston.org](mailto:empower@dfsoston.org)

**Website:** [boston.dressforsuccess.org](http://boston.dressforsuccess.org)

**Service Hours:** Monday through Friday, 9:30 AM to 4 PM

**Languages:** Albanian, Chinese Simplified, French, Italian, Portuguese, Spanish

**Description:** The mission at Dress for Success is to empower women to achieve economic independence by providing a network of support, professional attire and the development tools to help women thrive.

**Services include:**

- Suiting,
- Career Advancement,
- Leadership, and
- Employment Retention, and Job Training.

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## Garment District

**Address:** 200 Broadway Cambridge, MA 02139

**Phone:** 617-876-5230

**Email:** [service@garmentdistrict.com](mailto:service@garmentdistrict.com)

**Website:** [garmentdistrict.com](http://garmentdistrict.com)

**Service Hours:** They are only available to answer phone calls and respond to emails during their regular operating hours which are, Sunday through Friday: 11am - 8pm & Saturday: 10am to 8pm.

**Description:** The Garment District is a large and unique retail clothing store, stocking all styles of women's and men's new and used clothes, shoes, and accessories. The store offers patrons the option to choose clothing from the "by the pound" section, where shoppers may buy clothing for \$2 a pound.

## Solutions at Work

**Address:** 1151 Massachusetts Avenue Cambridge, MA 02138

**Phone:** 617-576-0039

**Email:** [solutwork@gmail.com](mailto:solutwork@gmail.com)

**Website:** [solutionsatwork.org](http://solutionsatwork.org)

**Service Hours:** Office open by appointment only Tuesday through Thursday 11am to 3pm.

**Requirements & Restrictions:** Masks may be required.

**Description:** Solutions at Work is dedicated to breaking the cycle of poverty and homelessness by providing individuals and families with resources and opportunities to strengthen their self-confidence, achieve self-sufficiency, and participate in helping others.

**Services:** Programs offered include,

- *Children's Clothing, Books, and Toys* – the homeless and low-income parents who participate in their Children's Clothing Exchange trade their children's outgrown items for age-appropriate clothing, books, and toys
- *Professional Attire* – SolutionsWear program provides interview-appropriate clothing and accessories to men and women who are enrolled in area job-training programs
- *Homeless Shelter* for men and women – Green Street in Cambridge
- *Meals Program* – for unhoused individuals 5 days a week in Central Square
- *Annual Backpack Drive* – accepting new or slightly used backpacks for distribution to school children and others. To arrange for drop off or pick up of backpacks or other items: please call ahead for an appointment at 617-401-5335 or 617-576-0039 or email [solutwork@gmail.com](mailto:solutwork@gmail.com)

## Urban Renewals

**Address:** 630 American Legion Highway Roslindale, MA 02131

**Phone:** 617-522-7383

**Website:** [www.familythrift.com/boston-ma](http://www.familythrift.com/boston-ma)

**Service Hours:** Monday through Saturday, 9am to 6pm, and Sunday, 12pm to 5pm

**Services:**

Clothes | Shoes | Toys | Books, and Records | Linens | Furniture | Accessories | Electronics | Jewelry and more



# DISABILITY

## **Boston Center for Independent Living, Inc.**

**Address:** 60 Temple Place Boston, MA 02111 | Other Locations: 1526 Dorchester Avenue Dorchester, MA 02122

**Phone:** 617-338-6665 | TTY: 617-338-6662 | Fax: 617-338-6661

**Email:** [tribiero-saab@bostoncil.org](mailto:tribiero-saab@bostoncil.org)

**Website:** [bostoncil.org](http://bostoncil.org)

**Service Hours:** Monday through Friday, 8:45am to 5pm

**Requirements & Restrictions:** Must identify as having a disability or be the care giver of someone who does

**Waiting Time:** Appointments are recommended but walk-ins assisted based on staff availability.

**Languages:** English, French, Haitian Creole, Spanish, Portuguese, Cape Verdean Creole, ASL, Luganda, Swahili, Runyankore, Other languages accommodated through language line

**Services:** Assisting people with a disability to live as full a life as possible through -

- Adult skills training assistance (including areas such as employment, housing, social/recreation, education, and financial issues)
- Assisting with information and referrals (affordable and accessible housing, health insurance, CORI, civil rights for disabled persons, transportation, home modifications, equipment, and other related services)
- Peer mentoring and individual advocacy
- Personal Care Assistance Program (PCA) – for people with a disability who need physical care assistance and have MassHealth Standard coverage
- Youth Services Program for individuals ages 14 to 22 that includes Peer Mentoring, Skills Training, Information and Referral, and Advocacy. Offered to any individual/family member who self identifies with a disability

## **Disability Law Center**

**Address:** 11 Beacon Street Suite 925 Boston, MA 02108

**Phone:** 617-723-8455 | Toll-Free: 1-800-872-9992 | Fax: 617-723-9125

**Email:** [intake@dlc-ma.org](mailto:intake@dlc-ma.org)

**Website:** [www.dlc-ma.org/](http://www.dlc-ma.org/)

**Service Hours:** Monday through Friday, 9am to 5pm

**Requirements & Restrictions:** Population served – people with disabilities or disability-related problems, people with disabilities whose legal problem falls within a DLC priority area, and people with disabilities w case has merit and DLC staff has the time and resources necessary to resolve the issue.

**Languages:** Spanish, Portuguese, Russian, and other languages are provided through interpreter services

**Description:** DLC is committed to promoting the civil and human rights of all persons with disabilities. DLC's Core Function is to keep people with disabilities safe from abuse and neglect wherever they live and where they receive services. DLC does this primarily by monitoring for abuse and neglect as well as investigating suspicious deaths and allegations of abuse and neglect. They provide information, referral, technical assistance and representation regarding legal rights and services for people with disabilities and seek to strike a balance between systemic advocacy and individual representation.

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## The Federation for Children with Special Needs

**Address:** 529 Main Street Suite 1M3 Boston, MA 02129

**Phone:** 617-236-7210 | Phone (in MA): 800-331-0688 | Fax: 617-241-0330

**Email:** [info@fcsn.org](mailto:info@fcsn.org), [fcsninfo@fcsn.org](mailto:fcsninfo@fcsn.org)

**Website:** [fcsn.org](http://fcsn.org)

**Description:** The Federation currently oversees over 15 projects related to supporting families whose children have special educational needs and special healthcare needs, as well as families of culturally and economically underserved populations by promoting family engagement within general education. The Federation provides information, support, and assistance to parents of children with disabilities. The projects are organized into five “Centers” by the primary type of service offered to families and are described below.

**Services:** Programs offered to clients include:

- *Special Education Parent Center* – Focuses on providing support, information, training, and workshops related to special education to families of children with special needs (includes their outreach programming to culturally and linguistically under-served families). Through a variety of activities, parents can learn about the special education process (including IEP, Basic Rights, Transition Planning, MCAS, etc.) so that they can best support their child
- *Family Support Center* – Focuses on providing parent to parent support for families who have children with special health care needs or disabilities; women, children, adolescents and young adults infected/affected by HIV/AIDS; families of young children with early childhood mental health issues; and families who have a serious mental health challenge and complex DCF cases with child custody concerns,
- *Health Advocacy Center* – Focuses on providing healthcare information and support to families of children with special needs, and programming that helps build capacity for family partnerships and supports partnership activities between managed care organizations and parents around improved access to services and supports,
- *Family and Community Engagement Center* – Offers education improvement services to districts and schools in Massachusetts, partnering with districts and schools to improve student achievement and school performance through strengthening family and community engagement policies. The Center also trains community volunteers to act as “surrogate parents” for educational decision-making for students whose parents are not available, and
- *Parent-Professional Leadership Center* – Focuses on activities that help build collaborative relationships among key education stakeholders (parents, educators, other professionals, and community partners) ensuring systemic efforts at improving educational outcomes for all students.



# DOMESTIC VIOLENCE

## **Asian Task Force Against Domestic Violence**

**Address:** P.O. Box 120108 Boston, MA 02112

**Phone:** 617-338-2355

**Email:** [info@atask.org](mailto:info@atask.org)

**Website:** [www.atask.org](http://www.atask.org)

**Service Hours:** ATASK advocates available Monday through Friday: 9am – 5pm, if follow up is needed, Multilingual Helpline available 24/7.

**Description:** ATASK is a nonprofit, community organization serving pan-Asian survivors of domestic and intimate partner violence. Their mission is to prevent domestic and intimate partner violence in Asian families and communities and to provide hope to survivors. ATASK is committed to serving survivors of domestic violence representing all ages, ability levels, education levels, race, national origin, cultures, religions, gender identities, and sexual orientations.

**Services:** Client services include access to a 24-hour multilingual helpline (617-338-2355), as well as –

- Community-Based Services – crisis intervention, safety planning, legal and immigration advocacy, medical and healthcare advocacy and housing advocacy
- Referrals
- Emergency shelter program
- Legal Advocacy
- ESOL Classes
- Community Engagement

## **Beth Israel Deaconess, Center for Violence Prevention and Recovery (CVPR)**

**Address:** 330 Brookline Avenue Boston, MA 02215

**Phone:** 617-667-8141

**Website:** [www.bidmc.org/centers-and-departments/social-work/center-for-violence-prevention-and-recovery](http://www.bidmc.org/centers-and-departments/social-work/center-for-violence-prevention-and-recovery)

**Languages:** Available in multiple languages through BIDMC interpreters

**Description:** The CVPR works to improve the health and well-being of people impacted by multiple forms of violence, including domestic violence, sexual assault, community violence, and homicide by providing trauma-informed services and programs.

**Services:** CVPR offers a range of services and can help you plan for safety, access safe housing, talk about your relationship and your options, and even offer training sessions for your organization. All services and programs are private, confidential, and free. All direct service programs are available to everyone of any culture, gender, age, sexual orientation, gender identity, and religion, available in multiple languages through BIDMC interpreters, primarily offered in-person at sites in Boston, and can be accessed by telephone.



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## **Boston Area Rape Crisis Center (BARCC)**

**Address:** 99 Bishop Allen Drive Cambridge, MA 02139

**Other Locations:** Family Justice Center 989 Commonwealth Avenue Boston, MA 02215 | Waltham Office: 24 Crescent Street, Suite 202 Waltham, MA 02453

**Phone** (24-Hour Hotline): 1-800-841-8371 | Phone (Office): (617) 492 8306 | Fax: (617) 492 3291

**Email:** [info@barcc.org](mailto:info@barcc.org)

**Website:** [barcc.org](http://barcc.org)

**Service Hours:** Hotline and medical advocacy: 24-7 | Office hours: Monday through Friday, 9:00 a.m.-5:00 p.m.

**Requirements & Restrictions:** Anyone 12 years or older welcome.

**Description:** The Boston Area Rape Crisis Center provides free, confidential support and services to survivors of sexual violence ages 12 and up and their families and friends. They work with survivors of all genders from the immediate crisis after sexual violence to years and decades later, and their goal is to empower survivors to heal and seek justice in ways that are meaningful to them. They assist survivors as they navigate the health-care, criminal justice, social service, and school systems.

**Services include the following:**

- Hotline: by phone 24-7 at 800-841-8371 and webchat at [barcc.org/chat](http://barcc.org/chat)
- 24-7 Medical Advocacy
- Case Management (assistance with housing, health care, and more)
- Individual and Group Counseling
- Legal Advocacy, including immigration services

Services in English and Spanish, with other languages upon request.

## **Casa Myrna**

**Address:** 451 Blue Hill Avenue Boston, MA 02121

**Phone:** 617-521-0100 | SafeLink 24/7 Hotline: 1-877-785-2020

**Email:** [info@casamyrna.org](mailto:info@casamyrna.org)

**Website:** [www.casamyrna.org](http://www.casamyrna.org)

**Service Hours:** Supportive services are available by appointment during standard office hours. Hotline is 24/7.

**Languages:** English, Spanish

**Description:** Casa Myrna is Boston's largest provider of domestic violence awareness efforts and of shelter and supportive services to survivors. Their comprehensive range of services, available in both Spanish and English, provide survivors with tools to recover from the trauma of abuse and begin to build sustainable self-sufficiency.

**Services include the following:**

- Free Supports for Survivors
- SafeLink Hotline
- Community and Housing Advocacy
- Emergency Transfers
- Legal Advocacy
- Economic Stability
- Counseling
- Children's Services
- Residential Programs

### **Domestic Violence Ended (DOVE)**

**Address:** P.O. Box 690267 Quincy, MA 0226

**Phone:** 617-770-4065 | 24-Hour Crisis Hotline (617-471-1234 or 888-314-3683)

**Website:** [www.dovema.org](http://www.dovema.org)

**Service Hours:** Monday through Friday, 9:00am-5:00pm, Crisis hotline: 24/7.

**Description:** DOVE is a multi-service organization providing comprehensive direct services and support for victims of dating and domestic violence, as well as their children. DOVE's services include crisis intervention, danger assessment and safety planning, supportive counseling, emergency shelter, legal advocacy and representation, and community outreach, education, and training.

**Services include access to a 24-Hour Crisis Hotline (617-471-1234 or 888-314-3683) as well as:** Emergency Shelter, Community Based Advocacy & Counseling, Legal Advocacy program, Prevention, Education & Support Groups, Civilian Domestic Violence Advocacy, Children's Services, LGBTQ Services, Chinese Advocacy Program.

### **Elizabeth Stone House**

**Address:** 8 Notre Dame Street Roxbury, MA 02119

**Phone:** (Main Line) 617-427-9801 | Phone: (Intake Line) 781-400-0770

**Website:** [www.elizabethstonehouse.org/](http://www.elizabethstonehouse.org/)

**Languages:** English and Spanish

**Services:** The Elizabeth Stone House partners with adult and child survivors of domestic violence and related trauma including mental illness, housing instability, and substance misuse, to achieve safety, stability, and overall wellbeing. Clients will have access to –

- *Support Services* – Crisis Intervention and ongoing advocacy, Meeting basic needs, Advocacy and accompaniments, Support groups, Life/skills education
- *Individual help and personal counseling* – Sustained individual help, Financial stability, Immigration issues
- *Housing* – Emergency shelter, Transitional housing, Permanent supportive housing, Rent-subsidized permanent housing
- *Families and Children* – Case management and advocacy, Family strengthening activities, Parenting support groups and classes, Full-day childcare and childcare during programs/visits

### **EMERGE (Batterer's Intervention)**

**Address:** 388 Pleasant Street Suite 204 Malden, MA 02148

**Phone:** (Main Office) 617-547-9879 | Fax: 617-547-0904

**Email:** [info@emergedv.com](mailto:info@emergedv.com)

**Website:** [www.emergedv.com](http://www.emergedv.com)

**Description:** Emerge is a group counseling and education program for men and women who are abusive in intimate partner relationships. Emerge sees clients who have been abusive in heterosexual and same-sex relationships. All programs satisfy court/probation and DCF requirements.

**Services:** Programs and services available to clients include – Abuser Education, Caring Dads Group, Training, Resources for Survivors. Spanish groups are held at Curtis Hall Community Center, 20 South St, Jamaica Plain, MA 02130. Group members must admit to having been physically, emotionally, verbally, economically, or sexually abusive to a partner in an intimate relationship for the Abuser Intervention Program. For the Anger Management Program, the incident(s) must be non-intimate partner related (e.g. involving coworkers, strangers, friends, or other family members).

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## REACH Beyond Domestic Violence

**Address:** PO Box 540024 Waltham, MA 02454

**Phone:** (Office) 781-891-0724 Ext, 101 | Hotline: 1- 800-899-4000

**Email:** [info@reachma.org](mailto:info@reachma.org)

**Website:** [reachma.org](http://reachma.org)

**Service Hours:** The hotline is 24/7 and individual advocacy services are available by appointment during business hours.

**Languages:** Most services can be provided in English and Spanish, outside of those the Language Line may be used.

**Description:** REACH comes at the issues and complexity of domestic violence from several directions simultaneously. They provide a variety of free and confidential supportive direct services for anyone experiencing domestic violence. You do not need to leave a relationship in order to receive help from REACH. If you are interested in learning more about their services, please give them a call at 781-891-0724. If this is an emergency, please call their hotline at 800-899-4000.

### Services available include:

- *Emergency Shelter* – REACH’S shelter is a haven for those who have nowhere else to go as they escape abusive situations. REACH provides a comfortable, home-like atmosphere, compassionate counseling, and practical aid.
- *Community-Based Advocacy* – Advocates help survivors create tangible plans to keep themselves physically and emotionally safe when abusive incidents happen, find a job or housing, access benefits, and accompany them to court.

## RESPOND, Inc.

**Address:** PO Box 555 Somerville, MA 02143

**Phone:** (Office) 617-625-5996 | Support Line: 617-623-5900

**Email:** [info@respondinc.org](mailto:info@respondinc.org)

**Website:** [www.respondinc.org](http://www.respondinc.org)

**Service Hours:** Monday through Friday: 9am – 5pm | Support and Intake Line: Monday-Friday, 8am – 6pm; At all other times, callers can be connected to state and federal hotlines.

**Languages:** English, Spanish, Amharic, Portuguese, Haitian Creole

**Description:** RESPOND provides emergency shelter and a range of support services and educational programs to thousands of survivors of domestic violence each year including adults, children, and teens regardless of gender, race, religion, age, or other characteristics. RESPOND staff work with survivors of domestic violence to address their immediate and long-term needs. Services are free, confidential, and currently offered in multiple languages.

**Services:** RESPOND’S Supportive Services are available to all victims and survivors of domestic violence.

- *Support Line* – provides emotional support, safety planning, resource referrals, and information on legal options, statewide shelter availability, and community resources.
- *Individual Counseling and Support Groups* – helps survivors define and meet their goals regarding safety, housing, employment, health care, housing issues, custody, and education.
- *Housing Assistance Program* – addresses the unique needs of survivors.
- *Basic Assistance* – helps program participants to access necessities.
- *Legal Support* – court accompaniment, assistance accessing legal aid services, and help with diverse legal issues including restraining orders, child custody, and immigration.
- *Survivors of Abuse Feeling Empowered for Re-Entry (SAFER) Program* – provides support and resources to those incarcerated at the Suffolk County House of Corrections.
- *Children’s Services* – helps parents to meet their children’s needs.
- *Outreach & Education Activities* – addresses the root causes of domestic violence. Civilian Certified Domestic Violence
- Counselors embedded in six Police Departments: Malden, Melrose, Wakefield, Reading, Woburn, and Wilmington PD. RESPOND’s emergency shelter location is kept confidential to ensure the safety. Services available 24 hours a day.



# EDUCATION

## **ABCD (Action for Boston Community Development)**

**Address:** 178 Tremont Street Boston, MA 02111

**Phone:** 617-348-6329 | TTY: 617-423-9215

**Email:** [abcdconnect@bostonabcd.org](mailto:abcdconnect@bostonabcd.org)

**Website:** [bostonabcd.org](http://bostonabcd.org)

**Service Hours:** (Downtown office) Monday through Friday, 9am to 5pm

**Services:** Programs include – GED preparation, English for Speakers of Other Languages (ESOL), employment and training, health services, food pantries, fuel assistance, housing assistance, early education and care, youth services, citizenship assistance, and elder services. Some ABCD neighborhood sites offer assistance with the Earned Income Tax Credit, tax preparation, and financial literacy. Call for further information about each program.

## **Asian-American Civic Association**

**Address:** 87 Tyler Street 5th Floor Boston, MA 02111

**Phone:** 617-426-9492 | Fax: 617-482-2316

**Email:** [info@aaca-boston.org](mailto:info@aaca-boston.org)

**Website:** [aaca-boston.org](http://aaca-boston.org)

**Service Hours:** Monday through Friday, 9am to 5pm

**Languages:** English and Chinese

**Description:** The AACA provides limited English-speaking and economically disadvantaged people with education, occupational training, and social services enabling them to realize lasting economic self-sufficiency.

**Services:** AACA provides a range of services such as English classes, social services, job training, college preparation and a post-graduate retention program, Bayara Buddy Guards, Employment Center, Youth Center, Immigration Services, Benefits Help and Tax Preparation, Housing Counseling, Education and Employment Training, ESOL, Career Advancement for Professionals (CAP), Smoking Cessation, Childcare & early education, Asian business training and mentorship program

## **Boston Centers for Youth & Families (BCYF) Adult Education**

**Address:** 1483 Tremont Street Boston, MA 02120

**Phone:** 617-635-4920

**Email:** [BCYF@boston.gov](mailto:BCYF@boston.gov)

**Website:** [www.boston.gov/health-and-human-services/bcyf-adult-education](http://www.boston.gov/health-and-human-services/bcyf-adult-education)

**Service Hours:** (Central Office) Monday through Friday, 9am to 5pm. Community Center schedules vary.

**Description:** Boston Centers for Youth & Families (BCYF) Adult Education programming builds invaluable skills for life and work. They offer a flexible and supportive approach focused on their students. Programs take place at many BCYF community centers in Boston. Each year, thousands of adults take part in BCYF education programs, including studying for and taking the HiSET or GED high school equivalency exams to expand career prospects taking English as a Second or Other Language (ESOL) classes taking citizenship classes to become empowered community members.

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## BCYF Information Continued

### Services available include:

- *English as a Second or Other Language (ESOL) classes at all levels* – This includes those with little or no knowledge of English, to those able to conduct simple conversations. Classes are currently available at the following community centers: BCYF Curtis Hall, BCYF Jackson/Mann, and BCYF Perkins. BCYF Jackson/Mann Community Center offers a unique family literacy program. Parents and children can take part in classes at the same time.
- *High School Equivalency (HSE) preparation classes to adult learners at all grade levels* – these classes help prepare you to take the HiSET or GED high school equivalency exams. They are proud that BCYF was one of the first agencies approved to offer HiSET neighborhood testing sites in the state. They are also the only HiSET paper-based testing site in Boston. You can take the HiSET or GED exams at a number of different times and locations including: BCYF Curtis Hall, BCYF Hyde Park, BCYF Menino, BCYF Paris Street, BCYF Roslindale, and BCYF Tobin.
- *Online learning courses focusing on online learning and testing* – this will help you build the computer skills to succeed in higher education and the modern workforce. Online learning also provides flexibility for students to access a quality education from their local community center or home. BCYF was one of the first agencies approved to offer HiSET neighborhood testing sites in the state. They administer the HiSET exam to more than 800 candidates each year. You can take the HiSET or GED exams at a number of different times and locations.

## Cambridge Community Learning Center

**Address:** 5 Western Ave Cambridge, MA 02139

**Phone:** 617-349-6363 | Fax: 617-349-6339

**Email:** [akaba@cambridgema.gov](mailto:akaba@cambridgema.gov)

**Website:** [www.cambridgema.gov/DHSP/programsforadults/communitylearningcenter](http://www.cambridgema.gov/DHSP/programsforadults/communitylearningcenter)

**Service Hours:** Monday through Thursday, 8:30 AM to 9:30 PM, Friday, 8:30 AM to 5:00 PM

**Description:** The Cambridge Community Learning Center (CLC) empowers a diverse community of adult learners to transform their lives and realize their potential through education, skills development, and community participation.

**Services:** The Cambridge Community Learning Center helps adult learners: Earn a high school diploma (HiSET and GED preparation), Prepare for college, become a Certified Nursing Assistant, Learn English, Advance in the early childhood education (ECE) field, Train for a career in Information Technology, and Become a U.S. citizen

## Cambridge Public Library

**Address:** 449 Broadway Cambridge, MA 02138

**Phone:** 617-349-4040

**Email:** [library@cambridgema.gov](mailto:library@cambridgema.gov)

**Website:** [www.cambridgema.gov/cpl](http://www.cambridgema.gov/cpl)

**Service Hours:** Monday - Thursday, 9am to 9pm, Friday & Saturday, 9am to 5pm and Sunday, 1pm to 5pm. Book drop open 24/7

**Services:** The Cambridge Public Library offers an array of innovative services that reach beyond research and circulation including – Meeting rooms for Cambridge based non-profit organizations, Delivery service for homebound patrons, Literacy programs including ESL, citizenship and basic computer classes, Assistive technology, Museum passes, Tax assistance.

- The library also offers Social services – The Library Social Worker is available to meet with you by phone or in person. Their licensed Social Worker can assist with: referrals to area agencies, completing applications, resource navigation, and mental health/substance use disorder linkage and referral.

### Charlestown Adult Education Program

**Address:** 76 Monument Street Charlestown, MA 02129

**Phone:** 617-337-5612

**Email:** [ccae@comcast.net](mailto:ccae@comcast.net)

**Website:** [bhacharlestownadulthood.weebly.com/](http://bhacharlestownadulthood.weebly.com/)

**Service Hours:** Monday through Friday, 9am to 5pm

**Languages:** Spanish, Chinese, Portuguese, Italian

**Waiting Time:** Usually wait list for ESOL classes; Enrollment in GED within 2-3 months.

**Description:** The primary mission of Boston Housing Authority (BHA) Charlestown Adult Education is to provide services that meet the needs of the people in the community, with first priority given to BHA & Boston residents.

**Services offered include:**

- Test Prep – pre-HiSET, HiSET, Fast Track, and Evening Classes
- ESOL – Levels 1, 2, and 3
- Reentry Services – Job search assistance, Access to legal advice, Support in ID obtainment, Rental assistance, Substance use prevention, Transportation assistance, and Food pantry access
- Job Training – Home Health Aide Certification, Hospitality Training, Computer and Word Basics, HUD’s Jobs-Plus Pilot Program, Building Pathways Apprenticeship Program, OSHA 10 Training, YouthBuild, and Construction Job Training

### Boston Uncornered

**Address:** 275 E Cottage Street Dorchester, MA 02125

**Phone:** 617-944-1083

**Email:** [info@uncornered.org](mailto:info@uncornered.org)

**Website:** [uncornered.org](http://uncornered.org)

**Languages:** English, Spanish, Portuguese, Cape Verdean, Creole

**Waiting Time:** Rolling admissions

**Description:** College Bound Dorchester was built by, and for, the community and individuals who believe in the transformative power of education, and currently operates as Boston Uncornered. The organization’s Uncornered model scaffolds the best practices of mentorship with the proven success of high expectations and provides financial support to ensure that young adults are able to progress from a past of incarceration to a future of higher education and employability with a goal of unlocking the brilliance and power of Core Influencers as positive agents of peace to drive community change.

**Services:** College Bound Dorchester focuses on young adults aged 18 to 30 to support reentry and success through services including –

- HiSET preparation to complete a high school credential
- College readiness to enroll in a credentialed post-secondary pathway
- ‘On campus’ support to ensure success of a college degree
- Connection to a community-based mentor for access to additional services such as mental health, housing, and other needs

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## Jeremiah Program – Boston

**Address:** 130 Warren Street Boston, MA 02119

**Phone:** (Office) 617-459-4525 | Executive Director: 617-245-6551

**Email:** [info@jeremiahprogram.org](mailto:info@jeremiahprogram.org)

**Website:** [jeremiahprogram.org/boston/](http://jeremiahprogram.org/boston/)

**Restrictions & Requirements:** JP serves single mothers with children ages 0 - 8 years currently residing in commutable distance from a campus and possessing a commitment to pursuing a college degree or diploma.

**Description:** Jeremiah Program is an organization focused on uplifting families and disrupting generational poverty. They partner with families led by single mothers to achieve a college degree while at the same time, preparing their children for educational success. JP Boston's education partners include Endicott College and Southern New Hampshire University.

**Services:** Jeremiah provides empowerment and life skills training and individual coaching at its home base in Nubian Square. Here, families study, learn, play, socialize, and cook in a supportive environment. Jeremiah assists moms with finding safe and affordable housing and quality early childhood education. Programs offered include: Academic enrollment and financial aid with a semester-long empowerment course; Connect with mothers program; Individualized coaching and support; Community resources such as secure safe, affordable housing, legal counsel and academic tutors, and Technology and internet access to support program and college work completion.

## Literacy Volunteers of Massachusetts – Boston

**Address:** 10 Post Office Square Suite 800 Boston, MA 02109

**Phone:** 617-367-1313 | Toll-free: 888-466-1313

**Email:** [ellen@lvm.org](mailto:ellen@lvm.org) | **Contact:** Ellen Blaney, LVM-Boston Coordinator

**Website:** [www.lvm.org](http://www.lvm.org)

**Service Hours:** Office hours are Monday through Friday: 9am - 5pm. Please call for an appointment. Tutoring is flexibly scheduled between the volunteer tutor and the adult student for mutually convenient times.

**Requirements & Restrictions:** Must be over 16 and not currently enrolled in a public school. Primary service population is adults who read below the 6th grade level. No walk-ins; call for appointment.

**Waiting Time:** Their waiting list varies. The average wait time is 6 to 12 months.

**Services:** Free, confidential, and individualized tutoring for 2 hours per week in basic literacy and ESOL scheduled for mutually convenient times at public locations convenient to the student and tutor.

## MassEdCO Education and Career Planning Center

**Address:** 700 Boylston Street Boston Public Library Boston, MA 02116

**Phone:** 617-536-0200

**Email:** [bpierce@massedco.org](mailto:bpierce@massedco.org)

**Website:** [www.massedco.org](http://www.massedco.org)

**Description:** With a fundamental belief in the importance of building equity, diversity and inclusion in postsecondary education for underrepresented students, MassEdCO provides personalized guidance and encouragement to support Massachusetts high school students, parents, and adults pursuing higher education beyond high school.

**Services:** Advisors help students to identify career options, build and revise college and scholarship essays, submit applications for college and career training programs, apply for financial aid (FAFSA or CSS Profile), search for scholarships, renew financial aid packages, and select a college that is a good match based on affordability and student fit.



## On with Living and Learning, Inc. (OWLL)

Email: [mcdaspire@gmail.com](mailto:mcdaspire@gmail.com)

Website: [onwithlivingandlearning.org/](http://onwithlivingandlearning.org/)

**Description:** OWLL is a grassroots collective of BIPOC, White, and differently-abled artists who commit their art for racial and social justice. They bring together underrepresented voices from Boston's urban communities in leadership workshops that culminate in theatre productions celebrating their cultural heritage and social experiences. Their collective works with community partners to ensure a focus on the social justice issues most relevant to the participants and serves as a basis for deep community listening, transformation, and the development of a new narrative for the participant's and their community's future.

## Prison Book Program

**Address:** 1306 Hancock Street Suite 100 Quincy, MA 02169

**Phone:** 617-423-3298

**Email:** [info@prisonbookprogram.org](mailto:info@prisonbookprogram.org)

**Website:** [prisonbookprogram.org/resources/request-books/](http://prisonbookprogram.org/resources/request-books/)

**Service Hours:** We typically hold volunteer sessions four times a week, usually Tuesday and Thursday evenings and Wednesday and Saturday afternoons. There are fewer sessions during the summer months. Please consult our volunteer schedule online to check that a session is happening.

See the website for a list - <https://prisonbookprogram.org/prisonbooknetwork/>

**Waiting Time:** 2-3 months

**Languages:** Our volunteer program is conducted mostly in English, but we carry books in many languages and receive requests in many languages as well. Volunteers who speak languages other than English are welcome.

**Description:** Prison Book Program is a nonprofit organization in Quincy, MA that sends packages of free, hand-selected books to incarcerated readers in all 50 states. Requesters write letters to us with the kinds of books they like to read, and volunteers select books from our library and package the books for the mail at our weekly volunteer sessions (typically 4 per week). We specifically welcome the expertise and insight of formerly incarcerated people and returning citizens. Our volunteer sessions are a fun, friendly way to get involved, help others, and put your knowledge about the prison and/or jail system to good use. Anyone can sign up for a volunteer spot on our website: [www.prisonbookprogram.org](http://www.prisonbookprogram.org) (click "volunteering"), or at [www.bostoncares.org](http://www.bostoncares.org).

## Rian Immigrant Center

**Address:** One State Street 8th Floor Boston, MA 02109

**Phone:** (617) 542-7654 | Fax: (617) 542-7655

**Email:** [sbayer@riancenter.org](mailto:sbayer@riancenter.org)

**Website:** [www.riancenter.org](http://www.riancenter.org)

**Languages:** Albanian, Arabic, Chinese, English, French, German, Haitian Creole, Italian, Portuguese, Russian, Spanish

**Description:** The Rian Immigrant Center has a vision of a shared society where all are welcomed and valued and enjoy equal opportunities and protections. By embracing Irish traditions of hospitality and social justice, they empower more than 3,500 immigrant and refugee families from 120 different countries every year with a comprehensive range of services.

**Services:** Immigration Legal Services; Education Services; Resource and Support Services; and the Learning Exchange Program

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## Roxbury Multi-Service Center

**Address:** 321 Blue Hill Avenue Boston, MA 02121

**Phone:** 617-541-6859 | Fax: 617-445-2125

**Website:** [www.roxmulti.org](http://www.roxmulti.org)

**Waiting Time:** Referrals are responded to within a 24-hour period

**Languages:** English, Spanish, French, Cape Verdean, Haitian Creole

**Description:** Roxbury Multi-Service Center, Inc. (RMSC) provides community support and case management services to children, adolescents, and their families in the communities of Roxbury, Dorchester and surrounding areas.

## The Bridge Program Community Learning Center

**Address:** 5 Western Avenue Cambridge, MA 02139

**Phone:** 857-285-3217

**Email:** [eleonor@cambridgeclc.org](mailto:eleonor@cambridgeclc.org)

**Website:** <https://www.cambridgema.gov/DHSP/programsforadults/communitylearningcenter.aspx>

**Requirements & Restrictions:** You must have a GED, HISET or a high school diploma. Cambridge residents have priority.

**Description:** The Bridge to College program prepares adult students to succeed in college-level courses. Participants work on reading, writing, math, computer, and study skills. Students who successfully complete the Bridge to College Program: improve their writing, math, and academic reading skills, earn credits for two Bunker Hill Community College English courses, and receive support in applying for college, financial aid, and scholarships.

## United South End Settlements (USES)

**Address:** 48 Rutland Street Boston, MA 02118

**Phone (Admin):** 617-375-8150

**Email:** [info@uses.org](mailto:info@uses.org)

**Website:** [www.uses.org](http://www.uses.org)

**Service Hours:** Monday through Friday, 8am to 6pm. Call or visit website for class schedule.

**Services:** USES offers programs that support the whole family in achieving economic mobility including:

- Family Mobility (Contact: Director of Family Mobility Melody Valdes at [mvaldes@uses.org](mailto:mvaldes@uses.org) or 617-375-8144)
- Early Childhood Education (Contact: Kaiti Coffin, Director of Early Childhood Education and Out of School Time, at [kcoffin@uses.org](mailto:kcoffin@uses.org) or 617-375-8119).
- Club 48, Afterschool & Out of School Time (For other questions about our club48 program, contact Kaiti Coffin)
- Camp Hale (Contact person: Emily Koester, Operations Director at 617-375-8173 or [ekoester@uses.org](mailto:ekoester@uses.org))

## Urban College of Boston

**Address:** 2 Boylston Street 2nd Floor Boston, MA 02116

**Phone (Admissions):** 617-449-7070 | Fax (Admissions): 617-423-4758

**Website:** [www.urbancollege.edu/](http://www.urbancollege.edu/)

**Service Hours:** Monday through Friday, 9am to 7pm

**Requirements & Restrictions:** No international admissions. High School diploma required for an associate degree. High School diploma recommended for certificate program.

**Description:** They offer affordable and flexible learning options in multiple languages including English, Spanish, Mandarin, and Haitian Creole, so you can personalize your college experience.

## X-Cel Education

**Address:** Glenvale Terrace Jamaica Plain, MA 02130 | **Other Locations:** Physical location is at 39 Smith Street, Second Floor, Roxbury MA 02119. They are no longer holding classes at any other locations at this time.

**Phone:** 617-504-6261

**Email:** [x-cel@x-celeducation.org](mailto:x-cel@x-celeducation.org) | Contact: Don Sands

**Website:** [www.x-celeducation.org/](http://www.x-celeducation.org/)

**Service Hours:** Morning classes Monday through Thursday: 10:am – 12:30pm | Evening classes: Mon. - Wed: 6 to 9:30PM

**Requirements & Restrictions:** No walk ins. Must make appointment for intake. Must be 18 years or older. For GED: must be able to read at 4th grade level. For College Prep: must have GED or High School Diploma.

**Description:** The X-CEL School offers pre HiSET, HiSET, and College Prep classes at four locations in Boston. Most of the classes have “rolling admissions” so students can begin at any time. This was done in part to make it possible for returning citizens to begin classes no matter when their incarceration ended.

**Services:** The X-CEL School offers the following programs:

- **STRIVE:** This program is a collaboration between STRIVE Employment Services and X-Cel. STRIVE operates a 5-week job readiness program, which runs Monday to Friday, 9am – 5pm. The program focuses on changing the participants’ behavior and attitude so that they will be successful in securing employment and keeping it.
- Integrated into STRIVE’s 9 – 5 program, X-Cel comes in twice a week for two hours each day to provide reading and math classes in preparation for the HiSet exam. At the end of the five-week cycle, STRIVE participants who lack a high-school diploma, are then referred to one of X-Cel’s community-based HiSet prep classes. The reading and math classes at STRIVE/Codman Square are held on Tuesdays and Thursdays from 2pm – 4pm. Also see the STRIVE Directory Listing.
- X-Cel Conservation Corps prepares Boston youth for careers in water management and conservation that lead to economic self-sufficiency. Key components of the X-Cel Conservation Corps include workforce readiness development, paid conservation projects to improve water quality and build environmental resilience in Eastern MA, classes to prepare for wastewater operator license, and paid internships in the water management field.

## YouthBuild Boston

**Address:** 27 Centre Street Roxbury, MA 02119

**Phone:** 617-445-8887 | Fax: 617-427-3950

**Email:** [info@ybboston.org](mailto:info@ybboston.org)

**Website:** [www.youthbuildboston.org](http://www.youthbuildboston.org)

**Description:** YouthBuild Boston aims to empower underserved young people with the essential social, vocational, academic, and life skills necessary to navigate a positive pathway to self-sufficiency and neighborhood responsibility.

**Services:** YouthBuild offers the following programs:

- **Building Trades Exploration** – This 6-9 month academic and construction trades program is for young people aged 17-24 who do not have a high school diploma. Program participants gain exposure to construction and landscaping safety, tools, materials, techniques, and methods while taking HiSET prep classes for their high school equivalency (HSE)
- **Pre-Apprentice** – This 15-week program is for young people aged 18-25 who already have their high school diploma or equivalent and are interested in starting a career in the construction industry.
- **The Designery** – These 7 to 10-week sessions are geared toward high school students who want an enriching after-school experience. Students are paid a bi-weekly stipend while they hone fundamental design skills.
- **Facilities Maintenance** – The only registered Facilities Maintenance Technician Apprenticeship in the state of Massachusetts, this 18-month program consists of classroom instruction and on-the-job training that leads to a sustainable career as a Facilities Maintenance Technician.

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## YW Boston

**Address:** 140 Clarendon Street, Suite 403 Boston, MA 02116

**Phone:** 617-585-5400 | **Fax:** 617-585-5499

**Email:** [ksika@ywboston.org](mailto:ksika@ywboston.org)

**Website:** [www.ywboston.org](http://www.ywboston.org)

**Description:** As the first YWCA in the nation, YW Boston helps individuals and organizations change policies, practices, attitudes, and behaviors with the goal of creating more inclusive environments where women, people of color, and especially women of color can succeed.

**Services:** The F.Y.R.E. Initiative is YW Boston's leadership and empowerment program for middle school girls in the Greater Boston area. The program's curriculum incorporates social justice education, positive identity development, and civic engagement. Each weekly session is designed to promote dialogue and experiential learning to cultivate empathy and increase social-emotional learning.



# EMERGENCY ASSISTANCE

## **Cambridge Economic Opportunity Committee**

**Address:** 11 Inman Street Cambridge, MA 02139

**Phone:** 617-868-2900

**Website:** <https://ceoccambridge.org/>

**Service Hours:** Varies by program

**Languages:** Amharic, English, Haitian Creole, Portuguese, Spanish

**Description:** Cambridge Economic Opportunity Committee (CEOC) is an anti-poverty agency fighting to empower people and mobilize resources to fight poverty's causes and impacts.

**Services:** College Assistance, Financial Education, Food Pantry, Free Tax Preparation, Health Insurance Assistance, Housing Assistance, Public Benefits Assistance, and SNAP/Food Stamp Assistance.

## **City of Cambridge Fuel Assistance Program/DHSP**

**Address:** 51 Inman Street Cambridge, MA 02149

**Phone:** 617-665-6234

**Email:** [dhspfuel@cambridgema.gov](mailto:dhspfuel@cambridgema.gov)

**Website:** [www.cambridgema.gov/DHSP/programsforadults/fuelassistance](http://www.cambridgema.gov/DHSP/programsforadults/fuelassistance)

**Service Hours:** Monday 8:30am to 8:00pm, Tuesday – Thursday, 8:30am to 5:00pm, Friday 8:30am to 12:00pm

**Requirements & Restrictions:** Must meet certain household income guidelines to be eligible.

**Services:** Serving both the cities of Cambridge and Somerville, the Fuel Assistance Program assists low-income households with winter heating costs incurred between November 1 and April 30. Eligibility for the program is determined by gross household income that falls within the Federal Poverty guidelines. The Fuel Assistance Program notifies and pays heating vendors directly for program participants that pay out of pocket for their heating costs. Program participants whose heat is included in their rent could be eligible to receive a payment, made directly to them, for the heat portion of their rent.

## **City Mission: Homelessness Prevention**

**Address:** 185 Columbia Road (Mail) Suite 317 Boston, MA 02121

**Phone:** 617-742-6830 x212 | Fax: 617-742-8470

**Email:** [directors@citymissionboston.org](mailto:directors@citymissionboston.org) | **Contact:** Director of Homelessness Prevention

**Website:** <https://citymissionboston.org/homelessness-prevention>

**Service Hours:** Monday through Friday, 9am to 5pm

**Services:** To provide families with relief, City Mission has several programs dedicated to homelessness prevention: Emergency Needs Network; A Lift Up; Public Voice; A Path to Employment; and Food Assistance. For more information please contact the Director of Homelessness Prevention Programs, Paola Miranda, at [pmiranda@citymissionboston.org](mailto:pmiranda@citymissionboston.org).

## **Massachusetts Department of Transitional Assistance (DTA)**

**Address:** 80 Everett Avenue Chelsea, MA 02150

**Phone:** (DTA Assistance Line) 1-877-382-2363

**Website:** <https://www.mass.gov/guides/how-to-contact-dta>

**Service Hours:** DTA Assistance Line, Monday through Friday 8:15am to 4:45pm



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### **Massachusetts Department of Transitional Assistance (DTA) Continued**

**Description:** The Department of Transitional Assistance (DTA) assists and empowers low-income individuals and families to meet their basic needs, improve their quality of life, and achieve long-term economic self-sufficiency. DTA serves one in eight residents of the Commonwealth with direct economic assistance (cash benefits) and food assistance (SNAP benefits), as well as workforce training opportunities. In addition to food and cash benefits, DTA offers other services to help you meet your basic needs and achieve economic mobility.

**Services:** Domestic Violence; Disability Access; DTA help for seniors; SNAP help for veterans; SNAP Nutrition Education; SNAP Community Supported Agriculture (CSA) Pilot; Funeral & Burial Assistance; Appeals and Hearings; Rights, responsibilities, penalties; Supplemental Nutrition Assistance Program (SNAP); DTA Pathways to Work (employment & training); Healthy Incentives Program (HIP); Transitional Aid to Families with Dependent Children (TAFDC); and Emergency Aid to the Elderly, Disabled and Children (EAEDC).

### **Nicholas and Mattie Center for the Homeless**

**Address:** 12 Madison Street Hyde Park Boston, MA 02136

**Phone:** (860) 840-8774 | Fax: (857) 345-9599

**Email:** [NicholasandMattieCFH@outlook.com](mailto:NicholasandMattieCFH@outlook.com)

**Website:** [www.nicholasandmattiecfh.org/](http://www.nicholasandmattiecfh.org/)

**Waiting Time:** Allow 14 business days for non-emergency requests.

**Requirements & Restrictions:** Clients must fill out an application for their services. Verification of homelessness or need will be requested, verification of identity, proof of income and proof of residency.

**Languages:** English, Spanish, Haitian Creole

**Services** include assistance with: Food, Clothing, Housing, Referral Services, Transportation to and from doctor appointments, In home care for the elderly and Veterans, Pampers and Housing Supplies for those moving in a new apartment

### **North End/West End Neighborhood Service Center (NSC)**

**Address:** 1 Michelangelo Street Boston, MA 02113

**Phone:** 617-523-8125

**Email:** [mariastella.gulla@bostonabcd.org](mailto:mariastella.gulla@bostonabcd.org)

**Website:** <https://bostonabcd.org/location/north-end-west-end-nsc/>

**Service Hours:** Monday through Friday, 9am to 5pm

**Other Locations:** Boston Public Library, West End Branch 151 Cambridge St. Boston, MA 02114 617-523-8125

**Requirements & Restrictions:** Low-income residents of Boston for most programs. Bring I.D. and proof of income for your first visit.

**Languages:** English, Spanish, Italian, Chinese, Turkish

**Services:** Seniors enjoy several programs including a drop-in senior center, health, exercise, and wellness classes, social activities, discounted taxi vouchers, and a supermarket shuttle. NSC also provides hot meals on Mondays and Fridays, as well as snacks 3 times a week, primarily for seniors, people who are disabled, and/or homeless. NSC offers a range of educational presentations; job readiness programs; assistance with your search for affordable housing; assistance with your health insurance application (Medicare Part B); translation and interpretation services in Italian, Mandarin, and Turkish, and notary services. During the holidays, NSC provides holiday meals, gifts, and participation in their Adopt-a-Family program. In addition, the agency offers services such as: Utility Bill Advocacy, Food Stamps/SNAP, SummerWorks, Food Pantries, and Fuel Assistance.

### **Somerville Homeless Coalition**

**Address:** 1 Davis Square Somerville, MA 02144

**Phone:** 617-623-6111

**Email:** [info@shcinc.org](mailto:info@shcinc.org)

**Website:** [www.somervillehomelesscoalition.org](http://www.somervillehomelesscoalition.org)

**Service Hours:** Monday through Friday, 9am to 5pm

**Languages:** English, Spanish

**Description:** The mission of the Somerville Homeless Coalition is to provide homeless and nearly homeless individuals and families with individualized supportive services and tailored housing solutions with the goal of obtaining and maintaining affordable housing.

**Services:** Emergency Assistance, Food Assistance, Homelessness Prevention, Outreach & Shelter, Housing Search Assistance, Supportive Housing

### **St. Francis House**

**Address:** 39 Boylston Street Boston, MA 02116

**Phone:** 617-542-4211 | Fax: 617-542-4705

**Email:** [info@stfrancishouse.org](mailto:info@stfrancishouse.org)

**Website:** <https://stfrancishouse.org/>

**Service Hours:** Hours vary depending on program. Call or visit website for details.

**Languages:** English, Spanish

**Description:** Since 1984, St. Francis House has offered basic care and services that make the difference between hope and despair, and often between life and death.

**Services** available at St. Francis House include:

- Art Therapy
- Basic Services – Meals, Daytime Shelter and resource center, Clothing, Showers and Toiletries
- Mail and ID services
- Behavioral Health - Clinical Case Management, Substance Use Services, and Medical Clinics
- Creative Innovations
- Housing - Next Step Housing, The Union at 48 Boylston
- Moving Ahead program & Next-Step program
- Carolyn Connors Women's Center
- Workforce development



# EMPLOYMENT

## Community Servings – Teaching Kitchen

**Address:** 179 Armory St. Jamaica Plain, MA 02130

**Phone:** 617-522-7777 | Fax: 617-657-1915

**Email:** [teachingkitchen@servings.org](mailto:teachingkitchen@servings.org)

**Service Hours:** Monday through Thursday, 9am-4pm (arrive no later than 8:45am each day). No formal classes are held on Fridays, but trainees are welcome to complete additional, voluntary culinary internship hours.

**Requirements & Restrictions:** Must be a citizen or be legally registered. Proficiency in English. High school diploma/GED/HiSET not required. CORI friendly; not SORI friendly.

**Waiting Time:** New classes starting every 6 to 7 weeks. Rolling admission process- apply anytime and have an acceptance decision within 1-2 weeks.

**Services:** The Teaching Kitchen offers a job training program that consists of a 12-week curriculum covering all factors of working in a professional kitchen. This includes food safety, nutrition, knife skills, quality food preparation, and SERVsafe certification. Trainees learn by completing daily hands-on classes with a chef instructor, as well as through participation in a culinary internship in the Community Servings kitchen, where over 3,000 meals are made from scratch each day. The program also includes job readiness classes, resume writing, mock interviews, digital and financial literacy, and one year of job placement and job retention support for all graduates.

## Community Work Services (CWS)

**Address:** 174 Portland Street #2 Boston, MA 02114

**Phone:** 617-720-2233 | Fax: 617-367-4759

**Website:** <https://cwsnewengland.org/>

**Service Hours:** Office and Program Hours, Monday through Friday, 8am to 4:00pm

**Requirements & Restrictions:** All of CWS services have specific eligibility requirements. Interested candidates are encouraged to attend an agency tour to learn more about the program and their requirements. Tours are held year-round, every Wednesday at 1pm. Reservations are not required.

**Languages:** English, Spanish

**Description:** Founded in 1877, CWS helps people who face barriers to work obtain employment and achieve greater self-sufficiency through innovative job training, placement, and support services.

### Services include the following programs –

- Education: The Career Design School - Total Facilities Management (offered at Boston Location), Warehouse and Fulfillment, Job Readiness Program, Hospitality, and At Your Service- Hotel Training (Certificate Program), Culinary Training Program, and Get Ready! (Offered at Boston Location).
- Economic Development - Food Service & Catering, Mailroom Operation Services and Packaging and Fulfillment Center
- Occupational Health - CWS has a long history of serving people with Intellectual and Developmental Disabilities (I/DD) & delivering innovative services designed to help them achieve their greatest potential
- Workforce Development – Work Readiness, Job Placement, Post-Placement, Case Management and Legal Assistance & Benefits Counseling

## **Dorchester Bay Economic Development Corporation**

**Address:** 594 Columbia Road Dorchester, MA 02125

**Phone** (General): 617-825-4200 | Phone (Referrals): 617-825-4200 x574 | Fax: 617-825-3522

**Website:** <https://www.dbedc.org/>

**Service Hours:** Please call for an appointment at 617-533-9575

**Requirements & Restrictions:** Clients do not need a CORI to access services.

**Description:** Dorchester Bay Economic Development Corporation runs a number of economic development programs, including a Reentry Program for returning citizens and the Workforce Development Program. These programs are available to Boston residents, and they offer individualized job pre-and-post job counseling and placement and job skill-building opportunities. Reentry Program Participants can start in the program while in prison and continue after release with case management or come through different avenues. Guidance is offered with educational and employment goals, weekly support groups, and assistance with personal needs such as probation officer relationships and family/community relationships.

**Services:** can include job readiness programs, resume writing help, and a GED preparedness course. Referrals are made on a case-by-case basis. Update: Currently remodeling their building and have a temporary location at 572 Columbia Road, Dorchester. It is best to call and contact them before coming to the office. Doing meetings on zoom, on the phone, and in-person.

## **House of Hope, Inc. – Learn2Work**

**Address:** 12 Merrimack St Lowell, MA 01854

**Phone:** 978-458-2870

**Email:** [info@houseofhopelowell.org](mailto:info@houseofhopelowell.org)

**Website:** <https://houseofhopelowell.org/>

**Description:** Understanding the need to empower homeless parents with essential employment skills, a positive employment experience, and an increased sense of self-worth to serve as the foundation for long-term employment stability, we developed the Learn2Work Program, which provides a supportive work environment that encourages participants to successfully support their family and make a difference in their community.

**Services:** The Learn2Work Program also provides “soft-skills training” (such as communication and interpersonal skills) and job-placement support to every intern. Interns gain job-skills in a supportive work environment (either retail or culinary) that empowers them to implement personal career plans and work through employment issues that are the basis for any employment success. The goal of the Learn2Work Program is to provide a supportive work environment that ignites the desire within each intern to successfully support their family and make a difference in their community.

- Interns discover that work is valuable, work allows them to give back to society, and it builds their self-esteem. We have learned that our internships can literally transform our intern’s relationship to work. The families who are living in our shelters will be the source of the 25-35 interns per year who will gain real world experience as they operate our retail store and prepare and serve our meals as they Learn2Work! (Learn2Work includes two initiatives: the Hope Chest Retail Program and a Culinary Skills Program.)

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## iCater Job Training Program at Pine Street Inn

**Address:** 444 Harrison Ave Boston, MA 02118

**Phone:** 617-892-7775

**Email:** [wfd@pinestreetinn.org](mailto:wfd@pinestreetinn.org)

**Website:** [www.pinestreetinn.org/programs/workforce-development](http://www.pinestreetinn.org/programs/workforce-development)

**Who to Contact:** Workforce Development Team

**Service Hours:** General inquiries: 9am-5pm, Monday through Friday. Actual training program hours vary, with trainees beginning the program at a part-time schedule and moving to a full-time schedule after eight weeks.

**Requirements & Restrictions:** This is a referral-based program; applications must be submitted by a case manager, clinician, or other provider. Applicants must be able to stand for long periods, bend, and lift up to 25 lbs. Additionally, applicants who have a history of SUD must have achieved at least 60 days of sobriety by the time of their enrollment. Because this program includes paid employment, applicants must submit proof of ID and work authorization to satisfy the I-9 form.

**Waiting Time:** They have an orientation every eight weeks.

**Languages:** Trainees must be able to use English proficiently in standard workplace situations as well as receive instructions and feedback from supervisors.

**Description:** Exciting opportunity to gain skills, earn income and join a supportive community. The Workforce Development department at Pine Street Inn runs two paid job training programs: iCater (food services) and iLaundry (housekeeping). The program orientation is every eight weeks, and the programs last between four and six months. This is a referral-based program—applicants can ask a case manager or clinician to help them apply. The program has Job Placement Specialists and a Stabilization Specialist to help you continue your employment journey even after the program ends.

## InnerCity Weightlifting (ICW)

**Address:** P.O. Box 171313 Boston, MA 02117

**Phone:** 617-714-4529

**Email:** [ralphc@innercityweightlifting.org](mailto:ralphc@innercityweightlifting.org)

**Website:** [www.innercityweightlifting.org](http://www.innercityweightlifting.org)

**Service Hours:** Monday through Thursday, 9am to 5pm, Friday, 9am to 2pm (Hours may vary)

**Requirements & Restrictions:** Prioritize individuals who have been referred by courts, jails/prisons, and organizations but is willing to help any individual who has been a victim/perpetrator of gun violence.

**Description:** ICW offers their students the opportunity to learn a valuable skillset, personal training, and this experience allows students to meet clients from opposite socio-economic backgrounds, build an invaluable network, all while making a stable living. ICW also offers a case management program where they give their students the opportunity to become ready for employment through resume workshops, mock interviews, housing assistance, and more.



## Just-A-Start Corporation

**Address:** 1035 Cambridge Street #12 Cambridge, MA 02141 | Other Locations: 1175 Cambridge St. Cambridge

**Phone (Main Office):** 617-494-0444 | **Phone:** (Cambridge Office) 617-242-1460 | **Fax:** 617-494-8348

**Email:** [contact@justastart.org](mailto:contact@justastart.org)

**Website:** [www.justastart.org](http://www.justastart.org)

**Requirements & Restrictions:** Bring your Social Security card, birth certificate and proof of address.

**Services:** Provides affordable housing, education, training, community engagement, and supportive services -

- *Cambridge Biomedical Careers Program* - Free 9-month training program (September–May) prepares participants for entry-level jobs in the biotechnology, life sciences, and medical research industries. Laboratory training is done in partnership with Bunker Hill Community College. After graduation, students receive follow up services for up to one year, until they are placed in relevant employment. Applications are accepted April through August. Eligibility requirements include: a GED or HS diploma, Massachusetts residency (primarily Cambridge, Boston, and Metro North), income eligibility, age 18+, and good reading and math skills. (Contact: 617-918-7520)
- *Information Technology Careers Program* - Free educational and career skills training program that prepares individuals for Computer User Support Specialist positions in any business environment. Module students are able to obtain stackable industry recognized credentials and certificates (i.e. CompTIA, CompTIA A+, etc.)
- *YouthBuild/Just-A-Start* - A comprehensive youth development program for 16- to 24-year-olds out of school that provides education leading to grade level increases and credential attainment (high school diploma or HiSET/GED); career exploration and employment skills building (with a construction/facilities maintenance and/or healthcare focus); and leadership and life skills training. Through their housing community service work experience, youth gain occupational skills leading to HBI PACT and OSHA certificates (industry recognized credentials), in addition to applied academic skills and leadership development. JAS YouthBuild also provides comprehensive guidance, counseling, case management, and support services. Youth who complete the program transition to employment, training, and/or college and receive intensive follow-up support for at least one year, with additional support beyond. (Contact: [youthbuild@justastart.org](mailto:youthbuild@justastart.org) or 617-918-7506)
- *Home Improvement Programs* - Provides assistance managing home improvement projects and helps homeowners, condominium associations, and landlords secure financing. JAS's Rehab specialists guide clients through the process, from application to completion. (Contact: 617-918-7514)
- *Homeowner Services* - AS offers an array of services to meet the ongoing needs of low- and moderate-income homeowners in Cambridge. Services include technical assistance with property maintenance and repair; advice for condominium association finances, management, and compliance; education and training courses; and leadership development for condominium associations. (Contact: 617-918-7514)
- *Real Estate Development Projects* - Just-A-Start (JAS) develops and owns affordable apartments that allow low- and moderate-income residents to live in Cambridge at rents within their means. JAS currently owns nearly 600 units and has partnered with Maloney Properties and Wingate to provide the portfolio with professional management. If you are interested in affordable rentals in Cambridge, please contact Maloney Properties and Wingate for more information.
- *Mediation/Conflict Resolution* - To avoid evictions and/or homelessness, Just-A-Start (JAS) professionals mediate and help resolve disputes between tenants, landlords/homeowners by creating a safe, neutral forum in which meaningful dialogue can occur. Mediation allows parties to understand each other's perspectives, explore options, and come up with a resolution that everyone feels comfortable moving forward with. For qualifying cases, JAS professionals also provide mediation to resolve consumer disputes referred through district courts or the Massachusetts Attorney General's Office. (Contact: 617-918-7518)

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## MassHire Boston Career Center

**Address:** 1010 Harrison Avenue Boston, MA 02119

**Phone:** 617-541-1400

**Email:** [contact@masshirebostoncareerctr.org](mailto:contact@masshirebostoncareerctr.org)

**Website:** [www.masshirebostoncareerctr.org](http://www.masshirebostoncareerctr.org)

**Service Hours:** (Office) Monday through Friday, 9:00 am to 5:00 pm. Program hours vary.

**Description:** MassHire Boston Career Center aims to provide state-of-the-art services that successfully connect business and job seekers of Greater Boston. MassHire offers job seeker resources, events, and workshops.

## New England Culinary Arts Training

**Address:** 23 Bradston Street 2nd Floor Boston, MA 02118

**Phone:** (617) 442-3600 | Fax: (617) 442-3619

**Email:** [info@ne-cat.org](mailto:info@ne-cat.org)

**Website:** <https://www.ne-cat.org/>

**Service Hours:** Monday through Friday: 9am-3pm

**Requirements & Restrictions:** NECAT's program is free of tuition cost and is designed for individuals who are: unemployed or underemployed (earning a low income); dedicated to working hard and securing a permanent job after the program; interested in a career in the hospitality or food services industries; able to commit to the 12-week program; at least 18 years old; legally able to work in Massachusetts; able to show proof of a high school diploma or GED / HiSet; and committed to staying in touch with NECAT for at least two years after the program

**Waiting Time:** Waiting time is about 1-5 weeks

**Description:** Culinary arts job training 12-week program includes technical training along with personal coaching and career readiness. Job placement assistance at the completion of the program. To learn more and to begin the application process, please attend one of the information sessions, held every Tuesday at 9:30am in person.

## Newmarket Business Improvement District

**Website:** <https://newmarketbid.org/programs/back2work/>

**Phone:** 617-445-3445

**Email:** [nba@newmarketboston.org](mailto:nba@newmarketboston.org)

**Services offered** by the Newmarket BID Association include:

- **Homeless Back2Work Program:** The BID offers work opportunities to individuals who are homeless or struggling with addiction in the area.
- **Recover Boston Addiction Initiative:** Launched in 2017, this program focuses on supporting addiction recovery and providing critical resources for individuals and communities affected by addiction.

## Project Place

**Address:** 1145 Washington Street Boston, MA 02118

**Phone:** 617-542-3740 x 434 | Fax: 617-542-3860 617-542-3860

**Email:** [info@projectplace.org](mailto:info@projectplace.org)

**Website:** <https://projectplace.org/>

**Who to Contact:** Beth Carter, Director of Re-Entry Services and Programs

**Service Hours:** Monday through Friday, 9am to 5pm

**Requirements & Restrictions:** All programs are Criminal Offender Record Information (CORI) friendly.

### **Project Place Information Continued**

**Description:** Project Place Re-entry Services and Programs provide a path to success and self-sufficiency individuals returning to the community after incarceration. Through a sense of belonging to the Project Place community that maintains high standards of accountability, participants can thrive as they pursue stabilization.

**Services:** Project Place Re-entry works with residents, residential facilities and agencies within Suffolk County and the surrounding communities. Project Place utilizes programs and curriculum developed specifically for individuals returning from incarceration and/or those who are system impacted.

#### *Employment, Job Training and Resource Services –*

- Career Services Department: Staff are practiced in overcoming the hurdles of CORI challenges and gaps in work history.
- Community Re-entry for Women (CREW): provides job readiness and life skills training to incarcerated women at the Suffolk County House of Correction.
- Stabilization Programing Around Recovery and Resiliency Coaching (SPARRC): is one of several entry points into Project Place and is essential for any people before they begin job training.
- Work Ready: WORK READY is a 4-week job-readiness training program focused on preparing clients for a successful job search. Clients attend a weekly computer class, learn to develop resumes, write cover letters, perform a focused job search, & prepare for the interview process. Upon program completion, clients will be assigned a case manager to assist with job search and provide ongoing support & resources.
- Further Credentialing: options include a 4-week customer service training with certification in customer service through the National Retail Federation Foundation. They also offer a 4-week practicum focused on daily guided job search with the goal of employment for clients who complete customer service credentialing. SERV Safe, an industry-recognized certification in food safety is offered regularly. OSHA training is offered on an occasional basis as well.

#### *Housing Services –*

- Project Place partners with various housing providers including Caritas and sober living communities.
- Rapid Rehousing: Betty's Place is a program that can accommodate up to 10 women at one time. Residents are provided with supports while making the transition from the emergency shelter system to independent living.
- Permanent affordable housing – Gatehouse: Residents must have income, lead a sober lifestyle, and qualify for disability (substance use disorder is considered a disability). Rental subsidies are available for all units, and residents should expect to pay one third of their income towards rent. Call 617-542-3740.

### **STRIVE – Boston Employment Services, Inc.**

**Address:** 651 Washington Street Dorchester, MA 02124

**Phone:** 617-825-1800

**Email:** [epowell@jri.org](mailto:epowell@jri.org)

**Website:** <https://jri.org/services/community/strive>

**Service Hours:** Monday through Friday: 9am - 5pm

**Requirements & Restrictions:** Valid U.S ID, documents establishing employment eligibility & must speak English

**Services:** STRIVE Boston is a Workforce Readiness program that provides virtual training services. STRIVE Boston helps people with barriers to employment realize their potential to find and keep jobs that promise sustainable livelihoods and personal growth. Please note that the bulk of their services are now being offered virtually. In-person services are provided by appointment at the JRI Health site, 75R Amory Street in Boston.

- The START program (adults 25+) is a four-week virtual training program where participants meet virtually for 1.5 hours each day. The job search phase follows the four-week training.
- STRIVE Future Leaders program (youth ages 18-24) starts with their Future Leaders Workshop, a two-week training in which participants learn soft skills, participate in goal-setting and mentoring sessions, and benefit from an online platform administered by Penn Foster that enables youth to get industry-recognized certifications in three areas: Retail, Construction and Culinary art.

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## Urban League of Eastern Massachusetts Inc.

**Address:** 88 Warren Street Roxbury, MA 02119

**Phone:** 617-442-4519 | Fax: 617-442-0562

**Email:** [wmfwatkins@gmail.com](mailto:wmfwatkins@gmail.com) | **Contact:** William Watkins, Executive Director of Workforce Development

**Website:** [www.ulem.org](http://www.ulem.org)

**Requirements & Restrictions:** Must be 18 years or older with valid ID and GED or High School Equivalency

### Services offered include:

- *Customer Service & Leadership Training (CSLT)* – prepares participants for work through classroom learning and meaningful service activities. It is designed for people who are currently unemployed, have limited work experience, and want to be job ready. Stipend eligible program.
- *Computer Literacy & Internet Knowledge* – designed to help students succeed in an online learning environment.
- *Employment Resource Center (ERC)* – provides resources to individuals that are looking to upscale their business or skills. Members can access to computers, internet, printer, and copy machine.
- *MSIMBO Urban League Coding Academy* – MSIMBO meaning “code” in Swahili, is the Urban League of Eastern MA (ULEM) Coding Boot Camp Training program. The Program is a 20-week full stack training for adults looking to become a computer programmer. Stipend eligible program. Section 30 approved.
- *The Domestic and Sexual Violence Project for the Urban League of Eastern MA* – This project is an education and action program designed specifically for Boston’s inner-city communities, to train service providers and clergy in culturally specific domestic and sexual violence intervention and prevention strategies. The project provides referrals and education to victims and survivors of domestic and sexual violence looking for support.
- *DigiUL: Urban League Digital Marketing Lab* – A full-time 16-week program designed to teach all the fundamentals of graphic design, branding, marketing. This is a stipend eligible program. Section 30 approved.

## YMCA Training, Inc.

**Address:** 100 Franklin Street Lower-Level Boston, MA 02110

**Phone:** 617-542-1800

**Email:** [rhowell@ymcaboston.org](mailto:rhowell@ymcaboston.org)

**Description:** YMCA Training, Inc. provides job skills training and employment assistance in close collaboration with the business community. Their program is an intensive 20-week, full-time (600 hours) computerized office skills training and employment program. Designed to replicate the expectations of a professional office environment, the training prepares participants with both the technical and job readiness skills to succeed. Opportunities for specialization include: Business and administrative support, medical office and health insurance, high school diploma or HiSET (GED).

## Youth Options Unlimited (YOU) Boston

**Address:** 7 Palmer Street 2nd floor Roxbury, MA 02119

**Phone:** 617-541-2600 | Fax: 617-541-2660

**Website:** [www.youboston.org](http://www.youboston.org)

**Service Hours:** Monday through Friday, 9am to 5pm typically, however flexible

**Languages:** English, Spanish, Haitian Creole, Cape Verdean Creole

**Description:** YOU Boston is a workforce development organization that works with young people who are court-involved or gang-affiliated, reentering the community from incarceration, or seeking refuge from poverty or violence.

**Services include:** Career Pathways, Case Management/Workshops, Operation Exit & Special Initiatives, Transitional Employment, Summer Youth Employment

# FAITH-BASED ORGANIZATIONS

## **Berea Seventh Day Adventist**

**Address:** 108 Seaver Street Dorchester, MA 02121

**Phone:** 617-427-2201

**Email:** [bereasdabostonpastor@gmail.com](mailto:bereasdabostonpastor@gmail.com)

**Website:** [www.bereaboston.org](http://www.bereaboston.org)

**Service Hours:** Office hours are Monday through Friday, 9am to 1pm

**Requirements & Restrictions:** Bring photo ID for food pantry, as well as bags for food.

**Description:** Church Food Pantry - They believe that food should not be a privilege but a basic human right and no one should ever go hungry. The pantry is open on the 1st and 3rd Thursday of each month from 8am – 11am. However, if you have an immediate need for food please call.

## **Bethel Baptist Church**

**Address:** 18 Saint James Street Roxbury, MA 02119

**Phone:** 617-445-0584 | Fax: 617-445-0052

**Email:** [bethelbaptistroxbury@gmail.com](mailto:bethelbaptistroxbury@gmail.com) | **Contact:** Rev. Franklin Murray, Sr. - Pastor

**Website:** [www.bethelbaptistchurchroxbury.com](http://www.bethelbaptistchurchroxbury.com)

**Service Hours:** Their church door is open Monday-Friday 8am-4:15pm. Worship services: Sunday at 7:30am and 11am  
Sunday School & New Member's Class: 9:30am.

**Additional programs, activities, groups -**

- Bible study: Wednesday at 5:30pm and 6:30pm
- Prayer Service: Wednesday at 7:30pm
- Free Meal and Food Pantry: Call for days, times and eligibility requirements.

## **Cathedral Church of St. Paul – MANNA Community**

**Address:** 138 Tremont Street Boston, MA 02111

**Phone:** 617-482-5800

**Email:** [cathedral@diomass.org](mailto:cathedral@diomass.org)

**Website:** <https://www.stpaulboston.org>

**Service Hours:** Mondays, 11:30am - 12:45pm

**Description:** The Monday Lunch program has been serving a freshly cooked hot lunch for anyone who desires it every week for thirty years. MANNA volunteers now join their long-standing partner parishes to welcome the broader homeless community every Monday at 11:30 a.m.

**Services:** Lunch is served every Monday from 11:30 a.m. – 12:45 p.m. (Sproat Hall). The Cathedral offers additional services, including weekly masses, a micro-library, meditation groups, and more. See the website for more information.

## **Catholic Charities Archdiocese of Boston**

**Address:** 275 West Broadway Boston, MA 02127

**Phone:** 617-464-8500 Fax: 617- 451-0337

**Email:** [info@ccab.org](mailto:info@ccab.org)

**Website:** [www.ccab.org](http://www.ccab.org)



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### **Catholic Charities Archdiocese of Boston Information Continued**

**Description:** Catholic Charities operates a number of community service centers in eastern Massachusetts. The centers provide a wide variety of support services including some basic needs emergency assistance, education and training programs, transitional housing for families, child care, and family counseling, and support.

**Services include:**

- Basic Needs
- Child Care
- Counseling
- Community Interpreter Services
- Education
- Elder Services
- Family Support
- Nurse Assistant Training
- Post Adoption & Search
- Refugee Services
- Shelter Services
- Sunset Point Camp
- Teen Center at St. Peter's.

**Catholic Charities Program Locations:**

Catholic Charities Refugee and Immigration Services - 275 West Broadway, South Boston (617-464-8100)

Catholic Charities North - 117 North Common Street, Lynn (781-593-2312)

Catholic Charities South - 169 Court Street, Brockton (508-587-0815)

Catholic Charities Yawkey Center - 185 Columbia Road, Dorchester (617-506-6600)

Merrimack Valley Catholic Charities - 70 Lawrence Street, Lowell (978-452-1421)

**Catholic Charities Child Care Locations:**

Yawkey Child Care Center - 185 Columbia Road, Dorchester (617-506-6600)

Nazareth Child Care Center - 19 St. Joseph Street, Jamaica Plain 617-522-4040

Lynn Child Care Center - 37 North Federal Street, Lynn 781-598-5547 ext. 230

Malden Early Education and Learning Program - 77 Salem Street, Malden 781-397-6055

Peabody Child Care Center - 13 Pulaski Street, Peabody 978-532-6860

Labouré Child Care Center - 275 West Broadway, South Boston 617-464-8500

Home Based Family Child Care - 6 Pleasant Street, Suite 220 Malden, MA 781-605-3330

### **Centro Comunitário Vida Nova**

**Address:** 320 Boston Ave Medford, MA 02155

**Email:** [ccnewlife20@gmail.com](mailto:ccnewlife20@gmail.com)

**Other Locations:** 29 Montvale Ave Woburn, MA 01801

**Phone:** 781-901-9170 | **Contact:** Claudineia Araujo

**Service Hours:** Saturdays 9am to 12pm

**Requirements & Restrictions:** Masks required, and please bring bags.

**Languages:** Portuguese, English

**Description:** IBVN Church runs a community center that provides clothes, shoes, toys, books, furniture, and domestic utilities to those in need. The community center is run primarily by Portuguese speakers. English speakers also be available.

### **Common Cathedral (Ecclesia Ministries, Inc.)**

**Address:** 15 Newbury Street Boston, MA 02116

**Phone:** 617-247-4927

**Email:** [sierra@commoncathedral.org](mailto:sierra@commoncathedral.org)

**Website:** <http://commoncathedral.org>

#### **Services offered at Common Cathedral:**

- *Sunday Worship* – Located at Brewer Foundation on the Boston Common Every Sunday at 1pm
- *Common Art* – Provides space, materials, and caring support staff to support unhoused and low-income individuals as they develop their artistic abilities; breakfast and lunch are served Located at Emmanuel Church Parish Hall, 15 Newbury Street, Boston Every Wednesday 10am-2pm
- *Boston Warm* – Day warming center at Emmanuel Church Parish Hall, 15 Newbury St. Mondays and Fridays 8am-1pm)
- *CityReach* – Overnight urban outreach program

### **First Church in Cambridge**

**Address:** 11 Garden Street Cambridge, MA 02138

**Phone:** 617-547-2724

**Email:** [info@firstchurchcambridge.org](mailto:info@firstchurchcambridge.org)

**Website:** [www.firstchurchcambridge.org](http://www.firstchurchcambridge.org)

**Requirements & Restrictions:** Shelter: 18+; must be drug and alcohol-free; not able to admit guests who are experiencing an acute psychiatric emergency; no registered sex offenders.

#### **Services offered at First Church:**

- *The First Church Shelter* - Their 14-bed men's shelter operates 365 days a year and makes a long-term investment in individuals, including a full spectrum of support services to assist in residents' specific needs as they seek stable housing. The Shelter opens at 6:00 every evening, and guests depart by 7:00 in the morning. In March 2020, however, the Shelter rapidly transitioned to become a daytime as well as a nighttime refuge for guests. (Hours: Open 24 hours a day, 7 days a week. Contact: Jim Stewart, [jstewart@firstchurchshelter.org](mailto:jstewart@firstchurchshelter.org) or 617- 661-1873)
- *The Friday Café* – a weekly daytime drop-in program, offers a space where homeless and housed adults can gather and get to know each other (Hours: Fridays, 12- 3pm. Contact: Rev. Kate Layzer, [kate@thefriday.cafe](mailto:kate@thefriday.cafe) or 617-851-5074)

### **Greater Love Tabernacle, Inc.**

**Address:** 101 Nightingale Street Dorchester, MA 02124

**Phone:** 617-740-9480 | Fax: 617-740-9484

**Email:** [greaterlovetab@aol.com](mailto:greaterlovetab@aol.com)

**Website:** [www.grltabernacle.org](http://www.grltabernacle.org)

**Service Hours:** Office hours are Tuesday-Friday: 9:30am - 5:00pm; Sunday: 1pm-2pm

#### **Services offered include:**

- GLT Prison Prevention Ministry – Under the leadership of Reverend Emanuel Hutcherson, the Future Hope Apprenticeship Program looks to assist with job opportunities in the construction trade, along with life skills, education, and job readiness training for a sustainable FUTURE. The program is committed to providing professional guidance and supportive resources to underserved neighborhoods.
- HIV/AIDS Ministry – Their mission is to increase HIV & AIDS awareness in the Christian community while empowering them to serve people infected and affected by HIV/AIDS. As an outreach ministry, they are particularly interested in reaching those with little knowledge about the disease to better assist in prevention and treatment. Please reach out by calling GLT HIV/AIDS Service Helpline at (617) 740-9480.

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## Holy Resurrection Orthodox Church

**Address:** 62 Harvard Ave Allston, MA 02134

**Phone:** 617-787-7625

**Website:** <https://hroc-boston.org/ourchurch/ministries.html#opendoor>

**Service Hours:** Open Door Dinner – Mondays 6 to 7pm

**Services:** Open Door Soup Kitchen & St. Bridget's Food Pantry – their mission is to help feed the hungry. They have been serving warm, nutritious, homemade meals every Monday evening for over 30 years! Guests are served a full, restaurant-style meal. They serve Allston, Brighton, and neighboring communities. St. Bridget's pantry also supplies grocery bags of food to their guests. They give out approximately 65 to 75 bags each Monday, each grocery bag is meant to supply at least a couple of good, protein-rich meals.

## Massachusetts Ave. Baptist Church: Project MANNA

**Address:** 146 Hampshire Street Cambridge, MA 02139

**Phone:** 617-868-4853

**Email:** [info@massavebaptistchurch.com](mailto:info@massavebaptistchurch.com)

**Website:** [www.massavebaptistchurch.com/project-manna](http://www.massavebaptistchurch.com/project-manna)

**Service Hours:** Mondays only 1:30pm - 2:30pm

**Description:** Project Manna is the Massachusetts Avenue Baptist Church's outreach to the displaced and the community. Under the direction of Rev. Brenda A. Brown, Executive Director, nutritional assistance is provided to enhance the quality of life and decrease the incidence of hunger for low-income families and individuals.

**Services:** The meals program includes an onsite community dinner that is held on both Thanksgiving and Christmas. With the help of generous donors gifts are also provided on Christmas that includes toiletry baskets, warm clothing and blankets, as well as winter coats. Project Manna also operates a food pantry to provide assistance, aimed at increasing the nutritional competency of needy families in our community. Once per month outreach to the community includes the Epic Program, a food pantry that feeds an average of 100 families.

## Paulist Center

**Address:** 5 Park Street Boston, MA 02108

**Phone:** 617-742-4460 | Fax: 617-720-5756

**Email:** [rich@paulistcenter.org](mailto:rich@paulistcenter.org)

**Website:** [www.paulistcenter.org/get-involved/social-justice](http://www.paulistcenter.org/get-involved/social-justice)

**Requirements & Restrictions:** Photo ID with a Boston-vicinity area address. One visit for one grocery bag a month is the operating guideline.

### Services include:

- The Wednesday Night Supper Club - Free hot meals served every Wednesday at 6pm.
- Emergency Food Pantry Open every non-holiday Tuesday afternoon, 1:30pm-3pm, for those with an immediate, critical need for food. If there are 5 Tuesdays in a month, the food pantry is closed on the 5th Tuesday. The food pantry is located on the first floor, two doors down from the reception area. One visit for one grocery bag a month is the operating guideline.

## Pilgrim Church

**Address:** 540 Columbia Road Dorchester, MA 02125

**Phone:** 617-282-0456

**Email:** [pastor@pilgrimchurch1862.org](mailto:pastor@pilgrimchurch1862.org)

**Website:** [www.pilgrimchurch1862.org](http://www.pilgrimchurch1862.org)

**Languages:** English, ASL

### Services offered by Pilgrim include:

- Free community lunch every Saturday from 12 p.m. – 1:30 p.m.
- Food Pantry every Wednesday from 10 a.m. – 2 p.m. (or until food boxes run out). Please bring documentation of name and address and your own bags or carriage (four bags are needed). Numbers for getting food are distributed starting at 7:00 a.m.
- Bible Study: Wednesdays at 1:00 p.m.
- On Saturdays, Pilgrim church distributes food on Boston Common (by Brewer fountain) to those who need a free lunch (8:30 a.m. – 9:30 a.m.)
- Thrift Shop - Open Tuesdays-Fridays 2:00 p.m. – 6:00 p.m. Open Saturdays by chance (617-807-0540)
- Flea Market - Saturdays in the parking lot 7:00 a.m. – 3:00 p.m.

## Saint Cecilia Parish

**Address:** 18 Belvidere St. Boston, MA 02115

**Phone:** 617-536-4548 | Fax: 617-536-1781

**Email:** [info@stceciliaboston.org](mailto:info@stceciliaboston.org)

**Website:** [www.stceciliaboston.org](http://www.stceciliaboston.org)

**Description:** A Catholic parish where all are welcome.

**Services:** Mass times: Sat: 5:00 p.m. Sun: 8:00 a.m. | 9:30 a.m. | 11:30 a.m. | 6:00 p.m.

- The 9:30 a.m. Mass is also live-streamed and can be viewed on their website
- Weekday Mass: Wednesday, Thursday, & Friday 8:00 a.m.

## Straight Ahead Ministries

**Address:** 88 Tremont St, 5th Floor Boston, MA 02108

**Phone:** 617-697-1749 | **Contact:** Ivy Sweeting

**Email:** [isweeting@straightahead.org](mailto:isweeting@straightahead.org)

**Website:** [www.straightahead.org/reentryprograms](http://www.straightahead.org/reentryprograms)

**Description:** Reentry services for young men and women transitioning out of DYS or adult prisons or jails back into Boston.



# FAMILIES

## 365Dad Inc.

**Address:** 1 Westinghouse Plaza Suite A101 Hyde Park, MA 02136

**Phone:** 617-238-7105

**Email:** [mneal@365dad.net](mailto:mneal@365dad.net) | Contact: Marv Neal

**Website:** [www.365dad.net](http://www.365dad.net)

**Service Hours:** Monday - Friday, 8am to 6pm

**Description:** 365DAD's mission is to connect, equip and transform men with positive parenting practices to build better families through education, support, and services.

**Services:** Group & meeting facilitation, Program trainings, Outing coordination, Professional development for other providers, Consultations and Service referrals.

## Fathers' Uplift Inc.

**Address:** 12 Southern Avenue Dorchester, MA 02124-2012

**Phone:** 617-708-0870 | Fax: 617-516-8274

**Email:** [info@fathersuplift.org](mailto:info@fathersuplift.org)

**Website:** [www.fathersuplift.org](http://www.fathersuplift.org)

**Service Hours:** Mon: 9am-7:30pm Tues: 9am-5pm Wed: 9am-7:30pm Thurs. & Friday: 9am-5pm, Sat: appt. only

**Languages:** French, Haitian Creole, Spanish, English

**Description:** Fathers' UpLift works to assist fathers in overcoming barriers that prevent them from remaining engaged in their children's lives. We engage in a three-tiered approach to our mission, focusing first on impacting individuals, then on building families, and finally on enabling societies and communities to better serve and support fathers and families beyond our doors.

**Services:** These three tiers of impact are upheld by four pillars of programs outlined below –

Clinical Support program: Clinical therapy services for men and families to help them navigate challenges related to parenting and expressing their feelings.

- Therapeutic Coaching services: Personal mentorship/guidance and holistic assistance with stressors such as employment, homelessness, custody challenges, and more. Involved in our Therapeutic Coaching services is our Fathers' Homecoming Program in which Fathers' UpLift meets with men up to 6-months prior to reentry to build a plan of care. Upon release, we provide a "Bag for Dad" and transportation to their current place of residence.
- Youth Services: Supporting fatherless youth with programming to address the root cause of fatherlessness and stop cycles of father absenteeism.
- Male Engagement Institute: Trainings, curriculum, and internships provided with the goal of guiding mental health agencies, government agencies, and schools of social work on how to best serve and support fathers and families.
- Central to Fathers' Uplift's mission is a priority placed on making mental health accessible and familiar for historically marginalized and low-income communities. We believe that therapy and coaching services are most effective when staff share cultures, backgrounds, and experiences with the population they're serving.



### **The Home for Little Wanderers**

**Address:** 10 Guest Street Boston, MA 02135

**Phone:** 617-267-3700

**Website:** [www.thehome.org](http://www.thehome.org)

**Description:** The Home for Little Wanderers helps build stable lives and hopeful futures for children who are abused, neglected or at-risk. The Home for Little Wanderers ensures their emotional, social, educational and physical well-being from birth to age 26 through a dedicated team of professionals and a wide range of critical services.

**Services:** Foster Care & Adoption, Behavioral Health & Clinical Services, Residential Care, Special Education Schools, Young Adult Programs, Wediko Program.

### **John F. Kennedy Family Services Center**

**Address:** 15 Tufts Street 3rd Floor Charlestown, MA 02129

**Phone:** (617) 241-8866

**Website:** [www.kennedycenter.org/](http://www.kennedycenter.org/)

**Languages:** English, Spanish, Chinese

**Description:** The Kennedy Center develops and operates high quality programs that serve a wide range of ages and needs to residents of Charlestown and the greater Boston community.

#### **Services provided:**

- *Eldercare Services:* Daily social activities; Monthly educational speakers; Monthly health screenings and health education presentations; Case management services; Translation & interpretation services in Spanish, English, and Chinese; Pickup and delivery of prescriptions medications for isolated and home bound elders; Medical Escorts for medical appointments; Trips to local shopping malls and recreational events are provided; Cooking and healthy eating classes; Heating fuel assistance application processing; Emergency support service referrals; Health screening/services and health services referrals; Weekly senior exercise programs; Access to a computer lab and computer training.
- *Education Services:* Preschool Programs; Toddler Childcare/Early Head Start; After-school Program; Parent Handbooks.
- *Community Services:* Information and referrals to education and job training programs; Positive parenting classes and food shopping on a budget; Healthy cooking classes and food shopping on a budget; Classes in budget preparation and financial literacy training; Assistance in accessing all forms of local, State, Federal, and corporate low-income support services such as fuel assistance, food stamps (SNAP), housing vouchers, WIC, Summer Works jobs, and low cost internet and computers, etc.; Emergency support services for those that are: in need of food, clothing, shelter, transportation services to critical appointments; information about and/or referral to organizations that provide services for individuals/families dealing with issues of domestic violence, substance use disorder, and/or mental health concerns; Information and referrals for basic health screening services for children and adults; Annual Holiday Gift Drive that provides seasonal gifts for over 500 children from low income families (For Charlestown families only); Annual Community Potluck Luncheon.

### **Margaret Fuller Neighborhood House**

**Address:** 71 Cherry Street Cambridge, MA 02139

**Phone:** 617-547-4681

**Email:** [info@margaretfullerhouse.org](mailto:info@margaretfullerhouse.org)

**Website:** [www.margaretfullerhouse.org](http://www.margaretfullerhouse.org)

**Service Hours:** Depends on program, check website.

**Languages:** English with translation software assistance if needed.

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### **Margaret Fuller Neighborhood House Information Continued**

**Description:** The Margaret Fuller Neighborhood House provides integrated services to individuals and families to empower them to overcome challenges, reach their potential and achieve their goals.

**Services:** They fulfill this mission by providing the following programming –

- *Youth Services* - Educational Programs; After-School Program; Full Day Program; For more information, Contact Megan Ryan: [mryan@margaretfullerhouse.org](mailto:mryan@margaretfullerhouse.org)
- *Food Services* - Emergency Food Pantry; Thanksgiving Turkey Drive; For more information, Contact Grace McDonald: [gmcDonald@margaretfullerhouse.org](mailto:gmcDonald@margaretfullerhouse.org)
- *Community Advancement* (case management services) - Financial Assistance. For more information, Contact Guerlancia “Gigi” Laurent or Jamie Rodrigues: [glaurent@margaretfullerhouse.org](mailto:glaurent@margaretfullerhouse.org); [jrodrigues@margaretfullerhouse.org](mailto:jrodrigues@margaretfullerhouse.org)

### **Massachusetts Society for the Prevention of Cruelty to Children (MSPCC)**

**Address:** 125 Hartwell Avenue Lexington, MA 02421

**Phone:** 781-861-0890

**Website:** [www.mspcc.org](http://www.mspcc.org)

**Description:** MSPCC is a private, non-profit society dedicated to leadership in protecting and promoting the rights and well-being of children and families.

**Services:** Pregnancy and Parenting Support; Child & Family Counseling; Foster Care & Adoption and Advocacy.

### **Parenting Journey**

**Address:** 366 Somerville Avenue Somerville, MA 02143

**Phone:** 617-628-8815

**Website:** <https://parentingjourney.org/>

**Other Locations:** New York Office 225 W. 35th Street, Suite 301 New York, NY 10001 // (212) 430-5909

**Languages:** English, Portuguese, and Spanish

**Description:** In a Parenting Journey program, a small group of parents and caregivers meet for 2 hours a week for 12 or 14 weeks. The program includes activities, discussions, a family-style meal, and complimentary childcare.

**Services:** Parenting Journey Programs – Parenting Journey I; Parenting Journey for Fathers; Parenting Journey in Recovery; Parenting in America; Parenting Journey II

**Program Features -**

- **Nutritious Meals** – Start each session with a family-style meal while connecting with others.
- **Childcare** – Onsite childcare is provided during each session.
- **Group Participation** – Each session will include group activities and discussion.
- **Supportive Facilitation** – In its non-judgmental program model, facilitators are trained professionals who engage fully, as equals. They strive to create an atmosphere that promotes open and honest discussion.
- Please note that there are currently no groups scheduled on site at Parenting Journey offices; if you go to our website, you can send an email - or call us - and we will provide you with resources to find a Parenting Journey group near you in the Massachusetts area.

## Parents Helping Parents of Massachusetts

**Address:** 108 Water St. Watertown, MA 02742

**Phone:** 617-926-5008 24/7 | Hotline: 1-800-632-8188

**Email:** [info@parentshelpingparents.org](mailto:info@parentshelpingparents.org)

**Website:** [www.parentshelpingparents.org/](http://www.parentshelpingparents.org/)

**Waiting Time:** Hotline: 2 minutes; Groups: none

**Languages:** Translation services available for Parental Stress Line calls.

**Description:** Parents Helping Parents (PHP) prevention philosophy is grounded in a self-help model based on the belief that parents are capable of developing their own solutions when given the space, encouragement, and community resource they need. Thus, it is the parents themselves who decide the direction a conversation will take during a Parent Support Group meeting or Parent Stress Line.

**Services include:** Before attending a group, please contact Stephanie: [stephanie@parentshelpingparents.org](mailto:stephanie@parentshelpingparents.org)

- 24/7 Parent Stress Line - 1-800-632-8188 (all languages available)

- Prison & Jail Programs

- Recovery Programs

- In-Person Support Groups and Virtual Support Groups -

- Parenting Group for Parents working with Department of Children and Family Services I & II (DCF)
- Parenting Teenagers Support Group
- Lunch and Learn Online Parenting Group
- Online Support Group for Parents with Teens with Special Needs
- Single Parents Support Group
- Meetup Monday Parenting Connection & Monday Men's Support Group
- Informal Social Parenting Group

## Project Hope

**Address:** 550 Dudley Street Boston, MA 02119

**Phone:** 617-442-1880

**Email:** [info@prohope.org](mailto:info@prohope.org)

**Website:** [www.prohope.org](http://www.prohope.org)

**Service Hours:** Monday through Friday, 9am to 5pm

**Languages:** Spanish, Haitian Creole, Cape Verdean Creole

**Description:** Project Hope is a multi-service agency at the forefront of efforts to move families out of poverty. They provide low-income women with children access to education, jobs, housing, and emergency services.

### Services:

- *Housing Services* – Project Hope partners with several community and city agencies, Boston Public Schools, and healthcare providers to identify and provide housing services to children and families experiencing housing instability. For specific questions, please email Project Hope's Housing team at [housing\\_email@prohope.org](mailto:housing_email@prohope.org) or call at 617-442-1880 x242
- *Academic Education and ESOL* – Contact Jalela Howard at 617-442-1880 x254 or email [jhoward@prohope.org](mailto:jhoward@prohope.org)
- *Workforce Development* – Tracks to Employment (Three-week job training program); Administrative Jobs in Healthcare; DTA Works – Healthcare Administrative Support Training Program
- *Project Hope Family Child Care* – For General Questions, Contact Jalela Howard at 617-442-1880 x245 or [jhoward@prohope.org](mailto:jhoward@prohope.org) or complete the interest form on our website.

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## Roxbury Youthworks, Inc.

**Address:** 841 Parker Street Suites 104-106 Roxbury Crossing, MA 02120

**Phone:** 617-427-8095

**Email:** [malvarado@roxburyyouthworks.org](mailto:malvarado@roxburyyouthworks.org)

**Website:** [www.roxburyyouthworks.org](http://www.roxburyyouthworks.org)

**Languages:** RYI's staff is multi-cultural and multi-lingual reflecting the culture and language of the youth and families they serve.

**Description:** Roxbury Youthworks, Inc.'s mission is to help youth caught in cycles of poverty, victimization and violence transition successfully into adulthood.

### Services:

- *District Offices (DOs)* – RYI has 4 programs across 7 sites in Metro Boston that include: The Community Service Network which supports youth committed to the Department of Youth Services (DYS) as they transition from secure treatment facilities back to their home or an alternative placement. The RYI and DYS casework team are co-located in 4 District Offices in Dorchester, Roxbury, Roslindale, and Chelsea. They work with youths until they “age out” of DYS or end their voluntary services, assisting them to complete their education, gain employment, receive behavioral/mental health and other services.
- *Gaining Independence for Tomorrow (GIFT)* – provides prevention, intervention, support, stabilization and therapeutic services to young girls who are current victims, former victims, or at high risk of becoming victims of Commercial Sexual Exploitation (CSE). Through intensive individual mentoring, weekly psychosocial support groups, enrichment activities and leadership opportunities, their Life Coaches aid the girls in their recovery from exploitation and/or work to prevent them from entering an exploitative relationship.
- *Being United In Leading our Destiny (BUILD)* – Applies the successful model developed at GIFT, but exclusively serves cisgender males, transgender and gender-nonconforming youth who are victims of Commercial Sexual Exploitation and/or sexual assault or are at high risk of becoming victims. What makes GIFT and BUILD different from other programs serving this population is that they are open seven days a week.
- *Dimock Street Lead Agency* – Through RYI's Dimock Street Lead Agency in Roxbury they work with the Department of Children and Families (DCF) to facilitate and monitor all contracted youth and family support and stabilization services so that children are not removed from their family or are reunited in a safe and timely manner.

## Salvation Army Family Thrift Stores, Boston Ray & Joan Kroc Corps Community Center, and The Salvation Army South End Corps

**Address:** 1500 Washington Street Boston, MA 02118-2015

**Website:** <https://easternusa.salvationarmy.org/boston-kroc/>

**Description:** Experience all that the Salvation Army Boston Kroc has to offer. Enjoy access to classes and state-of-the-art equipment where you can focus on your fitness goals. Or explore how our arts, science and education, youth leadership, ministry, culinary arts, and other programs are helping our communities grow stronger. The Boston Kroc offers something for everyone. The Salvation Army South End Corps serves over 3,400 individuals annually through their emergency assistance programs including: Emergency Utilities Assistance/Good Neighbor Energy Fund; Emergency Furniture Assistance; Emergency Clothing Assistance; Emergency Rent/Mortgage Assistance; Food Pantry Assistance; Energy Efficiency Funds Assistance; and Christmas Assistance.



# FOOD

## **American Red Cross: Boston Food Pantry**

**Address:** 1033 Massachusetts Avenue Boston, MA 02118

**Email:** [MABostonfoodpantry@redcross.org](mailto:MABostonfoodpantry@redcross.org)

**Website:** [www.redcross.org/local/massachusetts/food-nutrition](http://www.redcross.org/local/massachusetts/food-nutrition)

**Service Hours:** Wednesday & Saturday 9am to 11am (Entrance door is on Proctor Street)

**Description:** The Boston Food Pantry is operated by the American Red Cross of Massachusetts. They provide food and nutrition resources to individuals and families at our pantry, through mobile distribution programs and a Commodity Supplemental Food Program (CSFP). Their Food Recycling program diverts food waste from landfills transporting it to local farms where recycled into compost.

**Services:** Staff and volunteers provide nutrition education and help clients apply for Supplemental Nutrition Assistance Program (SNAP) benefits. Through their mobile distribution programs (the Boston Public Schools, Grove Hall Alliance Initiative, East Boston Neighborhood Health Center and Head Start Initiatives – they provided healthy food and nutrition resources to varying food insecure populations throughout our community.

## **Arlington Street Church Friday Night Supper**

**Address:** 351 Boylston Street Boston, MA 02116

**Phone:** 617-221-6402

**Email:** [contact@fridaynightsupper.org](mailto:contact@fridaynightsupper.org)

**Website:** [www.fridaynightsupper.org](http://www.fridaynightsupper.org)

**Service Hours:** Every Friday between the hours of 5:00pm-7:00pm. Guests can begin to line up in the public alley off Arlington Street at 4:30pm

**Requirements & Restrictions:** No registration or sign-up is required; no questions are asked.

**Description:** The mission of the Friday Night Supper Program is to serve a hot nutritious meal in a safe and dignified environment every Friday to anyone who wants one. Each guest is served a nutritious three-course meal consisting of soup, dinner, and dessert at their table by their courteous volunteer serves. They also provide clothing, shoes, toiletries, and other essential items to their guests following meal service. Twice per month, Friday Night Supper Program provides essentials to its guest through a request and need-based system.

### **Services also include:**

- *Clothing Closet* – On the second and fourth Friday of the month, from 5:00pm to 6:00pm, guests can put in their request for clothing at the table near the piano. The clothing closet opens up at 6:30pm.
- *Resource Cards* – the FNSP has a series of “People Cards” that provide information on free resources in Boston. They have one for Food and Shelter resources, Health care resources, and useful resources (employment/education services, legal assistance, etc.).

## **Brighton Allston Congregational Church: Food Pantry**

**Address:** 404 Washington Street Brighton, MA 02135

**Phone:** 617-254-4046

**Email:** [office@brightonallstonucc.org](mailto:office@brightonallstonucc.org)

**Website:** <http://abfoodpantry.com/>



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## **Brighton Allston Congregational Church: Food Pantry Information Continued**

### **Services include:**

- *Thrift Shop* (Saturdays 10:00a.m. – 1:00p.p.m.) – includes children’s clothes, books, kitchen items, and more.
- *Food Pantry* – provides nourishing food at no cost to members of the Allston-Brighton community.
- *Food baskets* – 2nd & 4th Saturdays, 10am – 1pm (food baskets contain a 3-to-4-day food supply for one household). In order to qualify for the Food Basket program you must provide: Picture ID; Proof of income eligibility (welfare card, Mass Health card, disability papers or unemployment papers), or a referral from a social worker, clergy member, hospital staff, Food Source hotline, etc. and proof of address. If you meet all of these requirements, arrive at the Allston-Brighton Food Pantry (404 Washington St, Brighton) between 10am and 1pm to receive your food basket
- *Community Supper* – Wednesdays, 6pm

## **Brookline Food Pantry**

**Address:** 210 Harvard St. United Parish: Wednesdays 2pm - 5pm

- 226 High Street Brookline, Ma 02445 Tuesday: 3pm – 7pm
- 55A Egmont Street, Brookline 02446 Thursday: 3pm – 7pm Saturday: 10am – 1pm

**Phone:** 617-800-5339

**Email:** [brooklinefoodpantry@gmail.com](mailto:brooklinefoodpantry@gmail.com)

**Website:** <https://brooklinefoodpantry.org>

### **Services:**

- *Food Pantry* – Brookline residents permitted to shop at one of their pantry locations once a week. Must have a valid ID and meet financial and food insecurity guidelines such as (but not limited to) receiving services from: Mass Health (Medicaid), Commonwealth Care; SNAP (Formerly Food Stamp Program); Department of Transitional Assistance (Child Services); EAEDC (Emergency Aid to Elders, Disabled and Children); RAFT (Residence Assistance for Families in Transition); Unemployment Benefits; SSI (Supplemental Security Income); TAFDC (Transitional Aid to Families with Dependent Children); Veterans’ Assistance; TANF (Temporary Assistance for Needy Families); and WIC (Women, Infants & Children up to age 5 at nutritional risk). Clients may also qualify if they are: Recently unemployed; have experienced a loss of past services such as Meals on Wheels, Springwell, etc; and/or are referred. If you are unsure of whether you qualify, please call Elizabeth Boen, Director, at 617-800-5339
- *Emergency Food Delivery Assistance* – Must live in Brookline. Must be disabled or high risk due to age, immune-compromised, or other related medical conditions or have a referral from local social service agencies (not required). To see if you qualify for home delivery services, please call them at 617-800-5339.

## **East End House: Emergency Food Program**

**Address:** 105 Spring Street Cambridge, MA 02141

**Phone:** 617-876-4444 | Fax: 617-868-3616

**Email:** [alexa@eastendhouse.org](mailto:alexa@eastendhouse.org)

**Website:** <https://eastendhouse.org/programs-and-services/emergency-food-program/>

**Service Hours:** (Admin) Monday-Friday: 8:00am - 6:00pm.

(Pantry Hours) Tuesday: 1:00 PM - 2:00 PM Friday: 1:00 PM - 2:00 PM

**Requirements & Restrictions:** They serve individuals and families in need in the Cambridge and Greater Boston area with no residency restrictions. On your first visit, you will be required to fill out an intake form. Bring ID and a form of income verification. Acceptable forms of verification include pay stubs, Medicare/Mass Health card, a DTA/EBT card, a referral, a benefit statement, or any other document that proves your income status.

**Description:** The Food Pantry provides individuals and families in need with fresh fruits and vegetables, canned and dry goods, meats, and dairy products. Community members are welcome to come to the pantry two times per month.

### **Faith Lutheran Church: Faith Kitchen Faith Lutheran Church**

**Address:** 311 Broadway Cambridge, MA 02139

**Phone:** 617-945-4395

**Email:** [info@faithcambridge.org](mailto:info@faithcambridge.org)

**Website:** [www.faithkitchen.org](http://www.faithkitchen.org)

**Service Hours:** Second and last Tuesdays each month, 6:30pm.

**Services:** In partnership with Temple Beth Shalom, Faith Lutheran Church warm and nutritious serves to-go meals at 6:30 p.m. on the second and last Tuesdays of each month in the parking lot at 311 Broadway. You don't have to sign up ahead of time. Just come! There are often seconds, which they begin giving away at 7:00 pm.

### **Food Not Bombs**

**Address:** Our current location is James P. Cronin Park, at the intersection of Franklin St. and Western Ave.

**Email:** [fnbboston@gmail.com](mailto:fnbboston@gmail.com)

**Website:** [www.bostonfoodnotbombs.com](http://www.bostonfoodnotbombs.com)

**Service Hours:** Food is served from 1:00 to 3:00 pm

**Requirements & Restrictions:** Because the meal is served outside, they do not limit the number of people there, and you can join without signing up.

**Services:** The Boston chapter of Food Not Bombs serves a free and healthy vegan meal every week. Run solely by volunteers, at Food Not Bombs you'll find no bosses or leaders, they serve one meal weekly year-round and rarely if ever, miss a meal. They also sometimes serve at special events and protests. Everyone is encouraged to come eat, volunteer, and share ideas. All are welcome at their table.

### **Foodsource Hotline – Project Bread**

**Address:** 145 Border Street East Boston, MA 02128

**Phone (Hotline):** 1-800-645-8333 | TTY: 1-800-377-1292

**Email:** [info@projectbread.org](mailto:info@projectbread.org)

**Website:** [www.projectbread.org/get-help/foodsource-hotline.html](http://www.projectbread.org/get-help/foodsource-hotline.html)

**Service Hours:** Monday through Friday: 8am to 7pm; Saturday: 10am to 2pm

**Requirements & Restrictions:** Service available by telephone only. Available to all Massachusetts residents. Having a criminal record and/or being homeless does NOT disqualify anyone from being eligible for Food Stamps.

**Languages:** The Hotline has links to 180 languages – specify desired language when calling.

**Description:** Project Bread toll-free FoodSource Hotline is the only comprehensive statewide information and referral service in Massachusetts for people facing hunger.

**Services:** Project Bread's toll-free FoodSource Hotline provides –

- Information on and referrals to emergency food pantries and meal programs
- Info. about SNAP/food stamps including screening for eligibility and questions from current recipients
- Over the phone SNAP application assistance and follow-up
- Information about free and reduced-price school and summer meal programs for children
- Information on the Special Supplemental Nutrition Program for Women, Infants and Children (WIC)

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## Freedom Hill Community Church – Food Pantry

**Address:** 77 Kennedy Dr. Malden, MA 02148

**Phone:** (781) 321-2121

**Website:** [freedomhillcommunitychurch.org/food-pantry](http://freedomhillcommunitychurch.org/food-pantry)

**Service Hours:** Tuesday evenings from 6:30pm - 8:00pm

**Description:** Their Food Pantry serves hundreds of people each year, providing food for anyone in need. Guests receive a nutritious supply of groceries to help them get by. Guests should park in the lot and remain in their cars. Please do not enter the building. Pantry staff will bring groceries out to their guests. If you walk or take public transportation to the pantry, please remain outside the door and staff will assist you there.

## Haley House

**Address:** 23 Dartmouth St, Boston, MA 02116

**Phone:** 617-236-8132

**Email:** [bduffy@haleyhouse.org](mailto:bduffy@haleyhouse.org)

**Website:** <https://haleyhouse.org/>

**Description:** Haley House uses food with purpose and the power of community to break down barriers between people, empower individuals, and strengthen neighborhoods.

## Harvard Square Churches Meal Program

**Address:** 0 Garden Street c/o Christ Church Cambridge, MA 02138

**Phone:** 617-966-6217 | Phone: 857-529-9461

**Email:** [hscmpinc@gmail.com](mailto:hscmpinc@gmail.com)

**Website:** [harvardsquaremeals.org](http://harvardsquaremeals.org)

**Who to Contact:** Judith Siemen, co-director & Laurie Howell, co-director

**Service Hours:** Doors open at 5:00pm with the meal served, restaurant-style at 5:30pm

**Description:** The Harvard Square Churches Meal Program hosts an evening meal every Thursday night at Christ Church, Cambridge. A Marketplace accompanies the meal composed of canned goods, fresh fruits and vegetables, bread, toiletries.

### Services:

*Food & Meals - All guests are welcome*

- Breakfast: Tue-Fri: 8:00am-9:30am, doors open at 6:15am for coffee/snacks. Thurs: Tickets distributed at 7am, bags distributed at 10am for Elder Meals (Men's clothing offered Tuesday's during breakfast)
- Lunch: Sun: 2:00-3:00pm Food Pantry

*Urban Farming -*

- Through urban farming at Haley House, we grow accessible, affordable, colorful, nutrient-dense, flavorful, beautiful food. We currently steward two plots of land: the McKinley School Garden, and the Thornton Street Farm and focus on creating positive, healing, empowering and rich relationships between the people and the land.

*Housing -*

- Contains 110 units of permanent, affordable housing scattered throughout the South End neighborhood. 24 units are reserved for formerly homeless individuals who stay an average of 8.2 years. The remaining units are reserved for low-income families.

*Education & Training -*

- Take Back the Kitchen (TBK)
- Life Foundations Training (LiFT) Reentry Program

### Harvest on Vine by St. Mary-St. Catherine of Siena Parish

**Address:** 46 Winthrop St Charlestown, MA 02129

**Phone:** 617-990-7314

**Email:** [tmacdonald@stmarystcatherine.org](mailto:tmacdonald@stmarystcatherine.org)

**Website:** <https://stmarystcatherine.org/harvest-on-vine/>

**Service Hours:** Food distribution occurs on the 2nd Saturday at 10am, and last Tuesday of each month at 2pm.

**Description:** Harvest on Vine offers a variety of items each distribution. The families they serve receive a week's worth of food, twice a month. Must show proof of residence.

### Loaves and Fishes Meal Program

**Address:** 35 Magazine St. Cambridge, MA 02139

**Email:** [kyungjoong.kim@firstkoreanchurch.org](mailto:kyungjoong.kim@firstkoreanchurch.org)

**Website:** [www.firstkoreanchurch.org/Home/Ministry#mealProgram](http://www.firstkoreanchurch.org/Home/Ministry#mealProgram)

**Languages:** Website and service is in Korean; English speakers may be available.

**Description:** This is a food service and relief project led by the Korean Church of Cambridge. Food preparation is made through the cooperation of nonprofit organizations including Greater Boston Foodbank, donations from nearby stores, and the church's charitable donations. For the past 35 years, the Loaves and Fishes wheat program has consistently served 80 to 160 people every Saturday afternoon, serving as a place where people can enjoy warm food with dignity. You can find up-to-date information on their Facebook page.

### St. James Helping Hands Food Pantry

**Address:** 364 Rindge Avenue Cambridge, MA 02140

**Email:** [office@stjamescambridge.org](mailto:office@stjamescambridge.org)

**Website:** [www.stjamescambridge.org/ministries-1](http://www.stjamescambridge.org/ministries-1)

**Service Hours:** 9:30am to 12:30pm on the second Saturday of each month

**Languages:** Spanish

**Description:** Helping Hand Food Pantry operates on the second Saturday of each month from 9:30am-12:30pm at the Fresh Pond Apartments, 364 Rindge Avenue, offering a wide variety of fresh, frozen, and packaged grocery items to those in need of them. Donations of unexpired canned and packaged food goods and cleaning supplies (e.g., hand sanitizer) can be dropped off at their location. Drop-off hours are on the second Friday of each month from 10am-12pm and the second Saturday of each month from 7:30-9:30am.

### Weekend Emergency Food Pantry – Church of the Covenant

**Address:** 67 Newbury Street Church of the Covenant Boston, MA 02116

**Phone:** 617-266-7480

**Email:** [info@cotcbos.org](mailto:info@cotcbos.org)

**Website:** [www.cotcbos.org/social-justice.html](http://www.cotcbos.org/social-justice.html)

**Service Hours:** Saturday & Sunday, 10am to 12pm

**Requirements & Restrictions:** People seeking assistance should bring photo ID. Visits limited to once per month.

**Services:** The Weekend Emergency Food Pantry program provides free groceries and other necessities to Boston residents in urgent need. The pantry is located at the Church of Covenant on the corner of Berkeley and Newbury Streets in Boston's Back Bay and the food pantry entry is down the alley off of Berkeley Street.



# HOTLINES

**Alcoholics Anonymous** – 617-426-9444

**Asian Task Force Against Domestic Violence** – 617-338-2355

**Boston Area Rape Crisis Center (BARCC)** – 800-841-8371

**Casa Myrna** – 877-785-2020

**Eastern Regional Legal Intake (ERLI)** – 617-603-1700

**Foodsource Hotline, Project Bread** – 800-645-8333

**Gamblers Anonymous** – 855-222-5542

**Massachusetts Access to Recovery (ATR)** – 800-327-5050

**Massachusetts Child Abuse Emergency Line** – 800-792-5200

**Massachusetts Substance Use Helpline** – 800-327-5050

**National Domestic Violence Hotline** – 800-799-7233

**National Sexual Assault Hotline** – 800-656-4673

**National Suicide Prevention Lifeline** – 988

**New England Region of Narcotics Anonymous** – 866-624-3578

**Parents Helping Parents of Massachusetts** – 800-632-8188

**Rape Crisis Hotline, Pathways for Change** – 800-870-5905

**REACH Beyond Domestic Violence** – 800-899-4000

**RESPOND, Inc.** – 617-623-5900

**SafeLink** – 877-785-2020

**Samaritans** – 877-870-4673

**Social Security: Benefits After Incarceration** – 800-772-1213

**Stop It Now! Helpline** – 888-773-8368

**The Network - La Red** – 800-832-1901

**United Way's 211 Helpline** – 211

**VA Coaching Into Care Support Line** – 888-823-7458





# HOUSING

## Brooke House

**Address:** 107 Park Dr Boston, MA 02115

**Phone:** (617) 867-0300 | Fax: (617) 867-0344

**Email:** [crj@crj.org](mailto:crj@crj.org)

**Website:** [www.crj.org/divisions/social-justice-services/programs](http://www.crj.org/divisions/social-justice-services/programs)

**Requirements & Restrictions:** Men referred by the county sheriffs' departments, the Massachusetts Department of Correction, the Massachusetts Parole Board, or the Massachusetts Probation service.

**Description:** Brooke House is a 65-bed Community based Residential Reentry Program for male returning citizens. Residents receive evidence-based case management and in-house clinical services that emphasize successful reentry.

## Harvard Square Homeless Shelter

**Address:** 1640 Washington Street Boston, MA 02118 (Basement of University Lutheran Church in Harvard Square)

**Phone:** 617-544-7073

**Email:** (if you are interested in a bed) [hshs.waitlist@gmail.com](mailto:hshs.waitlist@gmail.com) (for general inquiries) [hshs.info@pbha.org](mailto:hshs.info@pbha.org)

**Website:** <https://hshshelter.org/>

**Description:** Harvard Square Homeless Shelter (HSHS) is a dry shelter open from October 15 until April 15. HSHS works to provide guests with shelter, food, security, and a supportive environment of mutual respect. HSHS serves 18 guests per night. Lotteries for beds occur on Mondays, Wednesdays, and Fridays as beds become available. [To enter the waitlist, fill out the lottery form online](#) or in-person at the door of the shelter. The waitlist is refreshed on the first of every month, (folks must re-enter the waitlist each month). Winning lottery numbers will be posted on the door and will be available over the phone the morning of each lottery. Clients who win a bed may stay for the entire season. (See website for further details).

## Hearth

**Address:** 1640 Washington Street Boston, MA 02118

**Phone:** (Intake/Resident Placement) 617-369-1578

**Email:** [info@hearth-home.org](mailto:info@hearth-home.org)

**Website:** [www.hearth-home.org](http://www.hearth-home.org)

**Service Hours:** Monday through Friday: 9am to 5pm

**Requirements & Restrictions:** Low-income seniors aged 55 and up | **Waiting Time:** 1 to 3 weeks

**Languages:** English, Spanish

**Description:** Hearth is a non-profit organization dedicated to the elimination of homelessness among the elderly. Currently, Hearth, Inc. operates 228 units of permanent supportive housing located in seven different buildings throughout the Greater Boston area including:

- Anna Bissonnette House – Forty units of permanent supportive housing in the heart of the South End
- Elsie Frank House – Congregate housing for nine elderly women in peaceful Jamaica Plain
- Hearth at Burroughs Street – Congregate housing for fourteen formerly homeless seniors near beautiful Jamaica Pond
- Hearth at Olmsted Green – Fifty-units of permanent supportive housing near Franklin Park in Dorchester
- Ruggles Assisted Living – 100% affordable assisted living with 43 studio apartments near Dudley Square
- Ruth Cowin House – Nine studio apartments in Brookline
- Hearth at Four Corners – 54 units of supportive, affordable housing for older adults

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## HomeStart, Inc.

**Address:** 105 Chauncy Street Suite 502 Boston, MA 02111

**Phone:** 617-542-0338 | **Fax:** 617-542-1454 | **Eviction Prevention Hotline:** 1-857-415-2900

**Website:** [www.homestart.org](http://www.homestart.org)

**Service Hours:** Monday to Friday, 9am - 12pm, 1pm - 4:45pm Walk-in Hours, Call or check website beforehand.

**Languages:** English and Spanish

**Description:** HomeStart aims to end homelessness in Greater Boston by assisting individuals in obtaining housing and settling into the community, and by developing strategies to prevent homelessness before it starts.

**Services offered by HomeStart include:** Prevention, Housing Search, House Stabilization – HomeStart, and Housing First  
**House of Hope, Inc. – Lowell**

**Address:** 12 Merrimack St Lowell, MA 01854

**Phone:** 978-458-2870

**Email:** [info@houseofhopelowell.org](mailto:info@houseofhopelowell.org)

**Website:** <https://houseofhopelowell.org/>

**Description:** House of Hope is dedicated to assisting homeless families in Massachusetts. We provide services to families referred to us by the Department of Housing and Community Development. If you are a family or individual experiencing homelessness or are at imminent risk of homelessness, you can contact us directly to gain access to resources and referrals:

- Massachusetts Department of Housing and Community Development, Division of Housing Stabilization.
- To apply for shelter services, please call (866) 584-0653 and speak with a Homeless Coordinator.

## HousingWorks

**Address:** P.O. Box 231104 Boston, MA 02123-1104

**Email:** [support@housingworks.net](mailto:support@housingworks.net)

**Website:** <https://www.housingworks.net/>

**Requirements & Restrictions:** Online resources only; not available by phone or email. HousingWorks does not work with individuals or families; instead, they work with their case managers and advocates.

**Description:** HousingWorks is a resource for Housing Advocates and Landlords to search and apply to all subsidized and affordable housing in New England. HousingWorks lists all the ex-offender housing resources they can locate. People seeking low-income housing should watch the video (from the website link above). The video is recommended because it teaches you what you need to know \*before\* you search – and also helps you do the search at the same time. By the time you have finished the video, you will have also finished your housing search.

## Massachusetts Department of Housing and Community Development (DHCD)

**Address:** 100 Cambridge St., Suite 300 Boston, MA 02114

**Phone:** 617-573-1100 | **TTY:** 617-573-1140

**Website:** [www.mass.gov/orgs/housing-and-community-development](http://www.mass.gov/orgs/housing-and-community-development)

**Service Hours:** Office hours vary depending on program. DHCD General Office Hours: M - F 8:45am to 5pm

**Requirements & Restrictions:** Income restrictions apply.

**Description:** The Department of Housing and Community Development, through its community and business partners, provides affordable housing options, financial assistance, and other support to Massachusetts communities. Visit their website for an extensive list of DHCD programs.

## McGrath House

**Address:** 699 Massachusetts Ave Boston, MA 02118

**Phone:** (857) 317-6191 | Fax: (857) 350-4401

**Email:** [crj@crj.org](mailto:crj@crj.org)

**Website:** [www.crj.org/divisions/social-justice-services/programs/](http://www.crj.org/divisions/social-justice-services/programs/)

**Requirements & Restrictions:** Women referred by county sheriff's departments, the Massachusetts Department of Correction, the Massachusetts Parole Board, or the Massachusetts Probation Service. These referrers must prepare a referral packet which will be reviewed based on availability and allocation.

**Description:** McGrath House is a 33-bed Community-based Residential Reentry Program for female returning citizens. Residents receive gender-specific evidence-based case management and in-house clinical services that emphasize successful reentry.

## Nuestra Comunidad Development Corporation

**Address:** 56 Warren St Suite 200 Roxbury, MA 02119

**Phone:** (617) 427-3599

**Email:** [info@nuestracdc.org](mailto:info@nuestracdc.org)

**Website:** [www.nuestracdc.org](http://www.nuestracdc.org)

**Description:** Nuestra Comunidad is devoted to building the wealth and enhancing the physical, economic, and social well-being of Roxbury and other underserved populations in greater Boston through a community-driven process that promotes self-sufficiency and neighborhood revitalization.

### Services:

- Classes – First-time homebuyer classes and Credit ready classes
- Programs - Foreclosure prevention, Your financial future, Resident Services, Community engagement, Business and entrepreneurship, Asset management and Housing resource services



# LEGAL

## American Civil Liberties Union of Massachusetts (ACLU)

**Address:** 211 Congress Street Boston, MA 02110

**Phone:** 617-482-3170

**Email:** [info@aclum.org](mailto:info@aclum.org)

**Website:** <https://www.aclum.org/>

**Other Locations:** Western Massachusetts Legal Office 39 Main Street Northampton, MA 01060

**Description:** For nearly 100 years, the American Civil Liberties Union has worked every day in the courts, in the legislature, and in communities to defend and preserve the individual rights and liberties guaranteed by the Constitution, Bill Rights, and laws of the United States. **Issues of focus:** Criminal Law Reform, Economic Justice, Free Speech and Expression, Freedom of Religion and Belief, Government Transparency, Immigrants' Rights, LGBTQ Rights, Police Accountability, Privacy and Surveillance, Racial Justice, Reproductive Freedom, Voting Rights and Women's Rights. For prisoner-specific information, visit: [www.aclu.org/prisoners-rights](http://www.aclu.org/prisoners-rights). For information, contact: Bill Newman, Director, Legal Office (413) 586-9115. Immigration Protection Project of Western Massachusetts. For information, contact: (413) 727-8515

## Cambridge and Somerville Legal Services

**Address:** 60 Gore Street Suite 203 Cambridge, MA 02141

**Phone:** 617-603-2700

**Website:** [www.gbbs.org/our-work/cambridge-somerville-legal-services](http://www.gbbs.org/our-work/cambridge-somerville-legal-services)

**Requirements & Restrictions:** Residency in Cambridge, Somerville, Arlington, Belmont, Woburn, or Winchester. Residency in Cambridge and Somerville for elders. Income limitations may apply.

**Waiting Time:** Varies by complexity of complaint and staff availability.

**Languages:** Spanish speaking staff available; language line access and interpreters available for other languages.

**Description:** For over 40 years, Cambridge and Somerville Legal Services (CASLS) has provided free legal assistance to low-income families and individuals residing in Cambridge, Somerville, Arlington, Belmont, Woburn, and Winchester. CASLS helps clients in their service area to gain access to some of the most basic necessities of life.

**Services include:** Affordable housing, Emergency assistance shelter for homeless families, State public benefits including cash assistance (TAFDC, EAEDC), Federal public benefits including SSI, SSDI and food stamps, Childcare vouchers and related non-cash benefits, MassHealth and other medical assistance programs

## CORI & Re-entry Project: Greater Boston Legal Services

**Address:** Roxbury Court (2nd floor) 85 Warren Street Roxbury, MA 02119

**Phone:** 617-603-1797

**Email:** [cori@gbbs.org](mailto:cori@gbbs.org)

**Website:** [www.gbbs.org/our-work/cori-and-re-entry-project](http://www.gbbs.org/our-work/cori-and-re-entry-project)

**Requirements & Restrictions:** Services are limited to low-income people with income less than 250% of federal poverty guidelines, but elders (age 50 or over) or people on Medicare are eligible regardless of income. Some of their pro bono volunteer attorneys also may represent clients who are not significantly above the poverty guidelines, and they make referrals to bar association pro bono and reduced-fee panels.

**Languages:** Interpreters are available for non-English speakers by phone if not in person at the courthouse.



### **CORI & Re-entry Project: Greater Boston Legal Services Information Continued**

**Description:** Greater Boston Legal Services helps people with CORI (Criminal Offender Record Information) who are shut out of the economy, rejected for housing, and denied other opportunities because of their criminal records. The Project focuses on Roxbury, Dorchester and Mattapan due to very high rates of unemployment and extreme poverty in these parts of Boston. The project represents individual clients and engages in systemic law reform advocacy. Cases accepted include:

- Free CORI reports for low-income people
- Legal help sealing or expunging records and representation of clients at criminal record sealing hearings
- Appeal of denials of criminal record and juvenile sealing petitions
- Fixing mistakes on CORI reports and problems with juvenile court youthful offender records listed on adult CORI reports in violation of the law
- Denial of the right to seal all of one's Boston Municipal Court (BMC) cases from all divisions of the BMC in a single division of the court under BMC Standing Order 1-09
- Cases where a judge ordered sealing or expungement, but the Commissioner of Probation will not seal or expunge the CORI as ordered
- Violations of the BAN the BOX law where a job application asked about criminal records
- People denied or may be denied a professional license (driving for Uber or other transportation companies, trade licenses, etc.) because of CORI where: (1) an application asks about arrests and/or non-convictions; or (2) an application does not warn people not to list sealed records
- Rejections for housing, training or education programs, jobs or other things based on CORI

### **De Novo: Center for Justice and Healing**

**Address:** 47 Thorndike Street Suite SB-LL-1 Cambridge, MA 02141

**Phone:** 617-661-1010

**Website:** [www.denovo.org](http://www.denovo.org)

**Service Hours:** To request legal assistance, contact their Intake and Referral Line at (617) 661-1010 from 9:00 am to 5:00 pm, Monday through Friday

**Description:** De Novo provides free civil legal assistance and affordable psychological counseling to low-income people. Their services combat the effects of poverty and violence by helping clients and their children meet basic human needs for safety, income, health and housing. De Novo provides high-quality, free civil legal assistance to low-income people living in Greater Boston, and to immigrants and refugees statewide. They offer legal assistance in the areas of housing and homelessness prevention, family law/domestic violence, immigrant and refugee rights, and disability benefits. De Novo offers free legal services to victims of crime regardless of their income. They also provide counseling services such as, individual psychotherapy, couples counseling, and group psychotherapy.

### **Eastern Regional Legal Intake (ERLI)**

**Address:** 7 Winthrop Square 2nd Floor Boston, MA 02110

**Phone:** 617-603-1700

**Website:** <https://vlpnet.org/get-help/>

**Service Hours:** Monday, Wednesday, Friday: 9am - 12pm Tuesday & Thursday: 12:30pm - 3:30pm

**Requirements & Restrictions:** To qualify for services, clients must: Live in their service area. Have incomes under 125% or 200% of the federal poverty guidelines. Have civil legal issues that meet VLP's priorities and be a US Citizen or Legal Permanent Resident (green card holder) or have another status acceptable under the LSC rules.

**Waiting Time:** When you call ERLI, you may need to wait to speak to a Legal Advocate.

**Languages:** English, Spanish, Haitian Creole, Mandarin, Portuguese



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### **Eastern Regional Legal Intake (ERLI) Information Continued**

**Description:** ERLI is a project of the Volunteer Lawyers Project and provides a free legal intake line for low-income individuals seeking legal intake, information, advice and referrals. ERLI handles intake for Greater Boston Legal Services, the Volunteer Lawyers Project, and limited intake for Metro West Legal Services. ERLI's service areas include those provided by the Volunteer Lawyers Project, Metro West Legal Services, and Greater Boston Legal Services. Callers must provide essential information about themselves such as contact information, household size and income, amount of financial assets, and immigration status in order to be screened for legal services. Callers who are not eligible for direct representation with an Eastern Region legal services program are provided legal information and/or referrals. ERLI screens and refers potential clients to Greater Boston Legal Services. VLP refers people they can't assist to organizations that may be able to help.

**VLP Service Areas:** Acton, Arlington, Ashland, Bedford, Bellingham, Belmont, Boston, Braintree, Brookline, Cambridge, Canton, Carlisle, Chelsea, Cohasset, Concord, Dedham, Dover, Everett, Foxborough, Framingham, Franklin, Hingham, Holbrook, Holliston, Hopkinton, Hudson, Hull, Lexington, Lincoln, Malden, Marlborough, Maynard, Medfield, Medford, Medway, Melrose, Millis, Milton, Natick, Needham, Newton, Norfolk, Norwell, Norwood, Plainville, Quincy, Randolph, Revere, Scituate, Sharon, Sherborn, Somerville, Stoneham, Stow, Sudbury, Wakefield, Walpole, Waltham, Watertown, Wayland, Wellesley, Weston, Westwood, Weymouth, Winchester, Winthrop, Woburn, Wrentham.

### **Greater Boston Legal Services (GBLS)**

**Address:** 197 Friend Street Boston, MA 02114

**Phone:** 617-371-1234 | Toll-free: 800-323-3205 | Fax: 617-371-1222

**Website:** [www.gbbs.org](http://www.gbbs.org)

**Service Hours:** Monday - Friday: 9:00am - 5:00pm. People who have not yet done intake should call during the following times if it is not an emergency. Intake hours for non-emergency problems are Monday, Wednesday, and Friday 9:00am-12:30pm or Tuesday, Thursday 12:30-3:30pm.

**Requirements & Restrictions:** Agency serves residents of Boston and 31 surrounding cities and towns. Complete listing of geographic areas served is on web site. Income limitations (usually restricted to persons with incomes less than 125% of federal poverty guidelines) are applicable. GBLS does not handle criminal cases.

**Languages:** Interpreters are available for non-English speakers.

**Services:** Provides free legal representation and legal advice to low-income individuals and families in civil cases. GBLS also engages in systemic litigation, class actions, and legislative advocacy on behalf of its clients. Major areas related to CORI and low-income people trying to transition to the workforce include –

- CORI & Re-entry Project – GBLS is a statewide leader on legal issues related to CORI and the only legal services program focused on legal representation of clients in court on CORI issues and legal advice on criminal record sealing, expungement, appeals of denials of CORI sealing petitions, juvenile record sealing problems, professional licensing problems, CORI barriers and discrimination related to jobs and other opportunities, including EEOC or other CORI law violations; and CORI systemic initiatives related to implementation of CORI laws or new legislation.
- Employment Unit – Appeal Unemployment Insurance (UI) denials; fight wage theft; access paid family & medical leave; sick leave; apply for U & T visas & deferred action for immigrant survivors of workplace crimes and labor trafficking.
- Health & Disability Issues – Medicare and MassHealth advocacy; help for people who have been denied SSI/SSDI; advocate for children with disabilities and mental health needs; protect nursing home residents.
- Housing Unit – Prevent unfair evictions and loss of housing subsidies; preserve affordable housing for low-income tenants; help families access Emergency Assistance (EA) shelter.

### **Greater Boston Legal Services (GBLS) Information Continued**

#### **Other areas of legal practice include:**

- Asian Outreach Project: Provide legal assistance, resources, and advocacy on behalf of Asian immigrants and community groups for immigration issues, workers' rights, benefits, and housing displacement.
- Children's Disability Project: Provides representation to children with disabilities wrongfully denied Supplemental Security Income (SSI) benefits.
- Consumer Rights Unit: Help people who have money trouble, including credit card and other debt, foreclosures, bankruptcies, and having money unfairly taken from their paycheck.
- Elder Law issues: Help elders access health care and life-saving medical treatments; help elders who live in income-based housing stay in their homes.
- Family Law: Provides representation in divorce, restraining order and family law court matters for victims of domestic violence and sexual assault to address safety issues and family and economic stability.
- Immigration Unit: Seek humanitarian immigration relief for asylum seekers, victims of crime, survivors of domestic violence, unaccompanied children, and other immigrants seeking protection.
- People Applying for Government Benefits: Ensure access to Department of Transitional Assistance (DTA) TAFDC and EAEDC cash benefits and SNAP food benefits, and childcare benefits.
- Survivors of Domestic Violence: Help survivors of domestic violence to escape abusive relationships and start new lives with their children.
- Welfare Unit: Resolve tax issues including problems with tax credits and other refunds, audits, tax-related ID theft, inability to pay taxes owed, tax debts arising from an abusive spouse, worker misclassification, help with IRS/DOR notices, getting Individual Taxpayer Identification Numbers (ITIN), and represent in Tax Court.

### **Health Law Advocates**

**Address:** One Federal Street 5th Floor Boston, MA 02110

**Phone:** 617-338-5241 | Toll-free: 855-218-2519 | **Contact:** Intake Paralegal

**Website:** [www.healthlawadvocates.org](http://www.healthlawadvocates.org)

**Requirements & Restrictions:** Resident of Massachusetts. Income eligibility under 2021 Federal Poverty Level (FPL) guidelines. Visit <https://www.healthlawadvocates.org/get-legal-help/intake-procedure> for more information

**Description:** Health Law Advocate (HLA) provides high-quality, free legal assistance to income-eligible Massachusetts residents having difficulty accessing health care or health insurance coverage. HLA also provides legal assistance to consumers with unaffordable medical debt. HLA represents individuals and litigates class-actions and impact cases.

#### **Services: HLA specializes in -**

- Challenging denials of health insurance enrollment (commercial and public insurance)
- Fighting denials of coverage for specific health care services (commercial and public insurance)
- Protecting patients from illegal medical billing and collection practices
- Obtaining access to health care through state agencies and school systems, especially for children

### **Lawyers Clearinghouse**

**Address:** 7 Winthrop Square 2nd floor Boston, MA 02110

**Phone:** 617-544-3434 ext. 110

**Email:** [sthekkeparayil@lawyersclearinghouse.org](mailto:sthekkeparayil@lawyersclearinghouse.org) | **Contact:** Legal Clinic Manager

**Website:** <https://lawyersclearinghouse.org/>

**Requirements & Restrictions:** In order to qualify, clients must be homeless, using shelter services, or otherwise income eligible for free legal services.

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### **Lawyers Clearinghouse Continued**

**Description:** The Lawyers Clearinghouse serves both Massachusetts nonprofits and homeless individuals. They match nonprofits with pro bono lawyers, host legal workshops for nonprofits, and operate a bi-monthly legal clinic for the homeless. Due to public health and safety concerns surrounding the current coronavirus outbreak, the Legal Clinic is now operating remotely. They still want to serve clients in need of civil legal assistance. Please contact Clinic Manager Sean Thekkeparayil to discuss your civil legal matters.

### **Legal Services Center CORI Sealing Initiative**

**Address:** 122 Boylston Street Jamaica Plain, MA 02130 (free parking, access from the Stony Brook stop on the Orange Line)

**Phone:** 617-522-3003 | Intake line: 617-390-2524

**Email:** [safetynetproject@law.harvard.edu](mailto:safetynetproject@law.harvard.edu)

**Website:** [www.legalservicescenter.org/get-legal-help/safety-net-project/lsc-cori-sealing-initiative](http://www.legalservicescenter.org/get-legal-help/safety-net-project/lsc-cori-sealing-initiative)

**Requirements & Restrictions:** Anyone in need of CORI sealing assistance or advice is welcome to participate. Cost Services are free. If you have income, we may ask you to reimburse the \$25 fee charged by Probation to access your CORI. If you receive food stamps, cash assistance, MassHealth, or another form of assistance from another public benefit program, the \$25 fee is waived. While every effort is made to provide current and accurate information for the agency descriptions and hours of operation, it is recommended to call the agency to verify the information before visiting.

**Description:** Through LSC's CORI workshops, clients can receive free assistance in understanding their options to seal their criminal records and help with sealing (including going back to court as needed). LSC also does community workshops – please be in touch if you want to host a CORI workshop with your organization. Also, please see the self-help videos for instructions on requesting and sealing your CORI virtually. How to participate: Call the Safety Net Project intake line at 617-390-2524 or email [safetynetproject@law.harvard.edu](mailto:safetynetproject@law.harvard.edu). For most of the year, you will receive a call back within a few days (LSC follows an academic calendar and so return calls may be slightly delayed in January, May, August and December). After speaking with you, we will help you determine next steps and provide you with the forms and assistance you will need in order to go through the record-sealing process.

### **Massachusetts Bar Association Lawyer Referral Service**

**Address:** 20 West Street Boston, MA 02111

**Phone:** 617-654-0400 | Toll Free: 1-866-627-7577 | Fax: 617-338-0503

**Email:** [lrs@massbar.org](mailto:lrs@massbar.org)

**Website:** [www.masslawhelp.com](http://www.masslawhelp.com)

**Service Hours:** Monday through Friday 10:00 am to 3:00 pm

**Description:** Callers are given a referral to a member of the Massachusetts Bar Association (MBA), if appropriate, or are referred to an MBA public service program, a state or local agency, or a legal services agency for possible free representation. All calls are screened for income. Referrals to MBA attorneys are based on legal need (on both criminal and civil issues), geographic convenience, and the caller's financial situation.

- MBA/LRS Automatic Referrals now available at [www.MassLawHelp.com](http://www.MassLawHelp.com). Individuals looking for a lawyer will be able to get the name of a qualified MBA attorney instantly — 24 hours a day, seven days a week — after filling out a brief online form. The website's improved capability will benefit legal consumers and LRS panel members by making connections even more accessible. Users will be sent an email listing the name, address, telephone number and email address of the attorney. The attorney will also receive an email containing the user's contact information, including telephone number and email address. Anyone needing a reduced fee referral will be asked to contact the LRS.
- Dial-a-Lawyer: On the first Wednesday of every month, between 5:30pm – 7:30pm, MBA attorneys will answer legal questions (on any area of the law both criminal and civil) on the telephone; there is no fee. The telephone number for this service is 617-338-0610, 877-686-0711 (toll-free).

## Massachusetts Commission Against Discrimination (MCAD)

**Address:** 1 Ashburton Place, Suite 601 Boston, MA 02108

**Phone:** 617-994-6000 | Fax: 617-994-6024

**Email:** [mcad@mass.gov](mailto:mcad@mass.gov)

**Website:** [www.mass.gov/mcad](http://www.mass.gov/mcad)

**Service Hours:** Monday through Friday, 9-5pm

**Other Locations:** MCAD Springfield 436 Dwight Street, Room 220 Springfield, MA 01103, Phone: 413-739-2145 // MCAD Worcester 484 Main Street, Room 320 Worcester, MA 01608, Phone: 508-453-9630,

**Requirements & Restrictions:** In all but a few exceptions, the MCAD cannot accept complaints based on incidents over 300 days old. You should review the MCAD Questionnaires found on the website.

**Languages:** English, Portuguese, Creole, Chinese

**Description:** The Massachusetts Commission Against Discrimination (MCAD) is an independent state agency that enforces the anti-discrimination laws through training, mediation, investigation, prosecution and adjudication. The people of MA, its workers, and visitors may file a Complaint if they believe they were treated unfairly in MA based on their identity as a member of a protected class. Complaints are investigated by staff to determine if there is sufficient evidence to constitute unlawful discrimination. You should bring with you any relevant names, addresses, or telephone numbers, witnesses' names, and any other paperwork that will help establish your allegation. You should be able to give the date the alleged discrimination occurred. For an employment case: have the employer's name, address, and the approx. number of employees. For a housing case: Supply the landlord/property manager's name, and the real estate company/agents name. For public accommodations: Bring the name of the owner or manager of the establishment.

## Massachusetts Law Reform Institute (MLRI)

**Address:** 40 Court Street Suite 800 Boston, MA 02108

**Phone:** 617-357-0700 | Fax: 617-357-0777

**Email:** [info@mlri.org](mailto:info@mlri.org)

**Website:** [www.mlri.org](http://www.mlri.org)

**Languages:** English, Spanish

**Description:** MLRI works with many organizations at the local, state, and national level on numerous areas of law affecting those with low incomes. MLRI also coordinates two statewide websites that provide legal information for low-income people and for legal services advocates on a wide variety of civil legal matters. As a general matter, MLRI does not provide legal representation to individual clients.

## Mental Health Legal Advisors Committee

**Address:** 24 School Street, Suite 804 Boston, MA 02108

**Phone:** 617-338-2345 | Toll-Free (MA only): 1-800-342-9092 | Intake Phone: 617-338-2345

**Email:** [MHLAC@mhlac.org](mailto:MHLAC@mhlac.org)

**Website:** <https://mhlac.org/>

**Service Hours:** Monday - Friday: 9am - 5pm

**Requirements & Restrictions:** No criminal representation.

**Description:** Mental Health Legal Advisors Committee provides information and advice to individuals involved with the Massachusetts mental health system through the MHLAC Intake Line. If you need help or advice, you must call the MHLAC Intake Line and leave a voicemail message. Priority areas include: mental health services, mental health facilities & emergency rooms, jail & Bridgewater State Hospital, medical treatment discrimination.

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## National Lawyers Guild: Lawyer Referral Service (Mass. Chapter)

**Address:** 185 Devonshire St. Suite 302 Boston, MA 02110

**Phone:** 617-227-7335 | Fax: 617-227-5495

**Email:** [nlgmass-director@riseup.net](mailto:nlgmass-director@riseup.net) | **Contact:** Lawyer Referral Service Coordinator

**Website:** [www.nlgmass.org/lawyer-referral-directory](http://www.nlgmass.org/lawyer-referral-directory)

**Languages:** English only for the referral line. NLG attorneys speak other languages. Please specify what language is your primary language to the Referral Service Coordinator.

### Services:

- Street Law Clinics – conducts clinics to educate people about their legal rights and methods to fight for justice. Under the supervision of NLG-Mass Chapter attorneys, law students conduct these clinics in community organizations, schools, shelters, and places of worship.
- Mass Defense Committee – a network of lawyers, legal workers, and law students providing legal support to political activists, protesters, and their movements for economic, social, and racial justice.
- Litigation Committee – attorneys, legal workers, and law students bring civil lawsuits against large institutions such as government agencies, law enforcement, banks, financial institutions, & corporations.

## Out For Good, Inc.

**Address:** 925 Washington St. Dorchester, MA 02124 | **Other Locations:** 1773 Dorchester Ave Suite 2c, Dorchester

**Phone:** 617-980-8835 | Fax: 617-708-0296

**Email:** [Info@outforgoodinc.com](mailto:Info@outforgoodinc.com) | **Contact:** Christopher E. Conway

**Website:** [www.outforgoodinc.com](http://www.outforgoodinc.com)

**Service Hours:** Monday through Friday: 9am-7pm

**Services:** CORI sealing, CORI checks, Substance use disorder and mental health counseling, career counseling, & more.

## Volunteer Lawyers Project

**Address:** 7 Winthrop Square (Mailing address) 2nd Floor Boston, MA 02110

**Phone:** 617-423-0648 | Fax: 617-423-0061

**Email:** [info@vlpnet.org](mailto:info@vlpnet.org)

**Website:** [www.vlpnet.org](http://www.vlpnet.org)

**Requirements & Restrictions:** VLP does not handle criminal cases or represent incarcerated individuals on any matter whether related to their incarceration or not. If you do not have a kind of case that VLP handles, LARC can give you information or advice, and may be able to refer you to an agency that handles that kind of case. DCF cases are not accepted. Must live in greater Boston, be a U.S. citizen or have green card, and must meet federal poverty guidelines. If residency is outside city of Boston, call to find out if address is in Volunteer Lawyers Project's service area. Interpreters available for many languages.

**Services:** Free legal assistance to low-income residents of Greater Boston. Only civil cases in following areas: landlord/tenant, family law, guardianship, probate (wills and estates), bankruptcy, unemployment insurance, consumer debt, employment wage and hour violations, home ownership, and foreclosure prevention. The Legal Resource Finder (LRF) will help you find out if VLP or some other legal aid program might be able to help with your legal problem. It will also give you links to information that will help you to learn more about your legal issue. The LRF only includes information about civil – not criminal – issues. If you do not want to use the Legal Resource Finder, contact the Legal Advocacy Resource Center (LARC) hotline at 617-603-1700 or 1-800-342-5297 for intake. Whatever you tell LARC is private and confidential. A LARC staff person will ask you some questions to find out if you qualify for legal services from VLP or another office.



## WilmerHale Legal Services Center of Harvard Law School

**Address:** 122 Boylston Street Jamaica Plain, MA 02130

**Phone:** 617-522-3003 | **Fax:** 617-522-0715 | **Contact:** Intake Staff

**Website:** [www.legalservicescenter.org](http://www.legalservicescenter.org)

**Service Hours:** Monday - Friday: 9am - 5pm; Intake hours vary - please call.

**Requirements & Restrictions:** Suffolk County residents only. No criminal issues are handled.

**Languages:** Spanish-speaking interpreter and staff available.

**Services:** Legal assistance is provided in the following civil law areas -

- Disability Benefits: Social Security Disability representation for disabled clients
- Estate Planning: Estate planning and probate, guardianship, debt counseling and private insurance cases for low- and middle-income individuals. This service is only provided for veterans.
- Family Law: Divorce, Domestic Violence, Paternity, Child & Spousal Support, Adoption, Guardianship, Guardian ad Litem court appointments and English/Spanish Pro Se Divorce Clinics
- Federal Tax Unit: provides free legal representation to clients in tax controversies with the IRS. The Unit works on a wide variety of matters, including family tax issues (e.g., earned income tax credit, child tax credit, and dependency exemptions), tax debt/collection cases (offers in compromise and installment payment agreements), injured and innocent spouse claims, and audit reconsiderations.
- Housing Law: Eviction Defense due to foreclosure
- Veteran's Issues: Veterans Benefits (service-connected disability, pension, and other programs from the VA), Veterans' Services benefits (from Massachusetts cities and towns), other public benefit programs, discharge upgrades and designated civil matters
- LGBTQ+ Advocacy: The LGBTQ+ Advocacy Clinic works with community members, advocates, non-profit organizations, educators, medical professionals, and governmental entities to advance the rights of LGBTQ+ people at both the national and local levels.

## Women's Prison and Re-Entry Project

**Address:** 105 Chauncy Street, 8th Floor Boston, MA 02111

**Email:** [LRemy@womensbar.org](mailto:LRemy@womensbar.org)

**Website:** <https://wbawbf.org/wbf-projects/womens-prison-and-re-entry-project>

**Who to Contact:** Miriam Ruttenberg or Stephanie Goldenhersh

**Service Hours:** Meetings are normally held quarterly at Women's Bar Foundation (WBF) Offices, 5:00-6:30 PM, but during the pandemic, they are also held by Zoom (dates on website). Please contact Lola Remy at the WBF for Zoom link information at [Lremy@womensbar.org](mailto:Lremy@womensbar.org).

**Description:** The Women's Prison and Re-Entry Project serves women incarcerated in Massachusetts' prisons and jails, or those who have been involved with the criminal justice system. The Project normally operates at South Bay House of Correction in Suffolk County. In teams, volunteer attorneys meet with women and answer questions regarding family law, child custody, care and protection, housing, CORI, and criminal warrant clearing. WPRP has launched a new Clemency Project which offers legal representation regarding petitions for clemency to incarcerate women serving long sentences. For more information, please contact Lola Remy, Director of Pro Bono Programs at [LRemy@womensbar.org](mailto:LRemy@womensbar.org).

# LGBTQ+

## Black and Pink Massachusetts

**Address:** PO Box 1718 Boston, MA 02130

**Email:** [info@BlackAndPinkMA.org](mailto:info@BlackAndPinkMA.org)

**Website:** [www.blackandpinkma.org](http://www.blackandpinkma.org)

**Requirements & Restrictions:** Must be currently/formerly system-involved in MA and LGBTQ+ or living with HIV.

**Languages:** English, some Spanish.

**Services:** Black and Pink Massachusetts provides community support, advocacy, policy work, and mutual/material aid, and reentry support for LGBTQ+ people and People Living with HIV (PLWH) in Massachusetts who are involved with the criminal legal system. Their programs aim to support their members throughout the entire criminal legal process including arrest, prosecution, incarceration, and post-release.

- Pen-Pals – their pen-pal program is the heart of their work. They connect free world people to incarcerated members who are LGBTQ+ or living with HIV to create revolutionary relationships
- Bail Support – they post bail for LGBTQ+ and/or people living with HIV in Massachusetts. Through their partnership with The Massachusetts Bail Fund, they are able to post bail up to \$2,000 per person
- Court Support – the program pairs you with a volunteer if you need to attend a court, parole, or probation appointment. They offer court reminders, local transportation, a hot meal, and cigarettes
- Reentry Support – they offer \$150 for members released within the last 30 days. This is in the form of a Visa gift card that can be used almost anywhere
- Housing Support – they offer up to \$1,000 in housing support for our members. This is most often used to cover the first month of a sober home. They review requests on a case-by-case basis. A W9 required for all cash payments. Alexia Norena House, a space created specifically for formerly incarcerated trans people, is now open and hosts 4-5 trans individuals in a supportive and loving environment.
- Drop-In – their weekly drop-in is a time to build community. They offer reading groups, letter writing, pen pal support, and special events. Formerly incarcerated people who identify as LGBTQ+ or living with HIV are provided a \$20/hr stipend. If you would like to attend one of their weekly meetings, please email programs@BlackAndPinkMA.org for more information.

## GLBTQ Legal Advocates and Defenders (GLAD)

**Address:** 18 Tremont Street Suite 950 Boston, MA 02108

**Phone:** 617-426-1350 | Phone (GLAD Answers): 800-455-GLAD (4523) | Fax: 617-426-3594

**Email:** [gladlaw@glad.org](mailto:gladlaw@glad.org)

**Website:** [www.glad.org](http://www.glad.org)

**Who to Contact:** Public Information Manager

**Description:** GLAD provides legal information, referrals on issues related to sexual orientation, HIV status, and gender identity and expression. These issues include employment, housing discrimination, harassment, HIV testing rights and privacy, access to health care, family law, insurance, immigration, youth and student rights, and many others. (Target population: gay, lesbian, bisexual, transgender, and people with HIV.)

## The Network – La Red

**Address:** P.O. Box 6011 Boston, MA 02114

**Main Office:** 617-695-0877

**Hotline (Voice):** 617-742-4911 | **Hotline (Toll-free):** 800-832-1901 | **Hotline (TTY):** 617-227-4911

**Email:** [oeodirector@tnlr.org](mailto:oeodirector@tnlr.org)

**Website:** <http://www.tnlr.org/en/>

**Service Hours:** Hotline is 24/7, see website for more details on other services.

**Requirements & Restrictions:** Target population is battered members of LBT (lesbian, bisexual, and transgender) communities. Will also assist and provide referrals for gay and bisexual men.

**Languages:** Spanish, English

**Description:** The Network provides a variety of services for members of the lesbian, gay, bisexual, and transgender (LGBT) community experiencing partner abuse. The organization also provides assistance and referrals to LGBT community members. The web site is in English and Spanish, is kept up-to-date, and has information helpful to the LGBT community.

### Services:

- **Hotline** - provides confidential emotional support, information, and safety planning for those in the LGBTQ+ community, as well as those in SM/kink and polyamorous communities who are being abused or have been abused by a partner. All hotline staff are trained in domestic violence, peer counseling, crisis intervention, and safety planning.
- **Housing Pathways Program - Safehome** - offers short-term (up to 1-month) emergency housing to survivors (individual or family) at a confidential location. Safehome does not have one specific location; at any given time, it could be located anywhere in the state. Housing Pathways staff work with the survivor to select a location that feels safest for that survivor and best fits their current needs. The primary purpose of the Safehome program is to provide respite in a place that feels safe for the survivor. Call the 24/7 hotline to receive updates about the status of space availability and to get connected with this service
- **Transitional Housing** – up to 2 years of financial support for housing. The type of housing is flexible and can look different for each survivor. Examples of Phase Two housing options include sober living programs, sublets, and apartments. During both phases, participants can receive a wide range of services, such as advocacy, referrals, supportive counseling, and support group.
- **Support Groups** - confidential facilitated group survivors of partner abuse to share and listen to each other's experiences, give and get peer support, feedback and information, and help with safety planning. You can receive support over the phone or in person. Call the Hotline to set up an interview with an advocate for the support group.

## Trans Club of New England (TCNE)

**Address:** P.O. Box 540071 Waltham, MA 02454-0071

**Phone:** 781-891-9325 | **Fax:** 781-899-3562

**Email:** [info@tcne.org](mailto:info@tcne.org)

**Website:** <https://tcne.org/>

**Service Hours:** Call on Tuesdays, from 7pm – 9pm or on Saturdays, from 7pm – 11pm to get a live voice.

**Description:** The Trans Community of New England (TCNE) is a Boston area transgender support organization for the transgender community. You can find information about Workshops on their website.



# OLDER ADULTS

## Age Strong Commission

**Address:** 1 City Hall Square Room 271 Boston, MA 02201

**Phone:** (617) 635-4366

**Email:** [agestrong@boston.gov](mailto:agestrong@boston.gov)

**Website:** [www.boston.gov/departments/age-strong-commission](http://www.boston.gov/departments/age-strong-commission)

**Service Hours:** Monday through Friday, 9 am to 5 pm

**Other Locations:** The following advocates hold office hours in the following neighborhoods -

- Deolinda DaVeiga- Mattapan, North Dorchester, Roxbury, Cape Verdean Community (citywide)
- Lorna Heron- Fenway/Kenmore, Hyde Park, South Boston
- Connie Mohammed- Bay Village, Downtown, North End/Waterfront, West End
- Meghan Bragg- Allston, Brighton
- Nhung (Ivy) Pham- Chinatown, Roslindale, South Dorchester, Vietnamese Community (citywide)
- Marissa Resnick- Back Bay, Beacon Hill, Jamaica Plain, West Roxbury
- Tammy Sutton- Citywide (in-house)
- Vilma Valentin- East Boston, Mission Hill, Latino Community (citywide)

**Requirements & Restrictions:** Must be 55 or older.

**Services:** Age Strong Commission aims to enhance the lives of people 55+ with meaningful programs, resources, and connections. The Commission offers services include:

- Information and Referrals
- Transportation
- Food Resources
- Ways to Save
- Housing

## Boston ElderINFO

**Address:** 89 South St Boston, MA 02111

**Phone:** (617) 292-6211

**Email:** [bei@bshcinfo.org](mailto:bei@bshcinfo.org)

**Website:** [www.elderinfo.org](http://www.elderinfo.org)

**Service Hours:** Monday through Friday: 9 am - 5 pm

**Requirements & Restrictions:** Must be an older adult.

**Services:** It is the mission of Boston ElderINFO to be the resource that meets all the information needs of every Boston elder, person with a disability, and caregivers to live with dignity, safety, and independence in our communities. Information and referral programs on the following: Healthy aging classes; Boston money management program; Options counseling and Resources for home care services.

### **Boston Senior Home Care**

**Address:** 89 South St. Suite 501 Boston, MA 02111

**Phone:** (617) 451-6400 | **Fax:** (617) 451-6631 | **TTY:** (617) 451-6404

**Website:** <https://www.bshcinfo.org/>

**Service Hours:** Monday through Friday: 9 am- 5 pm

**Requirements & Restrictions:** Must be an elder or an individual with disabilities above the age of 16 years of age, or a caregiver.

**Description:** Boston Senior Home Care (BSHC) is a private, nonprofit human services agency dedicated to ensuring that older adults and individuals with disabilities, particularly those of limited means, can remain safely in their homes with dignity and independence. Since 1974, BSHC has provided adults 60 years of age and older with affordable in-home care and community-based services. Today, BSHC also offers long-term services and supports for people with disabilities of all ages, education to help individuals maintain a healthy lifestyle and manage their chronic diseases, as well as resources and supports for caregivers. Their mission is to empower individuals to achieve the highest level of health, wellbeing, and social connection by providing a wide range of services and supports, including:

- Home Care program – Senior Care Options (SCOs), One Care Program
- Adult Foster Care – Family Caregiver Support Program, Supportive Housing, Options Counseling, Evidence-based Program, Accountable Care Organization (ACO) Program, and Long-term Services and Supports

### **Cambridge Center for Adult Education**

**Address:** 42 Brattle Street Cambridge, MA 02138

**Phone:** 617-547-6789

**Email:** [info@ccae.org](mailto:info@ccae.org)

**Website:** <https://ccae.org/>

**Requirements & Restrictions:** Must be 18 or older.

**Services:** CCAE provides high-quality, place-based experiential education. Classes include - Virtual Arts & Crafts, Food & Wine, ESL, World Languages, Performing Arts, Humanities, Life & Wellness, and Business & Technology

### **Ecumenical Social Action Committee (ESAC)**

**Address:** 434 Jamaica Way Jamaica Plain, MA 02130

**Phone:** (617) 524-2555 | **Fax:** 617-524-2430

**Website:** [www.esacboston.org](http://www.esacboston.org)

**Service Hours:** Varies by program, please see website.

**Requirements & Restrictions:** Child - Older Adult. Some programs require Boston residency or low/moderate income.

**Description:** ESAC works with vulnerable residents of many Boston neighborhoods by creating stability in homes and for families. ESAC strives to promote healthy, stable, and integrated neighborhoods and communities by connecting residents with necessary services and resources.

**Services include:** Senior Home Repair and Falls Prevention Foreclosure Prevention, Benefits Enrollment Center, ESAC Youth Opportunity Collaborative (EYOC), and Housing Stabilization.



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## Executive Office of Elder Affairs (EOEA)

**Address:** 1 Ashburton Pl. 5th floor Boston, MA 02108

**Phone:** 617-727-7750 | Toll Free Elder Abuse Hotline (24/7): 800-922-2275 | Fax: 617-727-9368

**Email:** [information.resources@MassMail.State.MA.US](mailto:information.resources@MassMail.State.MA.US)

**Website:** <https://www.mass.gov/orgs/executive-office-of-elder-affairs>

**Requirements & Restrictions:** Older adults and individuals with disabilities.

**Description:** Executive Office of Elder Affairs promotes independence, empowerment, and well-being of older people, individuals with disabilities, and their families by providing access to services through partnerships with agencies throughout Massachusetts.

### Services include:

- Executive Office of Elder Affairs Public Records – Reporting Elder Abuse and Neglect, In-Home Services, Health Insurance Counseling, Prescription Drug Assistance, and Senior Housing Resources.
- Councils on Aging & Senior Centers – Nutrition Program for Seniors, MassHealth for Seniors and People who need Long-Term Care Services, Family Caregiver Support Program, Senior Community Service Employment Program (SCSEP), Dementia Friendly Massachusetts, Assisted Living, Advocacy Services, and Legal help for elders.

## Jamaica Plain Community Center, Adult Learning Program

**Address:** 144 McBride Street Jamaica Plain, MA 02130

**Phone:** 617-635-5201

**Email:** [jpccalp@gmail.com](mailto:jpccalp@gmail.com)

**Website:** <https://jpccalp.wordpress.com/>

**Service Hours:** Office is open Monday through Thursday, 10am to 7pm

**Description:** The Jamaica Plain Community Centers Adult Learning Program (JPCCALP) is the ideal way to develop your skills in English, math, reading, and writing, and make progress towards your goals. They offer free day, evening, and online classes convenient for busy adults. ALP is a full-service program where students can begin at any level and advance through the highest levels. Life-long learners gain the basic skills they need to receive their General Educational Development (GED), enter job training programs, and apply for higher education and employment opportunities.

### Participants can:

- Take core classes,
- Enroll in computer classes,
- Get career and college counseling,
- Receive tutoring,
- Take citizenship classes, and
- Prepare to get the GED

## Senior Centers & Council on Aging (COA)

**Address:** 806 Massachusetts Ave Cambridge Senior Center Cambridge, MA 02139

**Phone:** (617) 349-6220

**Website:** <https://www.cambridgema.gov/Departments/humanserviceprograms/COA>

**Service Hours:** Monday 8:30 am - 8 pm, Tuesday – Thursday 8:30 am - 5 pm, Friday 8:30 am - 12 pm

**Other Locations:** North Cambridge Senior Center at 2050 Massachusetts Ave. Cambridge, MA 02140

**Requirements & Restrictions:** Must be a senior over the age of 60

### **Senior Centers & Council on Aging (COA) Information Continued**

**Services:** The COA aims to promote and safeguard the health and independence of Cambridge seniors by providing information and referrals. The two senior centers provide a variety of services and classes including:

- Senior food pantry,
- Counseling and support groups,
- Vision and blood pressure screening,
- Breakfast and lunch service,
- Men's group,
- Computer classes, and
- Educational and recreational offerings

### **South Boston Neighborhood House & Senior Center**

**Address:** 136 H St South Boston, MA 02127

**Phone:** (617) 268-1619 ext. 301

**Email:** [csullivan@sbnh.org](mailto:csullivan@sbnh.org) | Contact: Carole Sullivan

**Website:** [www.sbnh.org/senior-services](http://www.sbnh.org/senior-services)

**Description:** South Boston Neighborhood House and Senior Center aim to reduce isolation by offering activities and services that maintain dignity, health, independence, and self-confidence for seniors. These services aim to enhance physical, intellectual, and creative well-being through exercise, interaction, technology, and art classes.

**Services include:**

Health Programming – yoga, weightlifting, exercise, dance, bowling and health seminars.

Recreational Programming – Bingo, games and movies, shopping, special events, holiday parties and trips.

### **Veronica B. Smith Senior Center**

**Address:** 20 Chestnut Hill Ave Boston, MA 02134 Phone: (617) 635-6120

**Email:** [agestrong@boston.gov](mailto:agestrong@boston.gov)

**Website:** [www.boston.gov/departments/elderly-commission/veronica-b-smith-senior-center](http://www.boston.gov/departments/elderly-commission/veronica-b-smith-senior-center)

**Service Hours:** Everyday 8:30 am to 4 pm

**Description:** The Veronica B. Smith Senior Center offers the following services and programs:

Health and Nutrition Services: Fitness programs such as weekly exercise, wellness, and line dancing classes, educational workshops, and seminars pertaining to health and nutrition are also offered.

**Services and Programming:** A wide range of social services can be obtained at the Center, including special seminars and workshops on legal issues and government health benefits. Comprehensive programs targeted for seniors in the greatest economic and social needs are also in place.

- Public Information - Senior Spotlight is a monthly newsletter published and distributed by the Veronica Smith Senior Center with a circulation base of over 600 community seniors and dozens of community locations such as nursing homes and elderly housing. Topics include issues, upcoming programs and services available at the Center.

# PHYSICAL & MENTAL HEALTH

## AccessHealth MA

**Address:** Schrafft's Center 529 Main Street, Suite 301 Boston, MA 02129

**Phone:** 617-502-1700 | Fax: 617-502-1703

**Email:** [jails@accesshealthma.org](mailto:jails@accesshealthma.org)

**Website:** <https://crihealth.org/>

**Service Hours:** Monday through Friday, 9am to 5pm.

**Requirements & Restrictions:** No cost to MA residents. Income must be below 500% of the Federal Poverty Line.

### Services:

- The Houses of Correction Program covers medication costs for HIV-positive residents in Massachusetts county jails. Enrollment occurs by submitting an application that is filled out collaboratively by jail staff and clients. Jail staff then submit the application by fax or email. When clients are released, coverage in our program may continue with a call or email.
- The PrEPDAP Program covers the cost of pre-exposure medication for Massachusetts residents at risk of HIV infection. This program can cover the costs for residents released from jail. Applications for enrollment can be found online or by phone.

## AIDs Action Committee

**Address:** 75 Amory Street Boston, MA 02119 | Other Locations: Cambridge 359 Green St. Cambridge, MA

**Phone:** 617-437-6200 | Phone (Cambridge Location): 617-661-3040

**Email:** [information@fenwayhealth.org](mailto:information@fenwayhealth.org)

**Website:** [www.aac.org](http://www.aac.org)

**Services:** AIDS Action is New England's largest provider of services to people living with HIV/AIDS and populations at risk of infection, with access to programming including –

- Check-In - information, referrals
- Care Access & Case Management – AIDS Action staff members work individually with clients to address barriers to good health, such as lack of insurance, homelessness or unstable housing, unmet mental health and substance use needs, and other personal and systemic barriers,
- Community Outreach & Education – AIDS Action conducts outreach and education to communities and populations most affected by HIV in the metro Boston and Lynn areas.
- Housing – AAC's Housing programs help connect people living with HIV/AIDS to a range of housing services and options, including transitional and permanent affordable housing, supportive congregate and scattered site housing, and rental and utility assistance,
- Legal Services – The goal of the department is to advocate for the legal rights of those living with HIV/AIDS in the Boston metropolitan area and throughout Massachusetts, and
- Youth on Fire – Youth on Fire (YOF), a program of AIDS Action Committee of Massachusetts, is a drop-in center for homeless and street-involved youth, ages 14-24, located in Harvard Square, Cambridge.

## AIDs Action Committee: Access Program

**Phone:** 857-313-6800

**Email:** [bsink@fenwayhealth.org](mailto:bsink@fenwayhealth.org)

**Website:** [www.aac.org/programs-services/needle-exchange](http://www.aac.org/programs-services/needle-exchange)

**Service Hours:** Exchange Hours Monday-Wednesday, Friday: 9 am-12 pm, 1 pm-4 pm Thursday: 9 am-12 pm

**Description:** As one of several state-sanctioned and state-funded syringe exchange programs in Massachusetts, AIDS Action's Access, Drug User Health Program distributes and exchanges syringes to people who inject drugs.

### Services include:

- Access: Drug User Health Program is one of the state's pilot sites for the distribution of Narcan, a nasal spray provided to IDUs and their network of supportive family and friends to reverse potentially fatal overdoses. The program also operates a drop-in center where members can access:

- Risk reduction supplies, such as crack kits, safer injection supplies, and condoms.
- Periodic risk reduction counseling—both group and individual services.
- Information and referrals to medical, substance use, and other social service providers.

- HIV/HCV/STI Testing Offered both at the exchange and on outreach. You can schedule a test by calling 857-313-6800 or walk in during exchange hours.

- Outreach Andrew and Alewife Stations, Egleston, Jackson, Porter and Davis Squares, and Malden. Call or text 617-470-0994 with any questions or to find out where our outreach team is today.

Medical Clinic Come see Dr. Fleming for wound care, HIV/HCV/STI treatment, MAT services and more, or meet with our

- Public Health Nursing Team

- Dr. Fleming: Wednesdays and Fridays 9 am-12:00 pm
- Nursing: Every day, during our walk-in exchange hours

- Behavioral Health Come to the exchange to talk with a Behavioral Health Clinician by appointment or walk-ins. Walk-ins available Wednesdays (9am – 12pm, 1 – 4pm), Thursdays (9am – 12pm) and Fridays (9am – 12pm, 1 – 4pm).

## Barbara McInnis House (BHCHP)

**Address:** Jean Yawkey Place 780 Albany Street Boston, MA 02118

**Phone:** 857-654-1706

**Website:** [www.bhchp.org/about/locations/barbara-mcinnis-house](http://www.bhchp.org/about/locations/barbara-mcinnis-house)

**Service Hours:** Always open

**Description:** BHCHP provides “medical respite care”, short-term medical and recuperative services, for homeless people who are far too sick for life in shelters but not sick enough to occupy a costly acute care hospital bed. BHCHP's 104-bed medical respite facility is located in Jean Yawkey Place on the campus of Boston Medical Center. For patients and providers looking for more complete information on services provided at the Barbara McInnis House, please see their FAQ sheet. For providers looking to admit a patient, please see their admittance requirements before filling out an admission form.

## Bay Cove Human Services

**Address:** 66 Canal Street Boston, MA 02114

**Phone:** 617-371-3000 | Fax: 617-371-3100

**Email:** [info@baycove.org](mailto:info@baycove.org)

**Website:** [www.baycove.org](http://www.baycove.org)

**Service Hours:** Monday - Friday: 8:30am - 6pm. There are scheduled dosing hours on weekends.

**Requirements & Restrictions:** Certain programs may have restrictions. Call 617-371-3000 for more information.

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### **Bay Cove Human Services Information Continued**

**Description:** Bay Cove Human Services is a private, not-for-profit corporation that provides services to individuals and families who face the challenges of developmental and intellectual disabilities, mental illness, substance use disorder, homelessness and/or aging. Call the main office number to be directed to the appropriate program.

**Services and Programs include:**

- Substance Use Services
- Early Intervention Services
- Healthcare Integration Services
- Housing & Homeless Services
- Developmental Services
- Mental Health Services

### **Bay State Community Services**

**Address:** 1120 Hancock Street Quincy, MA 02169

**Phone:** 617-471-8400 | Fax: 617-376-0619

**Email:** [Info@baystatecs.org](mailto:Info@baystatecs.org)

**Website:** <https://www.baystatecs.org/>

**Service Hours:** Please call main number 617-471-8400 or program(s) directly.

**Services:** Bay State Community Services is a comprehensive social services agency that provides counseling outpatient services, day programming, recovery center (peer support), recovery coaching, and child and family home-based services. BSCS hosts the Quincy and Plymouth Family Resource Centers.

### **Boston Area Rape Crisis Center (BARCC)**

**Address:** 99 Bishop Allen Drive Cambridge, MA 02139

**Phone** (24-Hour Hotline): 1-800-841-8371 | Phone (Office): (617) 492 8306 Fax: (617) 492 3291

**Email:** [info@barcc.org](mailto:info@barcc.org)

**Website:** [barcc.org](http://barcc.org)

**Service Hours:** Hotline and medical advocacy: 24-7. Office hours: Monday through Friday, 9:00 a.m.-5:00 p.m.

**Other Locations:** Family Justice Center: 989 Commonwealth Avenue Boston, MA 02215 and Waltham Office: 24 Crescent Street, Suite 202 Waltham, MA 02453

**Requirements & Restrictions:** Anyone 12 years or older welcome.

**Languages:** Services in English and Spanish, with other languages upon request

**Description:** The Boston Area Rape Crisis Center provides free, confidential support and services to survivors of sexual violence ages 12 and up and their families and friends. They work with survivors of all genders from the immediate crisis after sexual violence to years and decades later, with the goal empowering survivors to seek justice in ways that are meaningful to them. They assist survivors with the health-care, justice, and school systems.

**Services** include the following: Hotline: by phone 24-7 at 800-841-8371 and webchat at [barcc.org/chat](http://barcc.org/chat),

- 24-7 Medical Advocacy
- Case Management
- Individual and Group Counseling
- Legal Advocacy, including immigration



### **Boston Health Care for the Homeless; Jean Yawkey Place**

**Address:** Jean Yawkey Place 780 Albany Street Boston, MA 02118

**Phone:** 857-654-1600 | Fax: 857-654-1107

**Email:** [info@bhchp.org](mailto:info@bhchp.org)

**Website:** [www.bhchp.org/jean-yawkey-place](http://www.bhchp.org/jean-yawkey-place)

**Service Hours:** Monday through Friday: 8am to 4pm Evening clinic until 8pm on Tuesdays and Thursdays. Some services are provided at special times, call for more information.

**Description:** BHCHP seeks to provide or assure access to the highest quality health care for all homeless men, women and children in the greater Boston area. Services are provided at medical centers, shelters, and on the street. Patient services at Jean Yawkey Place include primary care, dental services, family services, HIV care, pharmacy, podiatry, optometry, behavioral health, transgender programming and substance use disorder treatment.

### **Boston Public Health Commission (BPHC)**

**Address:** 1010 Massachusetts Ave, 6th Floor Boston, MA 02118

**Phone:** 617-534-5395 | Fax: 617-534-5358

**Email:** [info@bphc.org](mailto:info@bphc.org)

**Website:** <https://www.boston.gov/government/cabinets/boston-public-health-commission>

**Service Hours:** The Help Desk hours are from 8:00 AM until 5:00 PM, Monday through Friday

**Description:** BPHC is an independent public agency providing a wide range of health services and programs. The Commission's more than 40 programs are grouped into six bureaus: Child, Adolescent & Family Health; Community Health Initiatives; Homeless Services; Infectious Disease; Recovery Services; and Emergency Medical Services.

#### **Services:**

- Recovery Services – Entre Familia, Men's Health and Recovery, The Mom's Project/ Women's Health and Recovery, and Wyman Recovery Home
- Children's Health – Father Friendly Initiative (FFI), Healthy Baby/Healthy Child (HBHC), Emergency Services and Preparedness
- Health Access – Racial Justice and Health Equity, Healthy Eating and Active Living, Healthy Homes and Environment
- Homelessness – Southampton Street Shelter
- Infectious Diseases
- Mental and Emotional Health
- New and Expecting Parents
- Outreach, Education and Training
- Physical Health
- Sexual Health
- Teens – Tobacco, Violence Prevention

### **Bowdoin Street Health Center**

**Address:** 230 Bowdoin Street Dorchester, MA 02122

**Phone:** 617-754-0100

**Email:** [bowdoinstreethhealth@bidmc.harvard.edu](mailto:bowdoinstreethhealth@bidmc.harvard.edu)

**Website:** <https://www.bidmc.org/locations/bowdoin-street-health-center>

**Service Hours:** Monday-Thursday, 8:00am - 7:00pm; Friday, 8:00am-5:00pm; most Saturdays, 9:00am - 1:00pm

**Waiting Time:** On any given day that you call them, they will try to give you an appointment with your doctor that same day or the next day, regardless of why you are calling. Will try to do the same for new patients too.

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### **Bowdoin Street Health Center Information Continued**

**Description:** Bowdoin Street Health Center is proud to provide health services to you and your family. They have been an active participant in the Dorchester community for over 40 years and offer care for infants, children, teens, adults and seniors. Bowdoin Street actively engages with community organizations and public entities to prevent violence, improve access to healthy, affordable foods and promote wellness through exercise and stress reduction. The Center is also an innovator in transforming its practice into a Patient-Centered Medical Home, improving patient outcomes through stronger provider-patient partnerships in co-managing one's health. Bowdoin's approach includes a self-care program, a multidisciplinary care team, group medical visits and more.

#### **Services include:**

- Adolescent Case Management
- Adult Medicine
- Family Practice
- Family Planning
- HIV Services
- Geriatrics
- OB/GYN
- Pediatrics
- Optometry (Eyecare)
- Physical Therapy
- Mental Health and Counseling
- Nutrition Services
- Podiatry (Foot care)
- Community Health Programs

### **Department of Mental Health and Forensic Services**

**Address:** 25 Staniford Street Boston, MA 02114

**Phone:** (617) 626-8000

**Email:** [dmhinfo@state.ma.us](mailto:dmhinfo@state.ma.us)

**Website:** <https://www.mass.gov/info-details/forensic-services>

**Services:** Court-based forensic mental health assessments and consultations for people facing criminal or delinquency charges and civil commitment proceedings. Services provided –

- Forensic Mental Health Services – Court based forensic mental health assessments and consultations who are facing criminal or delinquency charges and civil commitment proceedings. The Forensic Transition Team provides reentry services for DMH clients who are transitioning from prisons, jails, and other places of detention to the community. Services also include, jail diversion activities. Check out DMH Forensic Mental Health Service for more program information.
- Adult Services – adult Community Clinical Services, Formerly Community Based Flexible Supports, Respite Services, Program of Assertive Community Treatment (PACT), Clubhouses, Recovery Learning Communities (RLCs), DMH Case Management, and Homelessness Services.
- Child, Youth, and Family Services – Child/Adolescent Case Management, Individual and Family Support Services, Day Services, Caring Together Services, Clinically Intensive Residential Treatment (CIRT), Intensive Residential Treatment Programs (IRTP), Parent and Family Support Services, Transition Age Youth, School and Community Therapeutic Support, Info. and Referral, Consultation and Education,
- Juvenile Forensic Court Services, Continuing Care Inpatient Services, and Massachusetts Child Psychiatry Access Program (MCPAP).

## Fenway Health

**Address:** Arsin Building 1340 Boylston Street Boston, MA 02215

**Phone:** 617-267-0900 | Phone (Fenway): 617-247-7555 | Phone (Sidney Borum, Jr. Center): 617-457-8140

**Email:** [myfenway@fenwayhealth.org](mailto:myfenway@fenwayhealth.org)

**Website:** <https://fenwayhealth.org/>

**Service Hours:** Monday through Thursday: 7:30am-7:30pm; Friday: 7:30am-6:30pm; Saturday: 8:30am-1:30pm

**Languages:** Spanish

**Description:** Fenway Health advocates for and delivers innovative, equitable, accessible health care, supportive services, and transformative research and education. They center LGBTQIA+ people, BIPOC individuals, and other underserved communities. The Sidney Borum, Jr. Health Center, is a program of Fenway Health that provides safe, non-judgmental care for young people ages 12-29 who may not feel comfortable going anywhere else.

**Services:** Primary Care – Adults & Children, Women’s Health, Transgender Health, Behavioral Health, Eye Care, Dental Care

## Harbor Health

**Address:** 1135 Morton Street Mattapan, MA 02126-2834

**Phone:** 617-533-2300

**Website:** [www.hhsi.us](http://www.hhsi.us)

**Service Hours:** Varies by location, check website.

**Description:** Harbor Health Services Inc. is a non-profit public health agency with a mission to help individuals achieve their full potential through access to local, affordable services that promote health. Harbor provides medical, behavioral health, dental, and support services to more than 34,000 patients in Boston, the South Shore, and Cape Cod.

Harbor Health operates five community health centers:

- Geiger Gibson Community Health Center
- Daniel Driscoll – Neponset Health Center
- Harbor Community Health Center – Plymouth
- Harbor Community Health Center – Hyannis
- Ellen Jones Community Dental Center – Dennis

## Harvard Street Neighborhood Health Center

**Address:** 632 Blue Hill Avenue Dorchester, MA 02121

**Phone:** 617-825-3400

**Email:** [contact@harvardstreet.org](mailto:contact@harvardstreet.org)

**Website:** [www.harvardstreet.org](http://www.harvardstreet.org)

**Other Locations:** Behavioral Health/Veteran’s Center 895 Blue Hill Avenue Dorchester, MA / 617-822-7129

**Services:** Harvard Street Health Center provides the following services – Family Medicine, Adolescent Clinic, OB/GYN, Dental Clinic, Adult Medicine, Pediatric Care, Optometry, Nutrition, Behavioral Health, Pharmacy, Podiatry, Laboratory, Food Pantry, Veterans Center, WIC

## Justice Resource Institute (JRI)

**Email:** [wcallahan@jri.org](mailto:wcallahan@jri.org)

**Address:** 160 Gould Street Suite 300 Needham, MA 02494-2300

**Phone:** 781-559-4900

**Website:** <https://jri.org/>

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### ***Justice Resource Institute Information Continued***

**Description:** JRI works in partnership with individuals, families, communities and government to pursue the social justice inherent in opening doors to opportunity and independence.

**Services:** JRI offers a wide array of services including – Behavioral Health Clinics & Trauma Services, Community Services, Developing Abilities, Educational & Residential Services, Foster Care & Childhood Services. Health & Housing, Intensive Services & Juvenile Justice

### **La Alianza Hispana**

**Address:** 1000 Massachusetts Avenue #101 Boston, MA 02118

**Phone:** 617-427-7175 | Fax: 617-442-2259

**Email:** [info@laalianza.org](mailto:info@laalianza.org)

**Website:** [www.laalianza.org](http://www.laalianza.org)

**Service Hours:** Monday - Friday: 9am - 5pm

**Languages:** Spanish and English

**Description:** La Alianza Hispana is a community-based organization providing culturally and linguistically appropriate health and education programs to the Latino Community of Greater Boston.

**Services:** Programs include - Mothers and Children in Process, Adult Day Health Care, Senior Programs

### **Lamour Clinic Health Institute**

**Address:** 44 Diauto Drive Randolph, MA 02368 | **Other Locations:** Medford, and Dorchester, MA.

**Phone:** 781-885-7252

**Email:** [info@lamourclinic.org](mailto:info@lamourclinic.org)

**Website:** [lamourclinic.org](http://lamourclinic.org)

**Service Hours:** Monday through Thursday: 8:30am-7:30pm, Friday: 8:15am-5pm, Saturday: 9am-4pm

**Description:** Lamour Clinic Health Institute is a multi-services community-based agency that is committed to advocating and providing community-based, culturally competent, and comprehensive programming services. Its mission is to provide behavioral health, therapeutic and community-based services that aid individuals, children, and families to achieve optimal daily functioning.

#### **Services:**

- For everyone – Traditional Outpatient Program (OP)
- For Geriatrics (65+) – Community Support Program (CSP), Driver Alcohol Education (DAE), Recovery Coach (RC), and Recovery Support Navigator (RSN)
- For Adults (22-64) – Applied Behavior Analysis (ABA) with private insurance coverage, Community Support Program (CSP), Driver Alcohol Education (DAE), Second Offender Aftercare (SOA) under DAE, Recovery Support Groups (RSG), Recovery Coach (RC), Recovery Support Navigator (RSN), and Dialectic Behavioral Therapy (DBT) Coaching
- For Adolescents (13-21) – Applied Behavior Analysis (ABA) with private insurance coverage, In-Home Behavioral (IHB), In-Home Therapy (IHT), Recovery Coach (RC), Recovery Support Navigator (RSN), Driver Alcohol Education (DAE), Second Offender Aftercare (SOA), Recovery Support Groups (RSG), Dialectic Behavioral Therapy (DBT) Coaching, Therapeutic Mentoring (TM), and Youth Development Learning Center (Youth DELC)
- For Children (3-12) – In-Home Behavioral (IHB), In-Home Therapy (IHT), Therapeutic Mentoring (TM), Applied Behavior Analysis (ABA) with private insurance coverage, and Youth Development Learning Center (Youth DELC)

## Multicultural AIDS Coalition

**Address:** 9 Palmer Street Roxbury, MA 02119 | **Other Locations:** Multicultural AIDS Coalition, 409 Blue Hill Ave Dorchester, MA 02121 and Women Connecting Affecting Change (WCAC) 157A Washington Street Dorchester, MA 02121

**Phone:** 617-541-1050 | Fax: 617-541-1060

**Website:** [www.mac-boston.org](http://www.mac-boston.org)

**Service Hours:** Monday through Friday: 10am to 5pm

**Waiting Time:** Clients can make appointments to received services or drop into their locations.

**Languages:** Spanish, Some African Languages, English

**Description:** The Coalition's mission is to mobilize communities of color to end the HIV epidemic. Multicultural AIDS Coalition provides integrated HIV/STI testing – includes one-on-one counseling, screening for HIV, hepatitis C, syphilis, Chlamydia, and gonorrhea. They also provide various groups both educational and support groups. Follow-up support services and navigation to treatment is provided.

### Specific Programs Include:

- CONNECTED Boston – Comprehensive prevention, screening, and care services for gay, bisexual, and other men who have sex with men. A Drop-In Center provides a variety of HIV and other health services.
- Women Connecting Affecting Change – A women led program that addresses needs of Black, Latina, and other women at high risk for infection. Services are provided at a Drop-In Center on Blue Hill Avenue in Dorchester. HIV/STI screening, one-on-one counseling, group counseling, peer-support is provided, and risk reduction services including access to syringe services are provided.
- Casa Iris – A peer support, Drop-In Center offering support groups for Latino individuals living with HIV, referrals to other health and social services, and individual peer support designed to help clients manage their health and thrive.
- AFIA, Africans for Improved Access – provides HIV/STI prevention, education, and support services to the African immigrant and refugee community in Massachusetts. They also facilitate cultural competency training for providers who serve African immigrants and refugees. AFIA offers group-level and individual-level services tailored for individuals from the Sub-Saharan African community.

## Planned Parenthood League of Massachusetts

**Address:** 1055 Commonwealth Ave Boston, MA 02215

**Phone:** 800-258-4448

**Email:** [customerservice@pplm.org](mailto:customerservice@pplm.org)

**Website:** <https://www.plannedparenthood.org/planned-parenthood-massachusetts>

**Service Hours:** Hours vary by location. Visit website for more information.

**Description:** The mission of Planned Parenthood League of Massachusetts is to ensure every person in the state has access to sexual and reproductive health care and education no matter who they are, where they live, or who they love.

**Services:** Call 800-258-4448, option 2, or visit online to schedule an appointment. Health programs include –

- Routine Exams including pelvic exams, breast, cervical, and cancer screenings,
- HPV Vaccinations,
- Emergency Contraception – Birth Control options and counseling, Contraception by Mail Program,
- Testing and treatment for sexually transmitted infections and other infections
- HIV rapid testing – PEP, PrEP (Pre-exposure HIV prophylaxis), Gender Affirming Hormone Therapy,
- Gynecological services include pap tests and management and treatment of abnormal pap tests, menstruation problems, and management of menopause symptoms,
- Pregnancy testing with options counseling and referrals for adoption and parenting resources, Miscarriage management, Abortion care, and support with smoking cessation.



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## Safe and Sound Recovery Center

**Address:** 774 Albany Street, 3rd floor, Boston, MA 02118 (directly across from Boston Medical Center Ambulance entrance)

**Website:** <https://www.boston.gov/government/cabinets/boston-public-health-commission/mental-and-emotional-health/safe-and-sound-recovery-center>

**Phone:** 617-534-7783

**Intakes:** Monday to Friday, 9:00 a.m. – 3:00 p.m. (Wednesday until 1:00 p.m.)

**Program Hours:** Monday to Friday, 8:00 a.m. – 4:00 p.m. (Wednesday until 2:00 p.m.)

**Description:** Safe and Sound Recovery Center, part of the Boston Public Health Commission, provides peer-led, outpatient substance use services. Located in Boston, the center’s goal is to support people in their journey to sobriety through various programs, including recovery coaching, support groups, and peer leadership training.

### Services include:

- **Recovery Coaching & Planning:** Personalized support to help individuals develop a tailored plan for recovery.
- **Substance Use Support Groups:** The center offers morning AA/NA meetings (Tuesday to Thursday at 9:30 a.m.) and group therapies, including relapse prevention, mindfulness, anger management, and cognitive behavioral therapy.
- **Peer Leadership Training:** Opportunities for people in recovery to learn leadership skills and provide support to others.
- **Individual Counseling & Psychotherapy:** One-on-one therapy to address substance use disorders.
- **Spanish Language Groups:** Services include groups like Temprana Recuperacion and Grupo de Prevencion de Recaida.
- **Case Management Services:** Assistance with connecting to additional services, resources, and care coordination.
- **On-Site Healthcare Services:** Access to primary care services, HIV and STI testing, and drug screening if needed.
- **Transportation Assistance:** Available for eligible clients.

## Steppingstone Incorporated

**Address:** 123 Durfee St Fall River, MA 02720

**Website:** [www.steppingstoneinc.org](http://www.steppingstoneinc.org) (See website for programming contact information)

**Other Locations:** See website for programming location details

**Description:** Steppingstone Incorporated’s mission is to strengthen quality of life among individuals and families of our community through providing comprehensive client-center programs and services that enhance well-being and promote independence.

**Services:** Steppingstone offers various programming including –

- Residential Rehabilitation
- Outpatient Rehabilitation
- Housing for Homeless
- Peer Recovery Support
- Coordinated Care
- Pregnancy Support
- Reentry Programming

## The Dimock Center

**Address:** 55 Dimock Street Roxbury, MA 02119

**Phone:** 617-442-8800

**Email:** [info@dimock.org](mailto:info@dimock.org)

**Website:** [www.dimock.org](http://www.dimock.org)

**Service Hours:** Monday through Friday 9-5pm

**Other Locations:** Educational Facility: 1800 Columbus Avenue, Roxbury

**Waiting Time:** Open enrollment

**Services:** The Dimock Center provides the residents of Boston with convenient access to high quality, low-cost health care, and human services including –

- Health Center - Eye Care, Dental, Adult Primary Care and Specialty Clinics, Pharmacy, Pediatric Services, Community Care, Women's and Maternity Care, and Behavioral Health
- Emergency Shelter Programs
- Counseling and Addiction Services
- Residential Services Programs
- Inpatient Detox Center
- Child and Family Services
- Early Intervention - Early Head Start & Head Start Programs, Foundations for Learning

## The Engagement Center

**Description:** 26 Atkinson St Boston, MA 02118

**Phone:** 617-534-2730

**Email:** [311@boston.gov](mailto:311@boston.gov)

**Website:** <https://www.boston.gov/departments/new-urban-mechanics/engagement-center>

**Service:** The EC provides a safe place for individuals to: Rest and connect, Access basic resources, engage in recovery and homeless services, and Receive nursing care and medical supports

- The EC spaces offers guests access to: Water, coffee, and light snacks, Restrooms and showers, Programming space for art, therapy and wellness services, TV, phone chargers, Wi-Fi and books, Computer and phone workstations available for email access, applications, and meeting with housing advocates, counselors, or recovery coaches, and Upgraded nurse stations for medical care.

## Therapy Matcher

**Phone:** 617-720-2828 | Toll-Free: 1-800-242-9794

**Email:** [info@therapymatcher.org](mailto:info@therapymatcher.org)

**Website:** [www.therapymatcher.org](http://www.therapymatcher.org)

**Service Hours:** Call or email any time, and a staff person will get back to you.

**Description:** Therapy Matcher is a free, confidential telephone referral service offered by the National Association of Social Workers, MA Chapter. Provides professional, personalized counseling referrals matched for location, specialty, and insurance or fee requirements.

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## Upham's Corner Health Center

**Address:** 415 Columbia Road Dorchester, MA 02125

**Phone:** 617-287-8000 | Fax: 617-287-1500

**Email:** [info@uphams.org](mailto:info@uphams.org)

**Website:** [uphamscornerhealthcenter.org](http://uphamscornerhealthcenter.org)

**Service Hours:** Monday through Thursday: 8:30am – 8pm; Friday: 10am – 5pm; Saturday: 9am – 12:30pm

**Requirements & Restrictions:** Waiting time: 7-10 days. Dorchester residents.

**Languages:** Spanish, English, Creole, Portuguese, French, Vietnamese, and Arabic

**Services:** The health center provides a range of services including -

- Medical Care – Family Medicine & Primary Care; Pediatrics (Children); Adult Medicine; Family Planning; OB/GYN & Midwifery; Prenatal Care; Pharmacy; Laboratory Services; HIV Rapid Testing service – confidential HIV testing; Podiatry (foot); Dermatology (skin); Eye Care; and Adult Day Health
- Pharmacy – Please call 617-265-1310
- Home Care
- Nutrition, Women, Infants and Children (WIC) Program
- Behavioral Health and Social Services
- Dental Services
- Elder Service Plan

## Whittier Street Health Center

**Address:** 1290 Tremont Street Roxbury, MA 02120

**Phone:** 617-427-1000 | Fax: 617-989-3247

**Email:** [contact@wshc.org](mailto:contact@wshc.org)

**Website:** [www.wshc.org](http://www.wshc.org)

**Service Hours:** Monday through Friday: 8:30am – 8pm; Saturday: 8:30am – 5pm

**Other Locations:** Whittier Street Health Center – Satellite Clinic 278 Blue Hill Avenue Roxbury, MA (617-858-2550)

Monday through Friday: 8:30am – 5pm

**Requirements & Restrictions:** Discounts are available for patients based on family size and income.

**Languages:** English, Spanish, Swahili, Arabic, Bosnian, Krio, Portuguese, Yoruba, Russian, Farsi, Somali, Urdu, Haitian Creole

**Services:** At Whittier Street Health Center, they are dedicated to providing high quality and accessible clinical services to all of their patients.

- Clinical Services
- Primary Care
- Specialty Care
- Oral & Eye Care
- General Dentistry, Oral Surgery, and Orthodontics
- Eye Care - Eye Wear Dispensary
- Pharmacy
- Community Health Programs
- Anti-Violence Programming
- Community Outreach and Education Services
- Post Prison Release/ Re-Entry Program

# SEX OFFENDERS

## **CPCS-Alternative Commitment & Registration Support Unit**

**Address:** 75 Federal Street 6th Floor Boston, MA 02110

**Phone:** 617-482-6212 | Fax: 617-502-6328

**Email:** [ac@publiccounsel.net](mailto:ac@publiccounsel.net)

**Website:** [www.publiccounsel.net/pc/alternative-commitment-and-registration-support-unit](http://www.publiccounsel.net/pc/alternative-commitment-and-registration-support-unit)

**Who to Contact:** Alternative Commitment & Registration Support Unit

**Description:** The Alternative Commitment and Registration Support Unit (ACRSU) is a unit of the private counsel division that works to ensure that indigent clients are well-represented in sexually dangerous persons (SDP) proceedings in Superior Court, in Sex Offender Registry Board (SORB) proceedings before the SORB and Superior Court, and in the appeal of SORB and SDP cases to the appellate courts.

## **Institution for Sexual Wellness**

**Address:** 53 Winter Street Weymouth, MA 02188

**Phone:** 617-479-4501 | Fax: 617-479-8109

**Email:** [info@instituteforsexualwellness.org](mailto:info@instituteforsexualwellness.org)

**Website:** <https://instituteforsexualwellness.org/>

**Service Hours:** Monday through Wednesday: 9am-5pm, and flexibility as on a needs-be basis

**Languages:** English

**Services:** The Institution for Sexual Wellness provides evidence-based comprehensive assessment, psycho-pharmacological and psycho-therapeutic sex offender treatment to individuals whose behaviors pose a high risk to themselves and/or others. Services offered include full clinical evaluations, dynamic risk assessments and treatment needs evaluation, interim evaluation, fire setting evaluations, forensic evaluation and consultation, group and individual therapy, as well as psycho-pharmacological therapy. Call the Institution for Sexual Wellness at (617) 479-4501 to schedule an initial appointment.

## **Massachusetts Association for the Treatment of Sexual Abusers (MATSA)**

**Address:** P.O. Box 920621 Needham, MA 02492

**Phone:** 857-244-1416

**Email:** [matsaboardpresident@gmail.com](mailto:matsaboardpresident@gmail.com)

**Website:** <https://matsa.info/>

**Description:** This is a professional association of clinicians and other professionals in the field of sex offender evaluation and treatment. The MATSA Resource Directory, a list of treatment providers, is available on their website.

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## New England Forensic Associates

**Address:** 22 Mill St. #306 Arlington, MA 02476

**Phone:** 781-643-0610 | Fax: 781-643-1609

**Email:** [nefa@nefacorp.com](mailto:nefa@nefacorp.com)

**Website:** [www.nefacorp.com](http://www.nefacorp.com)

**Service Hours:** Office Hours, Monday through Thursday 9am to 5pm

**Requirements & Restrictions:** Client needs to be accepted to treatment by a clinician.

**Waiting Time:** Less than a month for appointments

**Languages:** English, Spanish

**Services:** NEFA is a nationally recognized center for the evaluation and treatment of problematic sexual behavior. NEFA provides:

- Individual and group therapy
- Outpatient Therapy
- Specialized Treatment Programs
- Psychological Evaluation
- Psychometric Assessment
- Employment and Human Resources Screening
- Professional Consultation
- Expert Witness Testimony





# SHELTERS

## **Bristol Lodge Men's Shelter**

**Address:** 27 Lexington Street Waltham, MA 02452

**Phone:** 781-893-0108

**Email:** [bristolodge@mhsainc.org](mailto:bristolodge@mhsainc.org)

**Website:** [www.mhsainc.org/shelter](http://www.mhsainc.org/shelter)

**Requirements & Restrictions:** 18 years or older. Dry facility: Participants must remain sober and free of intoxicating substances of any type. 90-day maximum stay, plus a 30-day waiting period before readmission

**Description:** The Bristol Lodge Men's Shelter provides temporary, emergency shelter accommodations for 45 homeless adult men. It operates on a first-come, first-served basis. If you are in need of a bed, you must go through the pre-screening process by calling 781-893-0108, Monday through Friday. Upon completion of the intake process, clients are given access to individualized case management services, meant to address and provide referrals for a wide spectrum of topics, including housing, employment, mental health, substance use disorder, financial insecurity, nutrition and more.

## **Bristol Lodge Women's Shelter**

**Address:** 205 Bacon Street Waltham, MA 02451

**Phone (Registration):** 781-893-0108

**Email:** [bristolodge@mhsainc.org](mailto:bristolodge@mhsainc.org)

**Website:** <https://mhsainc.org/programs/shelter/>

**Requirements & Restrictions:** 18 years or older. Dry facility: Participants must remain sober and free of intoxicating substances of any type. 90-day maximum stay, plus a 30-day waiting period before readmission.

**Description:** The Bristol Lodge Women's Shelter provides temporary, emergency shelter accommodations for 12 homeless adult women. It operates on a first-come, first-served basis. If you are in need of a bed, you must go through the pre-screening process by calling 781-893-0108, Monday through Friday. Phone calls are accepted beginning at 9:00am. Upon completion of the intake process, clients are given access to individualized case management services meant to address and provide referrals to services including housing, employment, mental health, substance use disorder, financial insecurity, nutrition and more.

## **Father Bill's Place**

**Address:** 38 Broad Street Brockton, MA 02301 | **Other Locations:** 54 North Main Street Brockton 02301 (508-587-5441)

**Phone:** 617-770-3314

**Email:** [info@helpfbms.org](mailto:info@helpfbms.org)

**Website:** [www.helpfbms.org](http://www.helpfbms.org)

**Service Hours:** 24/7

**Requirements & Restrictions:** Guests must prove tie or connection to the greater Quincy/Brockton/South Shore area; Must speak to assessment specialist; Male or Female, 18+; Sex offenders must register with Quincy/ Brockton Police.

**Waiting Time:** Lottery system. No referrals are taken.

**Description:** Father Bill's & MainSpring is an emergency shelter for adults experiencing homelessness. The goal is to help people get stabilized and on a pathway toward permanent housing and self-sufficiency. Father Bill's provides supportive services, access to on-site shower facilities and a medical clinic, and referrals to community agencies, including those in mental health, substance use disorder, housing, and employment. 3 meals a day can also be provided.

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## Harvard Square Homeless Shelter (HSHS)

**Address:** 66 Winthrop Street Cambridge, MA 02138

**Phone:** 617-547-2841 | Toll-free: 1-888-285-4038

**Email:** [hshs.info@gmail.com](mailto:hshs.info@gmail.com)

**Website:** [hshshelter.org](http://hshshelter.org)

**Service Hours:** 7pm to 8am, except on Saturday mornings when the shelter remains open until 9am

**Other Locations:** Office Address: Phillips Brooks House Association 1 Harvard Yard Cambridge, MA 02138

**Requirements & Restrictions:** Self-referral. Dry shelter – no drugs, no alcohol allowed.

**Description:** HSHS is a dry shelter open from November 1 until April 15. HSHS is student-run and operates out of the basement of University Lutheran Church in Harvard Square. HSHS provides guests with shelter, food, security, and a supportive environment of mutual respect. HSHS serves 24 men and women every night.

### Services include:

- Reserving a Bed
- Three-week beds - Lotteries for 3-week beds occur on Mondays, Thursdays, and Saturdays. To enter, call (888) 285-4083 between 7:30am and 8am on those days. At 8:10am, results will be announced on their voicemail and posted on their front door.
- One night beds - Many nights, they hold a lottery for a 1-night emergency beds. To check if one is occurring and enter, call (888) 285-4038 between 9pm and 9:30pm. Call to ask about results between 9:40pm and 10:30pm.
- Meals (Guests receive breakfast and dinner. Blankets, basic toiletries, and food are available)
- Laundry (HSHS maintains a washer and dryer for guest use)
- Computers (3 computers with internet connection and printer are available for guests during their stay)
- Referrals (If no beds are available at HSHS, staff will make referrals to other shelters upon request)
- Case Management (Their Resource Advocacy program provides case-management to their guests to help them connect with social services in the Boston/Cambridge area)

## Heading Home

**Address:** The Schrafft Center 529 Main Street, Suite 100 Charlestown, MA 02129

**Phone:** 617-864-8140 | Fax: 617-864-2541

**Email:** [lkaplan@headinghomeinc.org](mailto:lkaplan@headinghomeinc.org)

**Website:** [www.headinghomeinc.org](http://www.headinghomeinc.org)

**Service Hours:** Varies by program

**Requirements & Restrictions:** Different programs may have requirements; ask when applying.

**Services:** Heading Home offers a variety of services available to individuals and families. These include:

- Shelters & Emergency Services: Dorchester and Roxbury Family Shelters: 6 emergency assistance shelters for 42 families.
- Transitional Housing: Medford Family Life Education Center: Emergency shelter for 6 families and transitional shelter for 2 families. Transitional Apartments: 17 supported single-resident apartments for families receiving support services.
- Permanent Housing: Congregate Housing: Supported permanent housing provided for men and women with shared living spaces in Cambridge. Scattered-Site Apartments Permanent Housing Partnership: Permanent housing and intensive services for individuals with disabilities, provided through partnerships with housing development corporations. If you are a homeless individual looking for housing, please contact Michael Montanille, Individual Services Intake Coordinator at 617.864.8140, ext. 119 or download a copy of their application for permanent housing online.

## Pine Street Inn

**Address:** 444 Harrison Avenue Boston, MA 02118

**Phone:** (General Information) 617-892-9100

**Email:** [info@pinestreetinn.org](mailto:info@pinestreetinn.org)

**Website:** [www.pinestreetinn.org](http://www.pinestreetinn.org)

**Other Locations:** Women's Inn at Pine Street: 363 Albany Street, Boston | Shattuck Shelter: 170 Morton Street, Jamaica Plain

**Requirements & Restrictions:** Must be homeless; Ages 25 and older only; Alcohol/drugs/drug paraphernalia/ weapons are not permitted on premises. Unregistered sex offenders are prohibited from the premises.

Languages: English, Spanish

**Description:** Pine Street Inn partners with homeless individuals to help them move from the streets and shelter to a home and assists formerly homeless individuals in retaining housing. They provide street outreach, emergency services, supportive housing, job training and connections to employment.

### Services:

- Emergency Services
- Street outreach
- Front Door Triage
- Emergency shelter
- Permanent Housing
- Workforce Development
- iCater
- Housekeeping
- Additional Services
- Homeless Court
- Recovery Services

# SUBSTANCE USE

## AdCare Treatment Centers

Email: [admissions@contactaac.com](mailto:admissions@contactaac.com)

Address: 1419 Hancock St. Ste. 201 Quincy, MA 02169 | **Other Locations:** AdCare Hospital – 107 Lincoln St. Worcester

Phone: 866-279-7444 | Criminal Justice Services: 508-763-2107

Website: [adcare.com](http://adcare.com)

**Service Hours:** Main phone line is open 24 hours a day, 365 days a year.

**Description:** The AdCare mission is to improve the lives of their patients and families by providing safe, effective, recovery-based alcohol and drug treatment.

### Services:

- Inpatient
- Outpatient - programming in Quincy, West Springfield, Worcester, and North Dartmouth
- Families
- Criminal Justice Services - includes Substance Use Disorder Treatment, Adult Education, Life-skills Programs and Vocational Readiness, Reentry Support, and many more. (Contact [acjs@adcare.com](mailto:acjs@adcare.com) for more information)
- Online Services: Virtual Support Meetings, AdCare Telehealth Services

## AHOPE: Boston Public Health Commission

Address: 774 Albany St 1st Floor Boston, MA 02118

Phone: 617-534-3976

Email: [smackin@bphc.org](mailto:smackin@bphc.org) | [challett@bphc.org](mailto:challett@bphc.org)

**Description:** AHOPE is a harm reduction and needle exchange site providing a range of service to active injection drug users, including: Integrated HIV, Hepatitis, and STI testing. Free legal, and anonymous needle exchange. Supported referrals to HIV, Hepatitis, and STI treatment. Overdose prevention education and training. Risk reduction supplies to reduce the spread of HIV and Hepatitis C infection. Risk reduction counseling and supported referrals to all modalities of substance use disorder treatment. AHOPE services are available at the walk-in center at 774 Albany Street and through mobile van and outreach sites around Boston.

**Services offered include:** Delivery Services, Drop-in Center, Hepatitis Testing and Education, HIV Testing and Education, MAT Education and Referrals, Naloxone Distribution/Overdose Education, Syringe Services

## Alcoholics Anonymous

Address: 12 Channel St., Suite 604 Raymond L. Flynn Marine Park Boston, MA 02210

Phone (English): 617-426-9444 | Phone (Spanish): 617-764-0361

Website: [www.aaboston.org](http://www.aaboston.org)

**Service Hours:** Monday through Friday: 9am - 9pm; Weekends and holidays: 12pm - 9pm

**Languages:** English, Spanish, Portuguese

**Services:** Information on alcohol abuse and treatment. Meetings and hotline available.

- Virtual Meetings: Local on-line and in-person meetings listed on website. Listings of online meetings outside the area can be found at <https://aa-intergroup.org/>

## **Boston Health Care for the Homeless: Substance Use Disorders Services**

**Address:** 780 Albany Street Boston, MA 02118

**Phone:** 857-654-1000 | Fax: 857-654-1100

**Email:** [info@bhchp.org](mailto:info@bhchp.org)

**Website:** [www.bhchp.org/specialized-services/addiction-services](http://www.bhchp.org/specialized-services/addiction-services)

### **Services:**

- SPOT Program – SPOT offers engagement, support, medical monitoring, and serves as an entry way to primary care and treatment on demand for 8-10 individuals at a time who are over-sedated from the use of substances and who would otherwise be outside on a street corner, alleyway, or alone in a public bathroom, at high risk of overdose. SPOT is staffed by addiction nurses, harm reduction specialists, and peers who are in recovery themselves.
- Office-Based Opiate Treatment – BHCHP launched its opioid treatment program at Jean Yawkey Place in 2008. We expanded this service to our clinic at St. Francis House in 2013 and to Casa Esperanza in 2015. Specialists work with addicted patients using a combination of Suboxone treatment, counseling, and case management.
- ACCESS Team – The Addiction Collaborative and Expedited Support Services (ACCESS) team focuses on harm reduction strategies and draws on motivational approaches to promote self-driven care. The ACCESS team serves patients who are at highest risk for overdose death— those who have had an unintentional drug overdose within the last 12 months. Services include: Expedited access to primary medical care, Suboxone therapy, Behavioral health care and Weekly substance use disorder groups.
- Case Management – case management services include accompaniment, home visits, assistance with detox and transitional programs, naloxone education, harm reduction & overdose prevention counseling.
- Naloxone – Naloxone, also known as Narcan, is a safe and effective prescription medication that reverses opioid overdose. BHCHP provides prescriptions for Naloxone and educates patients on how to use it.
- Support Groups – In October 2012, BHCHP began offering addiction support groups, first at the Barbara McInnis House, our 104-bed respite program, and then at our outpatient clinic at Jean Yawkey Place. Facilitated by social workers skilled in addiction counseling, these groups are held daily and are well attended by patients in both settings.

## **Boston Medical Center – Office Based Addiction Treatment (OBAT)**

**Address:** 801 Massachusetts Ave Boston, MA 02119

**Phone:** 617-414-4123

**Website:** [www.bmc.org/office-based-addiction-treatment-obat](http://www.bmc.org/office-based-addiction-treatment-obat)

**Service Hours:** Monday through Thursday 8:00 AM - 8:00 PM Friday 8:00 AM - 12:00 PM

**Languages:** All languages made possible through phone interpreter services

### **Services:** The BMC OBAT Program provides the following services to patients:

- Treatment for substance use disorders, including opioid, alcohol, benzodiazepine, and stimulant use disorders
- Trained addiction experts including nurses, physicians, nurse practitioners, social workers, psychiatrists, patient care coordinators, medical assistants, and recovery coaches
- Same-day medication access for Opioid Use Disorder
- Direct telephone access to the nursing team with compassionate and non-judgmental care
- Harm reduction services and resources
- Services for justice-involved individuals, adolescents, pregnant and post-partum women, and those with brain injuries
- Assistance accessing social supports and other benefits (e.g., food, IDs, employment, insurance)
- Behavioral health and psychiatric services
- Access to short- and long-term birth control
- Screening and treatment options for HIV; Hepatitis A, B, and C; and Sexually Transmitted Infections (STI)
- Overdose education and access to naloxone (Narcan)



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## Casa Esperanza, Inc.

**Email:** [info@casaesperanza.org](mailto:info@casaesperanza.org)

**Address:** 302 Eustis Street Roxbury, MA 02119

**Phone:** 617-445-1123

**Website:** <https://www.casaesperanza.org/>

**Service Hours:** Varies by program. See website for details.

**Requirements & Restrictions:** Varies by program. See website for details.

**Waiting Time:** Varies by program. See website for details.

**Languages:** Spanish and English.

**Description:** Casa Esperanza, Inc. is a bilingual/bicultural behavioral health facility that specializes in serving men and women with a history of substance use disorder in Massachusetts.

### Services:

- Men's Program – 4 to 6 month residential treatment program for men recovering from alcohol and drug addiction
- Latinas y Niños Center – 6–12-month residential treatment program that focuses on the unique cultural and social needs of Latina women in recovery and their children
- Familias Unidas Relapse Prevention & Outpatient Services Program
- Conexiones Clinical Stabilization Services – 14-day bedded program providing clinical stabilization services to people in recovery from alcohol and substance use.
- Peer & Graduate Services
- Supportive Housing

## CASPAR, Inc.

**Address:** 240 Albany Street Cambridge, MA 02139

**Phone:** 617-661-0600 | **Contact:** First Step Street Outreach Team, 617-592-6895

**Website:** <https://www.baycovehumanservices.org/caspar>

**Requirements & Restrictions:** For residents of Cambridge or Somerville. May be eligible if resident of Cambridge or Somerville before incarceration. Services meant for people that struggle with substance use disorder addiction.

**Waiting time:** Contact shelter for availability

**Languages:** English, Spanish

**Description:** Cambridge and Somerville Program for Addiction Recovery (CASPAR) is a community-based non-profit organization founded in 1970 in response to need for community substance use disorder treatment.

### Services include:

- FirstStep – FirstStep Street Outreach program offers life-saving alternatives to unsheltered homeless men and women who are affected by substance use disorder, mental illness and medical complications associated with life on the streets.
- Emergency Service Center – Emergency Service Center (ESC) is one of three shelters in Massachusetts that accept homeless people who are actively using alcohol and drugs. At the ESC clients receive medical and mental health care, nutritional food, personal hygiene supplies, clean clothes, counseling, case management, and employment, housing, and treatment referrals in an environment that is welcoming and safe. The ESC provides a 24-hour shelter, 365 days a year to residents of Cambridge and Somerville.
- Residential Programs – residential programs are designed to help individuals maintain sobriety, while developing skills they'll need when they transition to the "real world."

## Gavin Foundation

**Address:** 70 Devine Way Boston, MA 02127

**Phone:** 617-268-5000

**Website:** [www.gavinfoundation.org](http://www.gavinfoundation.org)

**Description:** The Gavin Foundation operates more than a dozen adult and youth programs independently or in collaboration with other agencies. See more information below and on the website.

### Services:

- *Residential Programs* – Charlestown Recovery House, the Gavin House, and the Graduate Centers, Hamilton House, and Cushing House for Transitional Age Youths
- *Community Programs* – Center for Recovery Services, Devine Recovery Center, Quincy Acute Treatment Services/Clinical Stabilization Services (Detox), AWOL – AA Way of Life, Re-Entry Program, and Total Immersion Program (TIP)
- *Collaboration Programs* – Access to Recovery (ATR), and William J. Ostiguy High School

## Hope House

**Email:** [Emaguire@hopehouseboston.org](mailto:Emaguire@hopehouseboston.org)

**Address:** 8 Farnham Street Boston, MA 02119

**Phone** (Addiction Services): 617-971-9360 | **Phone** (Outpatient Services): 617-971-9370

**Website:** [hopehouseboston.org](http://hopehouseboston.org)

**Description:** Hope House's mission is to provide individualized treatment to those living with a substance use disorder (SUD). Individuals will receive education and support allowing them to pursue their life interests with families, employers, and be self-sufficient members of their communities. Residential and Outpatient programming are available.

## Institute for Health and Recovery, Project Promise

**Address:** 255 River St Mattapan, MA 02136

**Phone:** 781-974-7787

**Email:** [jenniferquintana@healthrecovery.org](mailto:jenniferquintana@healthrecovery.org) | **Contact:** Jennifer Quintana, Intake and Services Coordinator

**Website:** [www.healthrecovery.org/projects/project-promise/](http://www.healthrecovery.org/projects/project-promise/)

**Service Hours:** Groups: Monday through Friday 10am-2pm Office Hours: Monday through Friday 8am-5pm

**Other Locations:** Zoom meetings available. Virtual day treatment groups 3x a week, Monday through Friday

**Requirements & Restrictions:** Are you pregnant or do you have a baby? Has alcohol or other drugs been an issue for you? Are you looking for support to work on your recovery AND be the best mom you can be?

**Services:** Individual Substance Use Treatment, Peer Mentoring to support recovery, Groups focused on Parenting and Child Development, Case Management, and Support for family members, including fathers/male partners.

## Massachusetts Access to Recovery (ATR)

**Phone:** (Toll-free and Confidential Help Line) 1-855-491-4567

**Email:** [atr@ahpnet.com](mailto:atr@ahpnet.com)

**Website:** [www.ma-atr.org](http://www.ma-atr.org)

**Service Hours:** Help Line is a non-monitored phone line and may take up to 3 business days for response

**Requirements & Restrictions:** Participants cannot refer themselves. To be referred, individuals must already be working with a treatment provider who is authorized to make ATR referrals. ATR only accepts referrals from authorized referral portals. Check with your provider to see if they're authorized to make ATR referrals or contact the BSAS Substance Use Helpline (800-327-5050) to discuss your options.

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### **Massachusetts Access to Recovery (ATR) Information Continued**

**Services:** Access to Recovery (ATR) is a government-funded program in MA that gives adults in early recovery from substance use disorders (SUDs) wider access to a full range of community services that can help them be successful in their recovery. ATR operates in: Boston, Springfield/Holyoke, Worcester, Lowell and New Bedford. ATR provides 5 types of services – (1) Individualized Recovery Coaching, (2) Basic needs purchases, (3) Career Building Services to help participants explore careers, and to find a job. ATR participants can enroll in job readiness programs and occupational training programs focused on CORI friendly jobs. Participants can receive Work-Study Benefits (WSBs) of \$10 per hour for every session hour they attend during a training program, (4) Sober Home Service provides eligible ATR participants with up to 5 months of rental assistance in a MASH Certified Sober Home, as well as individualized support through a Recovery Coach to help the individual adjust to this transitional living environment and work towards self-sufficiency. Those who qualify for Sober Home services must be current ATR participants, and (5) Care Coordination through an ATR Coordinator to tie all the pieces together.

### **NamaStay-Sober**

**Contact Page:** <https://namastaysober.org/contact-us/>

**Website:** <https://namastaysober.org/>

**Description:** NamaStay Sober supports individuals in recovery through yoga, fitness, meditation, and sober social community events, helping people reconnect as they work toward sobriety. By joining the NamaStay Sober community, participants have access to a network of peers, support, and wellness resources, helping them create a healthier lifestyle.

**Services include:**

- **Yoga & Fitness Classes:** NamaStay Sober offers affordable yoga, fitness, and meditation classes designed to support individuals in recovery, which focus on promoting wellness as part of the healing process.
- **Sober Community Events:** The organization hosts events to create a sober social space where participants can connect with others on their recovery journey and find support.
- **NamaStay Connected:** NamaStay Sober also offers a virtual community by bringing together individuals in recovery through online yoga and meditation classes, community conversations, and a book club.
- **Free Classes & Volunteering:** NamaStay Sober is committed to making its services accessible by offering free fitness classes and welcome volunteers.

### **New England Region of Narcotics Anonymous**

**Phone:** 1-866-NA-HELP-U (1-866-624-3578)

**Email:** [info@newenglandna.org](mailto:info@newenglandna.org)

**Website:** [www.nerna.org](http://www.nerna.org)

**Languages:** English, Spanish, & Vietnamese

**Description:** NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. They are recovering addicts who meet regularly to help each other stay clean. NA is a program of total abstinence from all drugs. The only requirement for membership is the desire to stop using. This website contains information for addicts and professionals about Narcotics Anonymous in the New England Region of NA.

### **New Horizons Medical Intake**

**Address:** 285 Main St, Fitchburg, MA 01420

**Phone:** (General) 978-488-088 | (Intake) 888-999-2041

**Email:** [info@newhorizonmed.com](mailto:info@newhorizonmed.com)

**Website:** <https://newhorizonsmedical.org/>

**Service Hours:** Monday - Friday: 9am -5pm, Saturday: 9am - 2pm

### **New Horizons Medical Intake Information Continued**

**Description:** They offer low-cost mental health, substance use, and psychiatry treatment, and accept most health plans in Massachusetts which often makes treatment almost free to patients with qualified insurance. At New Horizons Medical, we believe in the power of healing and the importance of providing compassionate care to those in need. We are dedicated to improving the lives of our patients by offering evidence-based treatment and utilizing the latest medical advancements. We are committed to ethical and responsible conduct in all of our actions, and strive to be a trusted leader in the medical community. We are dedicated to making a difference in the world and will always put the needs of our patients first.

### **Right Turn**

**Address:** 440 Arsenal Street Watertown, MA 02472

**Phone:** (781) 646 3800 | Phone (Intake): (781) 646-3800, ext. 101

**Email:** [cynthia.wachs@right-turn.org](mailto:cynthia.wachs@right-turn.org)

**Website:** <http://right-turn.org/>

**Requirements & Restrictions:** All programs and services are covered by certain Blue Cross Blue Shield, Tufts Health Plan and other private insurance carriers. Please call for more information.

**Description:** Right Turn provides a broad range of evidence-based treatment programs for individuals, and families recovering from substance use disorders and co-occurring disorders.

**Services include:** Partial Hospital Program , Intensive Outpatient Program, Medication Assisted Treatment, Individual Outpatient Therapy, Family Services, Alumni Group, Family Group – Family Matters, Artists in Recovery Group, Interventions

### **Spectrum Health Systems**

**Email:** [info@spectrumsys.org](mailto:info@spectrumsys.org)

**Address:** 10 Mechanic St Suite 302 Worcester, MA 01608

**Phone:** 1-877-697-3422

**Website:** <https://www.spectrumhealthsystems.org/>

#### **Services include the following:**

- Inpatient Services – Inpatient Detoxification, Clinical Stabilization, Residential Treatment
- Outpatient Services – Outpatient Counseling, Medication for Substance Use Disorders, Rapid Access Treatment, MA Impaired Driving Program, Second Offender Aftercare
- Partner Abuse Education – Anger Management
- Adolescent Services – Bright Futures, Detention
- Peer Recovery Support – Peer Recovery Support Groups

### **Victory Programs Inc.**

**Address:** 965 Massachusetts Ave Boston, MA 02118

**Phone:** 617-541-0222 | Fax: 617-541-0094

**Website:** [www.vpi.org](http://www.vpi.org)

**Description:** Victory Programs opens doors to recovery, hope and community for individuals and families facing homelessness, addiction or other chronic illnesses like HIV/AIDS. Services include short and long-term residential treatment programs for individuals and families, affordable housing opportunities, HIV/AIDS case management. They also offer HIV/HCV/STI testing and have an HIV drop in center. Multiple sites located throughout Boston.

# SUPPORT GROUPS

## Back On My Feet Boston

**Address:** 361 Newbury Street Boston, MA 02115

**Phone:** 617-221-9508 | Contact: Jennifer Hyde

**Email:** [Jennifer.hyde@backonmyfeet.org](mailto:Jennifer.hyde@backonmyfeet.org)

**Website:** [www.backonmyfeet.org](http://www.backonmyfeet.org)

**Requirements & Restrictions:** Potential members must be clean and sober to participate. Cannot accept level 3 sex offenders.

**Description:** Members commit to running/walking with one of their six teams in the Boston area Monday, Wednesday and Friday mornings. After 3 mornings of participation they are able to receive team gear, including a pair of running shoes. After 30 days in the program, members with 90% attendance earn the opportunity to move into the second phase of the program called Next Steps, which provides educational support, job training programs, employment partnership referrals and housing resources. Members can earn financial assistance to remove barriers to employment and housing such as work supplies, transportation and security deposits.

**Services:** All their group runs meet every Monday, Wednesday, and Friday. New members and volunteers are always welcome! After 3 days of participation members are eligible to receive team gear. After 30 days participation they are able to enter the Next Steps Program to be eligible for financial aid. All interested members and volunteers must complete paperwork prior to attending their first run.

- Team Hope @ 5:45 am outside of 8 Farnham Street, Boston
- Team Common Ground/Vets @ 5:45 am near the Park Street MBTA Station at Park / Tremont Streets

## Baystate Reentry Network

**Address:** PO Box 57 Prides Crossing, MA 01965

**Phone:** 617-380-7761

**Email:** [info@baystatereentrynetwork.org](mailto:info@baystatereentrynetwork.org)

**Website:** [baystatereentrynetwork.org](http://baystatereentrynetwork.org)

**Description:** The Baystate Reentry Network (BRN) is a dedicated group of volunteers helping re-emerging citizens, who have a sexual conviction and are forced to register, reintegrate into society after their incarceration.

## Boston Community Justice Support Center (at Suffolk County Courthouse)

**Email:** [sandra.brown@jud.state.ma.us](mailto:sandra.brown@jud.state.ma.us)

**Address:** 3 Pemberton Sq Room 114 Boston, MA 02108

**Phone:** 617-788-3500 | Fax: 617-936-2428

**Website:** [www.mass.gov/info-details/find-out-how-community-justice-support-centers-work](http://www.mass.gov/info-details/find-out-how-community-justice-support-centers-work)

**Description:** There are 18 CJSC across the state. Clients attend CJSC to participate in programs designed to improve their lives and avoid further criminal justice involvement. Each CJSC offers about 15 different programs, including cognitive behavioral treatment for Substance Use Disorder (SUD) and to improve decision making, employment counseling, and Adult Basic Education, GED/HiSET, and post-secondary preparation. Typically, CJSC attendance is ordered by the court pursuant to G. L. c. 211F § 3, but it can also be a condition of parole or pre-release supervision. For people going home after being incarcerated, attending may be a choice.



### **Boston Project Rebound Reentry Services**

**Address:** Boston Project Rebound Reentry Services, Inc., P.O. Box 192123, Roxbury, MA, 02119

**Phone:** 978-545-3607

**Email:** [bostonprojectrebound@gmail.com](mailto:bostonprojectrebound@gmail.com)

**Website:** [bostonprojectrebound.org](http://bostonprojectrebound.org)

**Service Hours:** Monday through Friday, 9am-5pm

**Services:** Website provides additional resources for people returning to their communities. Programs offered include –

- BPRRS Aftercare Support Program
- Peer Navigation Program
- Senior Peer Navigator Program
- Employment Training
- Veterans Specialist
- Recovery Coaching

### **Boston Rescue Mission**

**Address:** 39 Kingston Street Boston, MA 02111

**Phone:** 617-338-9000 | Fax: 617-482-6623

**Email:** [info@brm.org](mailto:info@brm.org)

**Website:** [www.brm.org](http://www.brm.org)

**Description:** Boston Rescue Mission offers a variety of programs and resources that prevent and end homelessness and support the recovery, health, faith, and independence of those who have a history of substance use disorder, incarceration, and homelessness.

**Services:** Boston Rescue Mission provides the following programs -

- Preventing Homelessness – Outpatient counseling center, Sober living and life growth shelter communities, Food pantry, Job readiness
- Paws for Serenity – Animal Assisted Therapy
- Ending Homelessness, One Person at a Time – “Wet” emergency overnight shelter beds, “Dry” sober beds and supporting services, Rapid rehousing & stabilization program, Safe Haven Veterans program
- Veterans Programs
- Meal Programs – In house meal program, Saturday morning outreach

### **Bridge Over Troubled Waters**

**Address:** 47 West Street Boston, MA 02111

**Phone:** (Main) 617-423-9575 | TTY: 617-423-9575 | National Runaway Hotline: 1-800-786-2929

**Website:** [www.bridgeotw.org](http://www.bridgeotw.org)

**Service Hours:** Intake: Monday through Friday, 9am - 4:30pm

Mobile Medical van Hours: Mon. - Fri., 5pm-6:30pm @ Boston Common, 7pm - 8:30pm @ Harvard Square

**Requirements & Restrictions:** Youth only, ages 14 to 24

**Languages:** Spanish, English

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### **Bridge Over Troubled Waters Information Continued**

**Services:** Bridge offers a comprehensive range of services to youth ages 14 to 24 in a positive and safe environment –

- **Street Outreach and Mobile Medical Van:** Street Outreach is Bridge’s daily “foot patrol” of trained outreach workers who make regular consistent contact with homeless youth on the street throughout a range of neighborhoods in Boston and Cambridge. The Mobile Medical Van (MMV) connects with the street outreach team each weeknight. See specific hours below. The Van provides medical attention, survival kits, clothes, food and referrals.
- **Runaway Program:** Bridge is the local respondent for the national runaway hotline offering 24-hour access to a counselor and an overnight accommodation away from the streets for homeless youth ages 14-17 for up to 72 hours.
- **Traditional Day Program (TDP):** Visit the second floor of the Bridge building for a free breakfast or lunch. You can shower, use the lockers, do your laundry, attend a workshop, and see a case manager.
- **Medical Care:** weekly free medical services staffed by healthcare professionals at the 47 West Street Facility.
- **Counseling and Support Services:** Get help for substance use disorder, family & peer relationships, survival needs and other crisis intervention services. Bridge counselors will support and listen to you.
- **Emergency Residence:** Short-term transitional residence at the 47 West St. location for homeless youth ages 18 to 24. Youth commit to counseling, employment and continue their education. During the winter months, Bridge opens up the Warming Center, as an adjunct to the ER, each night to youth who need overnight shelter and survival each day from November through April.
- **Education and Career Development Program:** Classes for youth to attain their HiSet. Takes place M – F from 9am – 12pm and 1pm – 4:00pm. Flexible schedule, rolling admissions, guidance counseling for youth who wish to enter or continue college or vocational program.
- **Transitional Living Program:** Long-term transitional residential program. Residents are required to maintain employment, continue their education, and meet weekly with a counselor.
- **Single Parent Home:** Transitional living program for pregnant and parenting homeless young women and their children. Serves up to 10 families at any given time and may stay for up to 2 years.
- **Housing:** Bridge offers a variety of supportive services for youth seeking housing. Liberty House is the next step for young adults who have participated in their Transitional Living Program in Brighton. Bridge also currently participates in rapid re-housing programs for youth based on the “housing first” model. This program with the City of Boston is another avenue to prioritize youth for housing.

### **Cambridge Multi-Service Center**

**Address:** 362 Green Street 1st Floor Cambridge, MA 02139

**Phone:** 617-349-6340

**Website:** [www.cambridgema.gov/Services/HomelessandEvictionPrevention](http://www.cambridgema.gov/Services/HomelessandEvictionPrevention)

**Service Hours:** Walk-in hours Monday: 9:00am - 7:30pm Tuesday - Thursday: 9:00am - 4:30pm Friday: 9:00am - 11:30am

**Languages:** Spanish, Portuguese, Haitian Creole

**Services:** Cambridge Multi-Service Center offers the following –

- City Programs – MSC Case Managers, Housing Search Assistance, Cambridge Coordinated Access Network (C-CAN), The Carey Program, and Cambridge Haitian Services.
- Community Programs – Cambridge and Somerville Legal Services (CASLS). Clients must be referred for an appointment by an MSC Case Manager. To be screened for a referral, attend a walk-in consultation with an MSC Case Manager during MSC walk-in hours or call the front desk.
- DeNovo Eliot Community Human Services – Individuals experiencing HUD homelessness seeking connections to mental health services can ask the MSC front desk to be connected to an Eliot worker.
- Just-A-Start (JAS) Financial Opportunity Program – For a referral to this program please attend a walk-in consultation with a MSC Case Manager or contact Ian Davis directly: 617-918-7525 or [IanDavis@justastart.org](mailto:IanDavis@justastart.org)
- HomeStart
- Metro Housing

### Father's Uplift

**Address:** 12 Southern Ave, Dorchester, MA 02124

**Phone:** 617-708-0870

**Email:** [info@fathersuplift.org](mailto:info@fathersuplift.org)

**Website:** <https://www.fathersuplift.org/>

**Description:** Fathers' Uplift works to assist fathers in overcoming barriers (financial, oppressive, emotional, traumatic, and addiction-based) that prevent them from remaining engaged in their children's lives. Their mission focuses first on impacting individuals, then on building families, and finally on enabling societies and communities to better serve and support fathers and families beyond our doors. The four pillars of programs are outlined below:

1. **Clinical Support program:** Clinical therapy services for men and families to help them navigate challenges related to parenting and expressing their feelings.
2. **Therapeutic Coaching:** Personal mentorship/guidance and holistic assistance with stressors such as employment, homelessness, custody challenges, and more. Involved in our Therapeutic Coaching services is our Fathers' Homecoming Program in which Fathers' UpLift meets with men up to 6-months prior to reentry to build a plan of care. Upon release, we provide a "Bag for Dad" and transportation to their current place of residence.
3. **Youth Services:** Supporting fatherless youth with programming to address the root cause of fatherlessness and stop cycles of father absenteeism.
4. **Male Engagement Institute:** Trainings, curriculum, and internships provided with the goal of guiding mental health agencies, government agencies, and schools of social work on how to best serve and support fathers and families.

### Friends Meeting at Cambridge – Sharing Circle

**Phone:** 617-876-6883

**Email:** [office@fmcquaker.org](mailto:office@fmcquaker.org)

**Website:** [fmcquaker.org/community/committees-and-groups](http://fmcquaker.org/community/committees-and-groups)

**Who to Contact:** Patricia Wild

**Service Hours:** Wednesdays 6pm – 9pm

**Description:** Every Wednesday at 6:00 pm those formerly incarcerated and those who care about them meet for dinner and sharing. For more info. contact [office@fmcquaker.org](mailto:office@fmcquaker.org), with subject "attn. Patricia Wild". Be sure to call first to confirm.

### Gamblers Anonymous MA

**Phone (Hotline):** 855-222-5542

**Website:** [gamblersanonymous.org/ga/](http://gamblersanonymous.org/ga/)

**Service Hours:** 24/7

**Requirements & Restrictions:** A desire to stop gambling. There are no dues or fees for Gamblers Anonymous.

**Description:** Gamblers Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from a gambling problem. Information about meetings is available on the website.

### Louis D. Brown Peace Institute

**Address:** 15 Christopher St. Dorchester, MA 02122

**Phone:** 617-825-1917 | **Fax:** 617-265-2278

**Email:** [info@ldbpeaceinstitute.org](mailto:info@ldbpeaceinstitute.org)

**Website:** <https://ldbpeaceinstitute.org/>

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### **Louis D. Brown Peace Institute Information Continued**

**Description:** Louis D. Brown Peace Institute provides services that are consistent and compassionate for families of murdered loved ones and families of incarcerated loved ones to prevent cycles of retaliatory violence.

**Services include:** Survivors Outreach Services; Community Re-Entry Preparation Services; Holistic Healing Workshops; Stars & Stripes Girls Group; Healing & Recovery Support Group; We're Still Here Writing Workshops; and Mindfulness.

### **Parole Regional Reentry Centers**

**Email:** [eopsinfo@state.ma.us](mailto:eopsinfo@state.ma.us)

**Address:** 60 Clayton Street 1st Floor Dorchester, MA 02122

**Phone:** (617) 376-6260

**Website:** [www.mass.gov/service-details/inmate-reentry-programs](http://www.mass.gov/service-details/inmate-reentry-programs)

**Services:** The Massachusetts Parole Board operates regional reentry centers across the state. These centers help individuals make the transition from prison to the community. Staff help with: food assistance, acquiring a state I.D. card, renewing a driver's license, opening a bank account, finding work, and finding counseling. These centers are open to individuals with no post-release supervision. If you are reentering the community, members of their department may be able to bring you to the reentry center closest to your release address.

### **Roca, Inc.**

**Address:** 101 Park Street Chelsea, MA 02150

**Phone:** 617-889-5210 | Fax: 617-889-2145

**Email:** [chelsea@rocainc.com](mailto:chelsea@rocainc.com)

**Website:** <https://rocainc.org/>

**Description:** Roca's mission is to be a relentless force in disrupting incarceration, poverty, and racism by engaging the young adults, police, and systems at the center of urban violence in relationships to address trauma, find hope and drive change. Roca offers both a Young Men's Program, and Young Mother's Program.

### **Union of Minority Neighborhoods**

**Email:** [umnunity@gmail.com](mailto:umnunity@gmail.com)

**Address:** 42 Seaverns Avenue Jamaica Plain, MA 02130

**Phone:** 617-942-7577 | Fax: 617-522-3351

**Website:** [unionofminorityneighborhoods.org](http://unionofminorityneighborhoods.org)

**Service Hours:** Monday through Friday, 9am - 5pm

**Description:** Union of Minority Neighborhoods (UMN) is committed to fully engaging and training communities of color to be active participants rebuilding their communities. UMN organizes and trains people of color and low-income people to end discriminatory policies and practices that limit their access to political, economic and social power.

### **YardTime Inc.**

**Address:** 292 Newbury Street Boston, Ma 02115

**Email:** [info@yardtimeent.org](mailto:info@yardtimeent.org)

**Website:** <https://www.yardtimeent.org/>

**Description:** Our mission is to empower returning citizens by addressing their mental health needs, facilitating their successful reentry into society, and strengthening family bonds. We envision a future where every returning citizen in Boston has the opportunity for a fresh start, leading to a safer, more inclusive community.

# VETERANS

## New England Center and Home for Veterans

**Address:** 17 Court Street Boston, MA 02108

**Phone (Services):** 617-371-1800 | **Fax (Services):** 617-371-1771 | **Phone (Case Management):** 617-371-1824

**Website:** [nechv.org](http://nechv.org)

**Service Hours:** Services open 24/7, Office hours are Monday through Friday: 9am – 5pm

**Requirements & Restrictions:** Any person who has served in the U.S Military (active, Guard, Reserve), regardless of era, length or character of service, is a Veteran, and is eligible for services and support from the NECHV.

**Description:** The mission of the New England Center and Home for Veterans (NECHV) is to equip Veterans who are facing or at-risk of homelessness with the tools for economic sufficiency and to provide them a path to achieve successful and dignified independent living. A service and care provider for former military service men and women, the NECHV offers a broad array of programs and services that enable success, reintegration, meaningful employment, and independent living.

### Services include:

- Transitional Housing - Safe Haven Program, Grant and Per Diem (GPD) Low Demand Program, WORTH (Working on Recovery from Triage to Housing), GPD Clinical Treatment, and Veteran 360. To refer a Veteran to any of these programs, please complete the Provider Referral Form.
- Permanent and Supportive Housing - Permanent Onsite Residences, Supportive Services for Veteran Families (SSVF), Community-Based Case Management, Veterans Welcome Home, and Homefront
- Support - Supportive Services for Veteran Families, Veteran Recovery, Female Veterans Support Program, and Senior Veteran Wellness Program
- Medical care: Boston Health Care for the Homeless
- Employment and Training – The NECHV provides programs in career, vocational and entrepreneurship education and training to obtain and retain employment in today's competitive market. The Center also offers a robust program of life skills training courses including -
  - Personal financial planning,
  - Individualized budget and credit review,
  - Employment readiness,
  - Resume creation,
  - Money management, and
  - Computer fundamentals.

For more information, please contact Hector Fuentes, Employment Specialist at 617-371-1811.

## V.A. Boston Healthcare System for Women Veterans

**Address:** 150 South Huntington Avenue Boston, MA 02130

**Phone:** 1-800-865-3384

**Email:** [Carolyn.MasonWholley@va.gov](mailto:Carolyn.MasonWholley@va.gov)

**Website:** [www.va.gov/boston-health-care/health-services/women-veteran-care](http://www.va.gov/boston-health-care/health-services/women-veteran-care)

**Who to Contact:** Women Veterans Program Manager - Carolyn Mason Wholley LICSW

**Other Locations:** West Roxbury VA Medical Center 1400 VFW Parkway West Roxbury, MA 02132 | Brockton VA Medical Center 940 Belmont Street Brockton, MA 02301 | Causeway VA Clinic 251 Causeway Street Boston, MA 02114



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### ***V.A. Boston Healthcare Information Continued***

**Description:** VA Boston health care supports the health, welfare, and dignity of female Veterans and their families by ensuring equal access to timely, sensitive, and quality care.

**Services:** Their women's health program offers Women Veterans comprehensive care, including:

Primary Care – Women's comprehensive primary care offers "one-stop shopping" primary care. Women Veterans are scheduled to see specially trained primary care providers who also provide gender-specific primary care. Women's Health providers are available in all clinic locations. They have two comprehensive primary care clinics, in Jamaica Plain and Brockton, where women can see their primary care provider as well as providers from Maternity Care and Gynecology.

- Gynecology – Maternity care, childbirth education classes, and postpartum support
- Ultrasounds and mammograms
- Mental health care and counseling
- Lifestyle wellness services
- Women Veterans Call Center – Provides women Veterans information about VA services and resources, benefits, and eligibility. The toll-free line is available Monday through Friday 8:00am – 10:00pm ET and on Saturdays, 8:00am-6:30pm ET. Please see their Women Veterans Call Center website or call 855-VA-WOMEN (855-829-6636). Call, chat, or text are all available.

### **Veterans Legal Services**

**Address:** P.O. Box 8457 Boston, MA 02114

**Phone:** 857-317-4474 | Fax: 844-621-2797

**Email:** [info@veteranslegalservices.org](mailto:info@veteranslegalservices.org)

**Website:** [veteranslegalservices.org](http://veteranslegalservices.org)

**Service Hours:** Monday through Friday 9am - 5pm

**Requirements & Restrictions:** You served in the United States military, National Guard, or Reserves (any discharge status), you currently reside in Massachusetts. Your household income is less than 300% of the federal poverty level. Your legal case must be based in Massachusetts. VLS must have topical expertise in your case subject matter. VLS does not provide services on criminal defense matters, Department of Children & Families cases, personal injury cases, or medical malpractice cases.

**Description:** Veterans Legal Services promotes equity in the accessing of justice by providing free and comprehensive civil legal aid services to economically disadvantaged military veterans in Massachusetts. VLS helps former service members obtain the stability and financial security necessary to live the healthy, happy, and dignified lives they deserve.

#### **Services:**

Available Legal Services –Bankruptcy, Child custody, Child support, CORI issues/sealing criminal records, Consumer debt, Discharge upgrades, Divorce, Domestic violence protections, Housing (e.g., evictions, conditions issues), Immigration, Access to public benefits (e.g., SNAP, MassHealth), Subsidized housing eligibility, Social security, State and federal veterans' benefits, Other non-criminal legal issues

Online Screening Form can be filled out on their website.



# WOMEN

## Cambridge Commission on the Status of Women (CCSW)

**Address:** 51 Inman Street Cambridge, MA 02139

**Phone:** 617-349-4697 | Fax: 617-349-4766

**Email:** [ksansoucy@cambridgema.gov](mailto:ksansoucy@cambridgema.gov) or [eshield@cambridgema.gov](mailto:eshield@cambridgema.gov)

**Website:** [www.cambridgewomenscommission.org/index.php](http://www.cambridgewomenscommission.org/index.php)

**Service Hours:** Monday: 8:30am - 8:00pm Tuesday-Thursday: 8:30am - 5:00pm Friday: 8:30am - 12:00pm

**Description:** the Commission on the Status of Women (CCSW) works to promote equity for women and girls and advocates on their behalf with other City departments and officials, local organizations, and state government to increase their opportunities through policy recommendations, program development and public awareness in key issue areas identified by the Commission as significantly affecting women and girls. The Cambridge Women's Commission recognizes, supports, and advocates for all who self-identify as women or with womanhood, including transgender, gender fluid, and non-binary persons. CCSW stands with and for all women and girls regardless of immigration status, sexuality, race, ethnicity, ability or religion.

## Cambridge Women's Center

**Address:** 25 Mount Auburn Street Cambridge, MA 02138

**Office:** 617-354-6394

**Email:** [info@cambridgewomenscenter.org](mailto:info@cambridgewomenscenter.org)

**Website:** [www.cambridgewomenscenter.org](http://www.cambridgewomenscenter.org)

**Service Hours:** Currently open 3-8pm Tuesdays, and noon-5pm Thursdays and Saturdays. Check website for current hours. Zoom group 1-2:30pm on Wednesdays.

**Requirements & Restrictions:** The Cambridge Women's Center is a physical and digital community space open to anyone for whom woman is a meaningful identifier or lived experience. It is also open to children (including boys up to 14 years accompanied by mother or caretaker). Participants are signed in at the front door (first name or pseudonym). There is no formal intake process, and no personal information is required or requested.

**Languages:** English; volunteers speak other languages as well, and free Spanish translation available

**Description:** The Women's Center offers extensive FREE services to women. They provide direct services and will help point women to other local programs if needed. They have a wide array of support groups, classes, and workshops, and two computer labs in a large comfortable house. Women and their children can come in and use a phone, the kitchen, which includes food donations, a library, and more. The Center offers extensive information, resources, and referral system, as well as provides crisis intervention and peer support counseling for women in crisis through a helpline and in-person. Participant's confidentiality is respected and they are not subjected to intake questioning.

**Services:** Currently, drop-in hours are restricted and are on Tuesdays, Thursdays, and Saturdays. At the front door offerings include takeout food and other material goods. Inside participants have access to computer use and assistance with internet access and printing, fax and phone use, resource referrals, emotional support, and connection to a caring and supportive community.

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## Mothers for Justice and Equality

**Address:** 2201 Washington Street Boston, MA 02119

**Phone:** 617-516-8086

**Email:** [info@mothersforjusticeandequality.org](mailto:info@mothersforjusticeandequality.org)

**Website:** [mothersforjusticeandequality.org](http://mothersforjusticeandequality.org)

**Description:** The mission of MJE is to end neighborhood violence by empowering mothers and youth to challenge the normalization of violence and become effective catalysts for change in their homes, schools, and communities.

### Services:

- You Matter Leadership Program – the You Matter program runs over a period of 8 weeks to help mothers and women alike achieve their personal and professional goals. For more information, please contact them at Info@mothersforjusticeandequality.org or call them at 617-516-8086.
- Workforce Readiness Initiative – MJE's Workforce Readiness Initiative is a trauma-informed program to help women from all social and economic backgrounds.

## New Beginnings Re-Entry Services (NBRS)

**Address:** 100R Warren St. Roxbury, MA 02119

**Phone:** 857-237-2780

**Email:** [stacey.borden@newbeginningsreentryservices.org](mailto:stacey.borden@newbeginningsreentryservices.org)

**Website:** <https://nbreentry.org/>

**Languages:** English and Spanish

**Description:** New Beginnings Reentry Services, Inc. works in partnership with community agencies to empower and provide supportive services to formerly incarcerated women to successfully rejoin their communities. NBRS addresses the critical issues of education, physical and mental health, as well as personal development through programs and services.

## On The Rise, Inc.

**Address:** 341 Broadway Cambridge, MA 02139

**Phone:** 617-497-7968 | Fax: 617-492-9814

**Email:** [info@ontherise.org](mailto:info@ontherise.org) or [development@ontherise.org](mailto:development@ontherise.org)

**Website:** [www.ontherise.org](http://www.ontherise.org)

**Service Hours:** Monday through Friday 9am-1pm Saturday, front door service 9am-1pm

**Other Locations:** First Parish Church 1446 Massachusetts Ave Cambridge, MA 02138

**Requirements & Restrictions:** If you have not visited or used services before, you will be asked to complete a low-threshold intake with one of their Advocates. There is no formal referral process.

**Languages:** English, Spanish, Haitian Creole

**Description:** On the Rise is a day program for women and trans/non-binary individuals currently experiencing or recovering from homelessness. We provide tangible, day-to-day essentials in our Safe Haven, including showers, breakfast and lunch, mail, toiletries, computers, a nap room, and more. Our team works closely with people on issues ranging from employment, substance use, mental health, physical health, moving logistics, applying for housing, legal issues/court, and more. For those with the fewest options, we cultivate long-term relationships that foster safety and belonging. Guided by the strength and initiative of our program participants, we join their journey to wellbeing, as skilled partners and advocates.

## Rosie's Place

**Address:** 889 Harrison Avenue Boston, MA 02118

**Phone:** 617-442-9322 | **Fax:** 617-442-7825 | **Advocacy:** 617-318-0237 | **Legal Helpline:** 617-318-0271

**Email:** [info@rosiesplace.org](mailto:info@rosiesplace.org)

**Website:** [www.rosiesplace.org](http://www.rosiesplace.org)

**Service Hours:** Hours vary by program. See details below and on their website.

**Requirements & Restrictions:** Women and anyone who self-identifies as a woman. Target population: homeless and low-income women

**Languages:** English, Spanish, Haitian Creole, Portuguese, Cape Verdean Creole, and Chinese. Language Line available

**Description:** The mission of Rosie's Place is to provide a safe and nurturing environment for poor and homeless women to maintain their dignity, seek opportunity, and find security in their lives.

### Services include:

Food Programs – Dining Room: Monday-Friday

- Breakfast: 7:30 a.m. – 10:00 a.m. (served 7:30 a.m. – 8:00 a.m. & 8:00 a.m. – 8:30 a.m.)
- Lunch: 11:30 a.m. – 1:00 p.m. (served 11:30 a.m. – 12:00 p.m. & 12:00 p.m. – 12:30 p.m.)
- Dinner: 4:00 p.m. – 6:30 p.m. (served 4:00 p.m. – 4:45 p.m. & 4:45 p.m. – 5:15 p.m.)

Weekends and Holidays

- Brunch: 10:00 a.m. – 12:00 p.m. (served 10:00 a.m. – 11:00 a.m.)
- Dinner: 3:30 p.m. – 4:30 p.m. (served 3:00 p.m. – 3:30 p.m. & 3:30 p.m. – 4:00 p.m.)

Food Pantry – Monday – Friday 9:00 a.m. – 2:30 p.m. Food Pantry closes after 250 guests have been served daily. Guests may come to the Food Pantry once a week. No ID is required to come to the Food Pantry

Emergency Services –

- Essential services: Women living on the street know that they can count on Rosie's place for a place to launder their clothes, take a shower, store their belongings in a locker or rest in our Sitting Room, all free of charge. They also provide guests with lifelines like a mailing address and use of computers and phones.
- Overnight shelter: Rosie's Place Overnight Program provides emergency shelter to 20 women for up to 21 days at a time. Lottery (when beds are available) – Please call 617-442-9322 for more information on lottery dates and requirements. Monday-Friday: 9:00 a.m. Guests may stay at the overnight shelter for three consecutive weeks.

Health and Wellness – The Wellness Center at Rosie's Place provides an opportunity for women to receive sound health and medical assistance under their roof. Hours: Monday 8:00 a.m. – 4:00 p.m., Tuesday 8:00 a.m. – 4:00 p.m., Wednesday 8:00 a.m. – 12:00 p.m., Thursday 8:00 a.m. – 4:00 p.m. & Friday 8:00 a.m. – 12:00 p.m. Guests may sign up at the front desk for the following services:

- Showers (Monday – Friday, 8:00 a.m. – 11:00 a.m. and 1:00 p.m. – 3:00 p.m.)
- Computer use and phone use
- Laundry (Monday – Friday, 8:30 a.m. – 11:00 a.m. and 1:30 p.m. – 2:30 p.m.)

Other services - Housing Specialist, Legal Programs, Women's Education Center, English language classes, job readiness classes, Employment Specialist, Recovery Support, Advocacy. Help with transportation, IDs, housing, rent and utility assistance, and more.

## St. Mary's Center for Women and Children

**Address:** 90 Cushing Avenue Dorchester, MA 02125

**Phone:** 617-436-8600 | **Fax:** 617-288-8961

**Email:** [contact@stmaryscenterma.org](mailto:contact@stmaryscenterma.org)

**Website:** [stmaryscenterma.org](http://stmaryscenterma.org)

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### **St. Mary's Information Continued**

**Services:** St. Mary's Center offers a wide variety of programs for women and children. St. Mary's serves as a safety net for vulnerable families and children—providing a haven and home as well as life-changing programs and services.

- **Crossroads Program** – Provides family shelter, case management, housing search, stabilization services, and food pantry to more than 70 families each year. ([info@ebcrossroads.org](mailto:info@ebcrossroads.org))
- **Margaret's House** – Residence offered to homeless families
- **Massachusetts Maternity Transitional Housing** – Newest residential program that provides 12 homeless families at any one time with the tools, developmental experience, and learning opportunities that families need to thrive and succeed.
- **St. Kevin's & Uphams Corner Residential** – Permanent housing to 20+ families who have previously experienced homelessness
- **St. Mary's Home** – Provides residential services to 17 pregnant and parenting teenagers and their infants/toddlers at any one time
- **Women's Learning Resource Center** – Offers ABE and pre-HiSET and high school equivalency preparation courses to women who are balancing life and family
- **Education & Employment** – Women@Work (W@W) is a 20-week job readiness training program that addresses the vocational needs of women who face multiple barriers to employment, including homelessness, lack of a high-school diploma or equivalency.

### **Women's Lunch Place**

**Address:** 67 Newbury Street Boston, MA 02116

**Phone:** 617-267-1722

**Email:** [info@womenslunchplace.org](mailto:info@womenslunchplace.org)

**Website:** [womenslunchplace.org](http://womenslunchplace.org)

**Service Hours:** Monday-Saturday 7:00AM-2:00PM

**Requirements & Restrictions:** Anyone that identifies as a woman is welcome and their children.

**Description:** Healthy meals, essentials, and one-on-one assistance from a unique daytime shelter and advocacy center in Boston dedicated to helping women in need.

**Services:** A nutritious breakfast and lunch, seasonal gear, toiletries, undergarments, feminine hygiene products and other basic necessities are always available at their 67 Newbury St. location. Advocates provide individualized services to guests, and free medical services are available from Boston Health Care for the Homeless Program.

### **Women's Transition Program, SMOC**

**Address:** 7 Bishop St 2nd Floor Framingham, MA

**Phone:** 508-620-2690

**Website:** [www.smoc.org/women-transition-program.php](http://www.smoc.org/women-transition-program.php)

**Requirements & Restrictions:** To be eligible for services, an individual must meet one of the following criteria:

- Recently released from a Massachusetts Correctional facility (within the past 6 months),
- Currently incarcerated at a Massachusetts Correctional facility (to be released within the next 6 months), or
- Currently on Probation or Parole.

**Description:** Located in the Opportunity Center, the Framingham Women's Transition Program offers a safe and supportive environment where female ex-offenders can get the support they need to make a successful transition to life in the community. Program participants are assigned a case manager who will assist them in developing an Individual Service Plan (ISP) designed to meet their personal goals.



# COMING HOME

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## DIRECTORY

355 Boylston Street, Boston, MA 02116

[www.crj.org](http://www.crj.org) | [www.cjinstitute.org](http://www.cjinstitute.org)  
[cominghomedirectory.org](http://cominghomedirectory.org)